



Lifespan Cancer Institute

Rhode Island Hospital / Hasbro Children's Hospital
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Cancer Survivorship:

The OWLS Clinic

Survivorship begins from the moment of diagnosis and extends through treatment and recovery. The OWLS – Oncology, Wellness, Lifestyle and Survivorship – Clinic focuses on helping survivors live full, happy, healthy lives.

What is OWLS?

OWLS is a consultative survivorship clinic for cancer patients.

The clinic aims to help patients diagnosed with cancer manage symptoms, maintain a healthy lifestyle, and improve quality of life during and after treatment. Clinicians at the OWLS Clinic work to address a myriad of health concerns. Areas of focus include but are not limited to:

- Brain fog
- Anxiety or depression
- Fatigue and deconditioning
- Heart, lung, genitourinary, gastrointestinal tract, neurologic, and dermatologic issues
- Lymphedema
- Nutrition and weight loss
- Sleep issues

The Process

After a patient's initial intake, clinicians will review their needs with the multidisciplinary team. A living care plan is created, incorporating recommendations from multiple specialties including:

- Cardiology
- Dermatology
- Endocrinology
- Gastroenterology
- Internal Medicine
- Nephrology
- Neurology
- Nutrition
- Pulmonary
- Physical Therapy
- Psychiatry
- Rheumatology
- Sexual Health

OWLS Referrals

When a patient is first referred to the OWLS Clinic, a team member will reach out and schedule a visit. A survey is also sent via email so providers can better understand the patient's specific concerns, issues, and needs.

Visiting OWLS

During the patient's first visit, an internist and/or a nurse practitioner experienced in survivorship care will review intake forms, take a detailed medical history, perform an exam, and make initial recommendations.

After that, a unique living care plan will be created and final recommendations (in coordination with your primary care physicians and oncologists as needed) will be made.

More Information

For more information about the OWLS Clinic, or to schedule an appointment please contact the Lifespan Cancer Institute at **1-844-222-2881** or speak to your oncology team for a referral.