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# A MESSAGE FROM THE PRESIDENT AND CHIEF EXECUTIVE OFFICER AND THE CHAIR OF THE BOARD OF DIRECTORS

### The past year has been one of transition for the Lifespan system.

Major changes in leadership, a receding pandemic, and continued tectonic shifts in the healthcare landscape have left us laser-focused on the future, recalibrating our efforts to meet new challenges and take advantage of new opportunities.

We recognize that our industry is being redefined, care models disrupted and patient and community needs evolving.

In response, we are already elbow-deep in a new strategic planning process. We are working to create an outstanding patient experience, with equitable access for all. We are focused on growing surgical volumes and developing and executing an ambulatory growth plan, so we can deliver the right care, in the right place, at the right cost.

We are committed to financial discipline, achieving our operating margins and managing expenses. And we want to lead the market in population healthcare

management models, through innovation, education and research.



As always, we know that our people are our most precious resource, and we continue to explore every avenue to attract new talent and retain our valued long-term team members. And through all the changes and strategizing, our patients remain at the heart of everything we do.

You'll notice that this annual report differs from those of years past—instead of a list of the past year's accomplishments, it is focused on that central mission of patient care. Our patients are our purpose, and their stories are the fuel that drives us forward.

Whatever your role, whether at the bedside, at a computer, carrying a hammer or a tray or a test tube, we thank you for all that you do on behalf of our patients and our community.

With gratitude,

John Fernandez

President and Chief Executive Officer

Lifespan

Lawrence A. Aubin Sr.

Chair

Lifespan Board of Directors

Lawen Rolling



### **LIFESPAN MISSION AND VALUES**

Our patients are at the heart of our mission: *Delivering health with care*.

Our shared **CARE values** of **Compassion, Accountability, Respect** and **Excellence** 

are deeply embedded in everything we do.

They speak to how we treat our patients and each other, and who we are when we are at our best.

### COMPASSION

Delivering care and comfort with empathy and kindness.

### ACCOUNTABILITY

Taking ownership of actions and consequences.

### RESPECT

Placing the highest value on every individual's well-being, regardless of personal and professional differences.

### **E**XCELLENCE

Always providing safe, high-quality, innovative care and service.



Lydia Musula, PA, Pediatric Hematology Oncology, Rhode Island Hospital, Hasbro Children's Hospital

### **LIFESPAN HEALTH CARE SYSTEM**

(\$'s in thousands)

### **FISCAL YEAR 2022**

### **LIFESPAN**

### **Financial Performance**

Total operating revenue	2,807,648
Total operating expenses	2,883,898
Income (loss) from operations	(76,250)
Excess (deficiency) of revenue	
over expenses (186,830)	
Net patient service revenue	2,373,055
Total assets	3,010,362
Research funding revenue	126,640

### Statistical digest

Employees	17,005
Licensed beds	1,165
Patient discharges	51,411
Emergency department visits	221,967
Outpatient visits	1,374,755
Outpatient surgeries	23,519
Inpatient surgeries	13,450
Home health care visits	2,915

### Net cost of charity care and other community benefits

Charity care	30,311
Medical education, net	81,710
Research	20,481
Subsidized health services	36,146
Community health improvement services	
and community benefit operations	1,752
<u>Unreimbursed Medicaid costs</u> 107,179	
Total cost of charity care	
and other community benefits 277,5	<u>579</u>

### RHODE ISLAND HOSPITAL/ HASBRO CHILDREN'S HOSPITAL

8,043
1,916
719
1,450,958
30,217
126,909
395,024
11,727
8,735
1,424,933
77,100

### Net cost of charity care and other community benefits

Charity care	19,781
Medical education, net	69,789
Research	15,304

Subsidized health services	12,293
Community health improvement service	es
and community benefit operations	769
Unreimbursed Medicaid costs	60,403
Total cost of charity care	
and other community benefits	178,339

#### THE MIRIAM HOSPITAL

Employees	3,386
Affiliated physicians	1,313
Licensed beds	247
Total assets	609,336
Patient discharges	15,516
Emergency department visits	65,804
Outpatient visits	213,228
Outpatient surgeries	7,050
Inpatient surgeries	3,784
Net patient service revenue	482,069
Research funding revenue	42,114

### Net cost of charity care and other community benefits

Charity care	6,090
Medical education, net	10,378
Research	3,791
Subsidized health services	10,544
Community health improvement services	3
and community benefit operations	301
	<u> </u>
Unreimbursed Medicaid costs	18,384
Unreimbursed Medicaid costs	

### **NEWPORT HOSPITAL**

Employees	862
Affiliated physicians	631
Licensed beds	129
Total assets	317,331
Patient discharges	4,995
Births	425
Emergency department visits	29,254
Outpatient visits	47,950
Outpatient surgeries	4,742
Inpatient surgeries	931
Net patient service revenue	126,678

# Net cost of charity care and other community benefits

Charity care	1,412
Medical education, net	
Research	
Subsidized health services 2,140	
Community health improvement services	
and community benefit operations	438

<u>Unreimbursed Medicaid costs</u>	2,480
Total cost of charity care	
and other community benefits	6,470

### EMMA PENDLETON BRADLEY HOSPITAL

Employees	870
Affiliated physicians	149
Licensed beds	70
Total assets	144,841
Patient discharges	683
Outpatient visits	1,725
Home health care visits	2,915
Net patient service revenue	82,445
Research funding revenue	7,426

### Net cost of charity care and other community benefits

<u>Charity care 42</u>	
Medical education, net	1,543
Research	1386
Subsidized health services	1,944
Community health improvement services	
and community benefit operations	215
Unreimbursed Medicaid costs	6,300
Total cost of charity care	
and other community benefits 11,430	

### **GATEWAY HEALTHCARE**

<u>Employees</u>	424
Total operating revenue	34,108
Total operating expenses	36,627
Income (loss) from operations	(2,519)
Excess (deficiency) of revenue	
over expenses (2,434)	
Net patient service revenue	29,941
Total assets	24,946

### **COASTAL MEDICAL**

Employees	607
Affiliated physicians	98
Total operating revenue	81,400
Total operating expenses	80,372
Income (loss) from operations	1,028
Excess (deficiency) of revenue	
over expenses 1,028	
Net patient service revenue	79,906
Total assets	29,746



# Patients Are Our Purpose





# PATIENT STORIES

As we look to the future, and position ourselves to respond to a changing healthcare landscape, we never lose sight of our central mission: to care for our patients and families. It's our privilege, our responsibility and our reason for existing.

### We put our patients at the center of everything we do.

Patient needs and outcomes are the driving force behind our decision-making, and how we measure our success.

Whether they are dramatic, life-saving moments or ordinary cases of a patient and family restored to health, these patient stories speak to who we are, what we value, and the impact we have on the lives and the community we care for.



# Saving a Brain From Stroke

When **Andrea Viveiros** woke up one morning, she knew something was wrong.

"I attempted to pull my hair back and I couldn't raise my right arm." she recalls.

When she was taken to the *Rhode Island Hospital emergency department*, there was no question—she was having a stroke. However, because she had stroke symptoms when she woke up, the question was when her stroke actually began. Knowing when it began is essential for determining the best treatment.

"If someone wakes up with their symptoms, the vast majority of them, they were last seen normal the night before, so

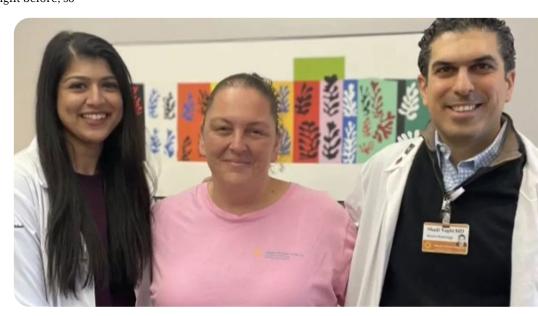
technically they're outside of the fourand-a-half-hour window to be able to safely give them the clot-busting medication," says Shadi Yaghi, MD, co-director of the <u>Comprehensive Stroke</u> <u>Center at Rhode Island Hospital</u>, where Viveiros was taken.

However, a new wake-up protocol at the center can determine that timing. A CT scan confirmed Viveiros was having an ischemic stroke. An MRI then measured tissue damage. "We proved that she's within four-and-a-half hours," Yaghi says. "Andrea was the first patient getting the treatment within this protocol."

Around 15 to 20 percent of people with stroke symptoms wake up with the symptoms, meaning the stroke could have started hours prior. A typical patient loses 1.9 million neurons each minute a stroke is untreated. The wake-up protocol can save lives by determining a more exact start time of the stroke, and thus, what level of treatment is required.

Thanks to this protocol and the immediate care from the comprehensive stroke center team, Viveiros was back to normal four weeks after her stroke and has taken measures to reduce her stroke risk factors.

"I'm blessed, very blessed," she says.



Andrea Viveiros with Maheen Rana, MD and Shadi Yaghi, MD

### "I'm blessed, very blessed."

-A. Viveiros

# A Heart Repaired and a Heart Touched

Ramon Hinds was awoken from sleep by pressure in his chest. For the next two days he felt heartburn, tingling in his fingers, and fatigue. He didn't know it then, but Hinds was having a heart attack, despite no previous history of cardiovascular disease. With the feelings worsening, Hinds was taken by ambulance to the emergency department at *The Miriam Hospital* and brought to the cardiac catheterization lab.

"Ramon had a total occlusion at the origin of his left anterior descending artery, which is a very critical spot," explains Douglas M. Burtt, MD, medical director of inpatient services at the *Lifespan Cardiovascular Institute*. The interventional cardiology team inserted a stent to open the artery and allow blood to flow. Hinds returned home, but did not stay there long.

"My fourth day home, things started going downhill quickly," he recalls. "I was feeling worse than the first time. I knew it was happening all over again." He was rushed again to The Miriam, in full cardiac arrest after a second heart attack caused by a blood clot.

Hinds was one of a small number of patients who don't respond to the anticoagulants prescribed after surgery. Peter A. Soukas, MD, director of the Peripheral Vascular Interventional Laboratory, performed another stent surgery and prescribed an alternative anticoagulant. With his heart functioning properly, Hinds enrolled in the 12-week Cardiopulmonary Maintenance Program



Ramon Hinds

at The Miriam. The personalized exercise program helped him achieve his health goals and gave him the confidence to go back to living his life fully.

"They provided a comfort zone for me during a vulnerable time," Hinds recalls. "They're all amazing people who care deeply for the patients they work with. You can feel the love!"

During the time he was in the hospital, Hinds had written a poem of appreciation for the team and framed it as a gift. Reflecting back on the poem, Dr. Soukas says, "I have to admit, I was a little misty-eyed at his kind gesture."

"They're all amazing people who care deeply for the patients they work with.

You can feel the love!"

-R. Hinds

# A Miracle Takes Flight at Rhode Island Hospital



Michel Kuri O'Farril and his family

After a skydiving accident in which he experienced severe injuries that included a fractured sacrum and seven shattered vertebrae, 23-year-old **Michel Kuri O'Farril** of Mexico City found the lifechanging surgeries he needed at *Rhode Island Hospital*.

While his family could have sought care anywhere in the world, they chose internationally renowned neurosurgeon, Dr. Ziya Gokaslan.

Ana Paula O'Farril and Michel Kuri, both prominently known in the Latin business and entertainment industries, realized their son could not receive the treatment he needed in Mexico. Ana recalled one recommendation from a trusted doctor that stood out. "He told us, 'If he were my son, I would take him to Dr. Gokaslan'."

Ziya Gokaslan, MD, is chief of neurosurgery at Rhode Island and The Miriam hospitals and clinical director of the *Norman Prince Neurosciences Institute*. When Michel arrived at Rhode Island Hospital, Dr. Gokaslan and his team assessed his condition.

"It's amazing that he made it through the accident," said Dr. Gokaslan. The patient's chances of walking normally, gaining "I believe it was a miracle that we found here at Rhode Island Hospital"

-M. Kuri

bladder control, and returning to life as he knew it were highly unlikely.

Dr. Gokaslan performed a full reconstruction of Michel's shattered sacrum, the foundation of the pelvis and lower back. Along with the support of

a team of specialists from orthopedics, urology, plastic surgery, and rehabilitation, the surgery was successful. As Dr. Gokaslan noted, "The entire system came together."

Following his surgery, Michel could have gone anywhere in the world for rehabilitation. He and his family chose the *Vanderbilt Rehabilitation Center at Newport Hospital*.

"It gave us the chance to be together without distractions," Ana said of the patient-centered and family-focused care Vanderbilt provides. "Everyone was amazing."

Even Dr. Gokaslan noted what a remarkable recovery it was. "The spine and the fractures healed beautifully. I told him if he was silly enough to take another skydiving adventure and jump again, he could."

A year after his recovery, that's exactly what Michel did. More than once, he took a leap of faith out of a plane.

"I believe it was a miracle that we found here at Rhode Island Hospital," said the senior Michel.

Their son is skydiving proof.

# **Normal Life Thanks to Exceptional Techniques**



Courtney King's son Bobby

### "Cleft care is life-changing."

- Dr. Woo

Courtney King was surprised when she went into labor five weeks early, and was shocked when her son, **Bobby**, was born with a cleft lip and palate. The birth defect hadn't appeared on any of the ultrasounds. Bobby was transferred to Women & Infants Hospital, where a team including *Hasbro Children's Hospital* doctors cared for him. He struggled to hear, feed, and gain weight.

After five days, Bobby was referred to the <u>Cleft and Craniofacial Center</u> at Hasbro Children's. There, Courtney learned that Bobby has a rare genetic condition called Van der Woude syndrome. Albert Woo, MD, FACS, chief of pediatric plastic surgery, told her they could treat Bobby.

"Your child's life is not over. It may be a shock, but with the appropriate care, they will have every opportunity to thrive and live a normal life," says Dr. Woo. "Cleft care is life-changing."

When Bobby was four-months old, Dr. Woo performed a cleft lip repair. Before the surgery, Bobby had a treatment called Nasoalveolar Molding to reshape the gum, lip, and nostrils using dental molds and tape. Hasbro Children's is one of the few institutions in New England that provides the treatment. Months later, Bobby had a second surgery, during which Dr. Woo performed an innovative surgical technique he developed, which has been proven to improve long-term speech outcomes for patients.

Today, Bobby is thriving and living like a typical child. His hearing has normalized, he talks, and he no longer has trouble eating. Bobby will likely need another surgery or two as he gets older. Until then, Courtney knows she can count on the team at the Cleft and Craniofacial Center.

"I can't say enough about all they have done for Bobby," she says. "Thanks to everyone at Hasbro Children's Hospital, we got through it."



(L-R) Mike Foncellino, Jr.; Nurse Karen Niez; Mike Foncellino; Ann Foncellino; Dr. Olszewski; and Jonathan Cornwell.

# **Getting Back on the Bike After Cancer**

**Mike Foncellino** was always a healthy guy. So he was shocked when his doctor's office called him—while he was out on a bike ride, no less—to tell him he had to get to an emergency room immediately.

"The blood test I took the day before indicated that one of my kidneys was failing," he says, "I was stunned." It was July 2020, and Mike remembers he "wasn't feeling great" and hadn't urinated in a day or so. But he thought that he might be coming down with the flu, since his wife Ann had recently been sick. It was his children, Michael Jr. and Michele, who noticed his ankles were swollen and suggested he see his doctor.

Shortly after the call from his physician, Mike was at *Rhode Island Hospital*, where stents were inserted to help drain urine from his kidney. Once stabilized and admitted, he underwent an ultrasound imaging test, which detected a tumor. A biopsy confirmed it was stage 4 lymphoma.

"I didn't know how severe it was at the time," Mike recalls, "Fortunately, I met Dr. O and his team."

### "Fortunately, I met Dr. O and his team."

- M. Foncellino

Dr. "O" is Adam Olszewski, MD, hematologist–oncologist and researcher with the  $\underline{\it Lifespan Cancer Institute}$ .

Mike initially met with Dr. O in collaboration with oncology fellow Kathryn DeCarli, MD. Together, they explained his condition and outlined an aggressive course of treatment to combat the cancer. "They said I needed six months of chemotherapy in cycles that ran 24/7 for five days followed by three weeks off," Mike explains.

The aggressive therapy was successful, and thanks to his care team at the Lifespan Cancer Institute, Mike is back on his bike. "They hit the nail on the head," he says. "It worked, and I'm cancer-free!"

# Caring for Mother and Daughter

Lucrecia Gomez's daughter, **Debbie**, spent the first six months of her life at *Hasbro Children's Hospital*. Lucrecia, then just 15 years old, spent those months at the hospital, too—in many ways, growing up alongside her baby.

Debbie was born at 37 weeks, with gastroschisis, a birth defect in which an infant's intestines are outside of the body because of a hole in the abdominal wall. As a newborn, Debbie had about 60 percent of her intestines removed, which caused her to have short bowel syndrome and the need to receive nutrition intravenously.

"It was pretty scary for me at that age,"
Lucrecia recalls. "I had no idea what was
going on. But the doctors and the nurses
(the pediatric surgery team, GI and feeding
teams) helped me understand what was
going on with Debbie and how I should care
for her."

Lucrecia learned more than how to handle Debbie's medical needs. "I learned how to take care of my baby, not just the medical elements, from her nurses," Lucrecia says. And since she was so young herself, "they took care of me and not just my baby."

Today, Lucrecia manages her daughter's needs with confidence. Debbie is now 12 years old and thriving, thanks to her ongoing care at Hasbro Children's Hospital.

Lucrecia is thankful that Debbie's visits to the hospital are now limited to a few times a year, so she can spend most of her time focusing on school and having fun.

In fact, Debbie's experience at Hasbro Children's has been so positive that she aspires to become a child life specialist when she grows up.



Lucrecia and her daughter Debbie

"It's amazing to see how big she is today," Lucrecia says.

"While it's been hard, it's a miracle to see her growing and doing so well. I have no words to describe how grateful I am. Hasbro Children's Hospital saved, and is still saving, my daughter's life."

"...they took care of me and not just my baby."

-L.Gomez



Jennifer Cunanan, RN, Bill Angell, and Athena Poppas, MD

# A Second Chance at Life Brings Renewed Hope

Bill Angell recalls the strange, new feeling.

"I just felt like a force field was coming at me and I started to shake," he says.

He went to urgent care, where the feeling happened again. Bill would not know until 13 days later when he woke up, but that feeling was a heart attack. And as he was being rushed to the hospital, he stopped breathing. A team of EMT's performed CPR and tried to resuscitate him.

"His heart actually stopped," says Athena Poppas, MD, chief of cardiology and director of the *Lifespan Cardiovascular Institute*. "He was gone. They got him back."

All three of Angell's main arteries had a 90 percent blockage and one of them had closed completely, which triggered the heart attack. At the Lifespan Cardiovascular Institute, a pump was implanted to keep his heart pumping. He was in

a medically induced coma and on a ventilator, and during this period, his kidneys failed. He was on several different machines to keep him alive. But two weeks later, Angell woke up.

"I had so many machines going, I didn't think I was going to make it home," recalls Angell. After weeks of cardiac rehab, Angell was strong enough to have open heart surgery. Thanks to the LCVI, he got more than just his life back.

"My goals were to get healthier. I wanted to get back on the golf course with my military buddies and I wanted to get on the bowling alley and as of now I've accomplished all three," says Angell. He celebrated his 70th birthday in August.

"It's been such a trying two years for everybody in the medical field and we've lost so much," says Jennifer Cunanan, a critical care nurse who saw Angell. "Bill is our hope. This is the outcome that we work towards every day."

# A Deadly Mushroom and a Life Saved

With her husband on a trip overseas, Newport resident **Susan King** celebrated her wedding anniversary by cooking herself a delicious meal at home. She plucked one of her favorite cooking ingredients from her backyard – lion's mane mushrooms—and another innocuous looking mushroom growing nearby, threw together a lovely meal, and then went out to visit friends.

That's when she began to feel very ill. "I called my friend and she took me to *Newport Hospital*, and by now, I was vomiting all over the place. It was just horrible. Horrible," she said.

Thankfully, one of Susan's friends brought in an example of the mushroom Susan ate to the hospital. Eric Wright, a physician with *Lifespan Physician Group's hospital medicine program* at Newport Hospital, was able to identify it as amanita phalloides, one of the most fatal mushrooms to people, also known as the death cap mushroom. Once the toxic mushroom affects a person's liver, the situation usually becomes extremely serious and potentially fatal, often with liver and kidney transplants needed.

"There are multiple mushroom species that are very significantly toxic and potentially fatal upon ingestion," said Newport Hospital physician Dr. Victoria Leytin, who also likes to forage for food. Amanita phalloides is "actually the most common mushroom that's ingested that's been implicated in the poisoning and deaths of 85% of the cases of mushroom toxicity."

Thankfully, in addition to outstanding care from her medical team, Susan had the support of friends and family around her, including her husband who quickly flew back from the UK. It was one of those supportive friends who researched medications that treated poisoning and found one that had not been approved yet by the Food and Drug Administration. They were able to get some of the medicine shipped, and her liver began to stabilize after taking a dose under the supervision of her care team.

"The care and attention were second to none..."

-S. King



Susan King

Susan credits the Newport Hospital medical team with saving her life. When friends mentioned moving to a hospital in a bigger city, she decided to stay, knowing that Newport Hospital would give her the care she needed.

"The care and attention were second to none, and when you feel you're dying, you want to be comfortable," she said.

Susan is happy to be healthy and cooking again thanks to Dr. Wright and the medical team at Newport Hospital. She may have given up foraging after her death cap mushroom experience, but she has not given up her gratitude to Newport Hospital for saving her life.

# Treating the Child, Healing the Family

When Sonig Schiller's 11-year-old daughter, **Sadie**, was first diagnosed with anxiety, depression, suicidal ideation, and disordered eating, she learned a child's psychiatric disorder affects the whole family.

"I was scared. I was frustrated. At times I was angry," recalls Sonig. "We were brand new to this mental health world and it was really frightening at first."

After inpatient stays at <u>Bradley Hospital</u> and outpatient therapy, Sadie improved greatly. But to heal the family, they began attending Bradley's Psychoeducational Psychotherapy

(PEP) Parent Therapy
Group, led by clinical
psychologist Kerri Kim,
PhD. The group provides
support for the parents
of children who have
a mood disorder, and
education on symptoms,
treatments, and
strategies for managing
children's behavior. It
also teaches self-care
and coping strategies
for the parents.

"Parents are essential to a child's treatment," Dr. Kim says. "Parents are there on the frontlines doing the work, day to day."

The parents meet on Zoom for an hour weekly, with each session focusing on a different topic, such as problem solving. The parents even have homework—testing out the strategies and reflecting on how they work.

Sonig most appreciated being able to connect with other parents who could relate to her family's struggle. "It provided me with a safe and comfortable space to share and talk," she says. "To be able to share stories, advice, and the roller coaster of emotions was really special and important."



Sonig Schiller and daughter Sadie

The group also aims to dispel judgment and stigma around mental health struggles, since mood disorders are biological illnesses. The PEP motto is: "It's not your fault, but it's your challenge." Sonig agrees. "Through the group, I realized that things might pop up again for my daughter in the future. Now I have the tools to handle them."

"It provided me with a safe and comfortable space to share and talk."

-S. Schiller

# 500th Watchman Procedure, Countless Prevented Strokes

# "I feel more relaxed about it...Actually, I feel pretty good."

– P. Papineau

At 83, **Pauline Papineau** has a long family history of heart problems. Both her parents died from heart disease, and she and all of her brothers have had bypass surgery. While blood thinners can help many patients with cardiac issues, they didn't work for Papineau. That's what made her a good candidate for an alternative treatment: the Watchman.

The Watchman is a flexible device designed to help prevent stroke in patients with atrial fibrillation. Atrial fibrillation causes blood to pool in the left atrial appendage of the heart and blood cells to stick together and form a clot. When a blood clot travels to another part of the body, it can cut off the blood supply to the brain, causing a stroke.

"Atrial fibrillation is so common," says Paul Gordon, MD, an interventional cardiologist at the *Lifespan Cardiovascular Institute*. "Most patients don't even know they're in atrial fibrillation."

The Watchman is implanted through a minimally invasive procedure and placed in the appendage where clots form, closing the appendage and preventing clots from traveling. "It's a permanent fix," says Dr. Gordon. "It really is a safe procedure."

In May of 2017, the Lifespan Cardiovascular Institute implanted its first Watchman device. And in January of 2022, Papineau became the 500th patient to receive the Watchman. The center at *Rhode Island Hospital* is one of only three hospitals in New England to achieve this milestone. Dr. Gordon mentions that more than 95 percent of patients are good candidates for the Watchman and it is up to 98 percent effective.

"I feel more relaxed about it," says Papineau, knowing her risk of stroke is nearly eliminated. "Actually, I feel pretty good."

# When a Parent's Persistence Can Save a Life

When Jessica Caputo's daughter **Abby** stopped growing by the age of two, she knew something was wrong. "She started to get really bad headaches," says Caputo. "She would get nausea and vomiting. She was extremely thirsty all the time. She was drinking well over 150 ounces a day."

After rounds of inconclusive testing, just days before her fifth birthday, an MRI showed something surprising.

"She was found to have an extremely rare type of brain tumor called a craniopharyngioma, which is a brain tumor in the front part of the brain," recalls Rishi Lulla, MD, chief of *pediatric hematology/oncology at Hasbro Children's Hospital*. The tumor was affecting her growth hormones, vision, and other functions like balance. Approximately 24 hours later, she was taken into surgery.

"It's tricky, because you're working between very critical brain structures, arteries, nerves and also the dissection is very tedious," says Konstantina Svokos, MD, a pediatric neurosurgeon at Hasbro Children's.

Abby, now six, is on growth hormones and is recovering—but not without challenges.

"She wasn't herself for a long time afterwards. She developed anxiety and OCD," Caputo says. But these conditions are already being treated. Abby now gets an MRI every six months and, so far, the tumor hasn't grown back.

While 15,000 children are diagnosed with a brain tumor every year, catching the tumor early is key. "Abby's parents knew that something was wrong. If something doesn't feel right to parents, they should be persistent, like they were," says Dr. Svokos.

"If something doesn't feel right to parents, they should be persistent, like they were." - Dr. Svokos Abby

Even though it took years for the Caputos to get the answer to Abby's health issues, the parents' persistence eventually brought them to the right team. Abby and the team at Hasbro Children's Hospital are proof that the diagnosis and treatments of these rare tumors are improving. And most importantly for the Caputo family, their little girl's life was saved.

# Standing Straight for the First Time in Decades



**Eloise Woodson** 

**Eloise Woodson** was bent out of shape—literally. Years of spinal issues had progressed until she was bent over to her side for 15 years. She could only sleep in a fetal position and couldn't stand without assistance. She couldn't sit up straight at a table. At meals, she had to rest her head on the table, practically in her food.

"I basically wasn't able to do anything without falling," Woodson says. "There wasn't much I could do." Her son finally pushed her to seek out answers.

Woodson had multiple MRIs, but no one could diagnose the issue. Recommended exercises didn't help. "I didn't think anyone could help," she says.

Finally, Woodson met Bassel Diebo, MD, a spine surgeon, and Alan Daniels, MD, chief of spine for the *Lifespan Orthopedics Institute at Rhode Island Hospital and The Miriam Hospital*. They told her they could help—through an experimental surgery.

"I had confidence from the minute I met them," she recalls. "If anyone can do it, they can."

But first, Woodson had to make some lifestyle changes. She had to quit smoking, lose weight, and follow a healthy diet. And while she says it was tough to give up candy, she did all three. At The Miriam Hospital, Dr. Daniels performed a back surgery and two hip replacements on Woosdon. After 20 days in the hospital, she was transferred to <u>Vanderbilt Rehabilitation Center at Newport Hospital</u>.

"I had confidence from the minute I met them...if anyone can do it, they can."

-E. Woodson

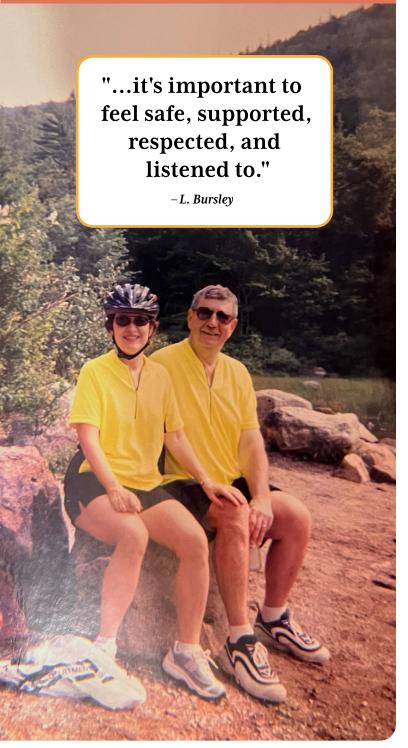
There, she worked on walking again—this time, while standing up straight for the first time in 15 years. "They are getting me out of bed and exercising," she said. "It's a lot of work. I'm not finished yet."

Although she's still recovering, Woodson is already looking to the future. "I'm going to be able to do a lot of things I couldn't do before, like walking around the grocery store," she says. "A whole lot of things I can do myself."

Despite the aches and pains, Woodson says it was worth it. "Thank you from the bottom of my heart," she says to Dr. Daniels and Dr. Diebo. "It's changed my life."

"I feel like a new person," she adds. "I feel beautiful."

### From Provider to Patient



Lee and Bob Bursley

After years working as a medical social worker, **Lee Bursley** knows a thing or two about good healthcare. Now retired, Bursley's healthcare experience is that of a patient—but she is no less discerning.

"I like to think I know a good doctor and care team when I see one," she says.

When she was three years old, Bursley contracted polio, which later returned as Post Polio Syndrome, disabling her muscles and nerves. Between this and other health conditions, such as osteoporosis, she has been in the care of many different doctors over her lifetime, with several surgeries and hospitalizations.

Her husband, Bob, has battled cancer and heart disorders. Finding a healthcare practice that can treat all their conditions—and with respect—was crucial.

From her first visit with *Wakefield Primary Care*, a part of *Coastal Medical*, Bursley knew she found the right one. "When I first saw Dr. Slade, he listened to me, respected what I was saying, and he immediately sent me for testing," she recalls. "I had a life-threatening pulmonary embolism. He saved my life on my first visit."

She recalls the time she had a major internal bleed and, after a hospitalization, would require home nursing care. The team at Coastal Medical contacted all the care-givers and coordinated the home nursing services for her. "When I was a social worker, I would've been the one to make those contacts. They took care of it and took the burden off me," she says.

As she's grown older, Bursley has realized how important it is to still feel in control of one's life—especially when it comes to healthcare. "We tend to lose our sense of control and empowerment, so it's important to feel safe, supported, respected, and listened to," she says. "You want to feel well cared for and cared about."

With Wakefield Primary Care, she has confidence in her doctor and team, but also feels like she's part of the team. "When you're older and sick, it really exaggerates the feelings we have of increasing powerlessness," she says. "They reinforce my sense that I'm in charge of my care ultimately—that I still have a say in my care and in my life."

# Taking Life Back From OCD

By the time **Ivy** turned 14, obsessive-compulsive disorder (OCD) had taken over her life. She would turn the lights on and off hundreds of times before bed, spend hours double-checking her homework, and was consumed by superstitions. Daily tasks became unbearable. Her relationships with her parents and sister suffered and so did her social life. Ivy even considered ending her life.

"I didn't want to live anymore because I felt really out of control," Ivy recalls. "OCD was interfering with everything, and I was at a breaking point."

Ivy's therapist referred her to the Intensive Program for OCD and Related Disorders within the <u>Pediatric Anxiety Research</u> <u>Center (PARC) at Bradley Hospital</u>.

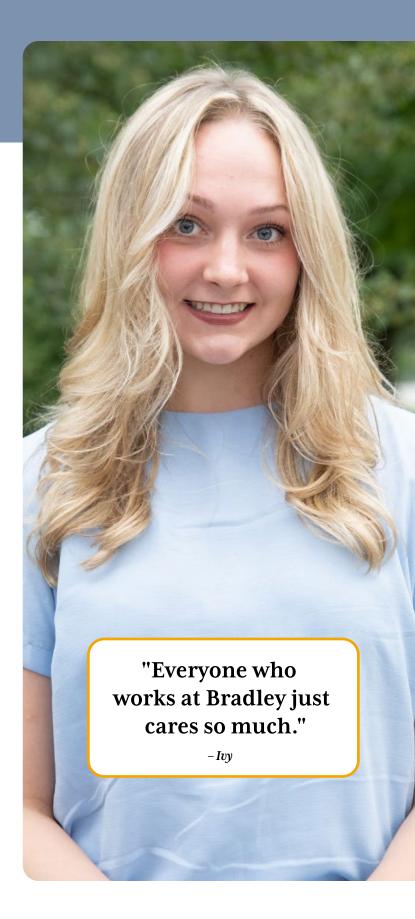
Daily exposure therapy, including in-home visits from mobile exposure coaches, and support from the team helped her slowly confront her fears and work through distress. Perhaps most importantly, she realized she was not alone in her struggle with OCD.

"The progress I made in a short amount of time was amazing," Ivy says. "And they didn't only help me, they also helped my family understand what was going on in my head."

Today, OCD no longer runs Ivy's life. When obsessions or compulsions pop up, she uses the tools she learned at Bradley to manage them—but she's also learned that things may not go perfectly all the time. "I've learned that you can't control everything, and you just have to accept that," she says.

When looking back on what her life was like just a few years ago, Ivy is glad she turned to Bradley.

"Everyone who works at Bradley just cares so much," she says. "They'll do everything in their power to help you, so you can move forward and live your life. I am so grateful for that."



"They encouraged me to do my best and were genuinely concerned about my health and welfare."

-R. Karp



Robyn Karp

### From Years of Pain to Years of Her Life Back

Spinal stenosis and degenerative disc disease led **Robyn Karp** to suffer back pain for 15 years.

"I had epidurals and steroid shots over the years to deal with it," she explains. "But when the numbness got so bad that I lost feeling in my feet, I knew it was time for surgery."

Robyn's ex-husband—a surgeon himself—previously had cervical spinal disease and received a fusion of vertebrate in his neck by Ziya Gokaslan, MD, who was practicing at The Johns Hopkins Hospital in Baltimore, Maryland at the time. Although she lived in Florida, Robyn knew she wanted care from the same world-renowned surgeon. She made the trip north to *Rhode Island Hospital*, where Dr. Gokaslan now serves as chief of neurosurgery and clinical director of the *Norman Prince Neurosciences Institute*, to undergo a laminectomy and fusion of her L4-L5 discs.

The procedure, meant to relieve pressure on the nerves and decrease numbness, pain, and weakness, was an instant success. "As soon as the surgery was done, I could feel my feet again," Robyn says.

Robyn was then transferred to the *Vanderbilt Rehabilitation Center at Newport Hospital*, where she received intensive, interdisciplinary rehabilitation. "They encouraged me to do my best and were genuinely concerned about my health and welfare," she recalls. "The care was superb and exceeded every expectation I had for what a rehab facility should be!"

When it was time for Robyn to return to Florida, she was able to continue rehab at home and achieve a full recovery. After 15 years of back pain, Robyn looked forward to the years ahead of her—thanks to the Norman Prince Neurosciences Institute and Vanderbilt Rehabilitation Center.

# **Treating Mother, Treating Son**

When **Allison Gardner** brought her son to <u>Coastal Medical</u> <u>Bald Hill Pediatrics</u> for the first time, there was a sense of familiarity. That's because Allison herself had been a patient of the practice when she was young.

"My childhood doctor was actually still there when I started bringing him," she recalls. "She saw him for a few sick visits."

Her son, now seven, has become a patient of Romi Webster, MD, and the care is just as excellent as Gardner remembers. From sick visits to medical procedures like having tubes put into his ears, the Coastal team coordinated his care and referred him to the appropriate specialists. When her son was dealing with mental health issues, they supported the family and got him the help he needed. "They helped me every step of the way," Gardner recalls.

As a mother with a busy life, Gardner values how promptly they can get an appointment. "Every time my son has been sick, they see him that day, no matter what," she says. "I could call two hours before they close and they'll try to get us in." When she has had to call the 24-hour hotline—which happens often with a young child—the provider has always called back, no matter how late it is.

### "They helped me every step of the way."

-A. Gardner

But most importantly, Gardner feels Dr. Webster and the whole team truly care for her and her son. She never feels like just another patient. "They always remember my son by name, they remember me by name," Gardner says.

"They know him by his eyelashes," she adds, laughing. "He's had the same long, beautiful eyelashes since he was born."

Going to Bald Hill Pediatrics when she was a child, and now bringing her own son there, the doctors and nurses have become more than a care team to Gardner—they're like family.

# When Play Is the Best Medicine

**Max Allain** was like every other kid in a lot of ways. He loved to learn and be outside. But in second grade, Max was diagnosed with anxiety. In sixth grade, those feelings escalated.

"He was having trouble getting out of bed in the morning, he was losing interest in school," Max's father Jeff recalls. "He was upset a lot of the time."

"He was really having a hard time just functioning throughout the day," his mother Linsey adds. When Max began to have suicidal ideations, his parents knew they had to seek help.

Max attended the *Children's Partial Program at Bradley Hospital*, where Anne Walters, PhD, ABPP, clinical director of the program, and Gloria Davis, MD, led his care. The team became a safe space for Max. "He felt heard, he felt the kindness and the love and the warmth," Jeff says.

Most importantly, the program allowed Max to do what kids love best: play. "For kids, their number one occupation is play. Play is so critical for the way kids learn about the world, express themselves, process, and recover," says Christine Low, PhD, chief psychologist at Bradley Hospital. "Play allows kids moments of fun during an intense period of time, but it also allows for them to really enhance their treatment."

Through group therapy, occupational therapy, and individual therapy, Max learned different sensory-based coping strategies. "It was really the first time that I saw hope in him," Linsey recalls. "Even though he was healing...he also had fun."

This gave Max the feeling of normalcy that he not only wanted, but needed, in order to learn how to handle feelings of anxiety and integrate coping strategies into his daily life.



Max Allain

Today, Max is thriving and learning to live—and play—with his anxiety. At a point of sadness and hopelessness in my life, Bradley swooped in and helped me recollect myself," Max says. "To know that I am in control and that I have come such a long way makes me feel proud of myself."

He adds: "If I could tell my [past] self something, I would say, 'Anxiety is okay and you are amazing as you are and you shouldn't change yourself because of your anxiety.'"

"Bradley swooped in and helped me recollect myself."

-M. Allain

### LIFESPAN DISTINCTIONS

 The American Heart Association/ American Stroke Association recognized Rhode Island, The Miriam and Newport hospitals with the "Get with the Guidelines— Stroke Gold Plus award," for their commitment to ensuring stroke patients receive the most appropriate, leading-edge treatment, as quickly as possible, in accordance with nationally recognized, evidence-based guidelines.

> Rhode Island Hospital was also named to the Stroke Honor Roll Elite with Advanced Therapy Achievement Target, and the Type 2 Diabetes Honor Roll; The Miriam Hospital was named to the Stroke Honor Roll and Type 2 Diabetes Honor Roll; and Newport Hospital was named to the Type 2 Diabetes Honor Roll

• The Miriam Hospital was ranked 2022-2023 Best Regional Hospital by US News & World Report, and earned the title of Top Hospital in the Providence metro area, as well as receiving a "high performing" ranking for nine procedures and specialties: hip replacements, knee replacements, diabetes, COPD, colon cancer surgery, heart failure, heart attack, stroke, and kidney failure.



Nicole Alvernaz, RN, Maria Arruda-Penacho, RN, MJ Franco, NA, Hasbro Children's Hospital



Elizabeth J. Renaud, MD, Medical Director, Pediatric Trauma and Adolescent Bariatric surgery; Beth Ryder, MD, Director of the Center for Bariatric Surgery, Bariatric Weight Loss Surgery at The Miriam Hospital, Rhode Island Hospital

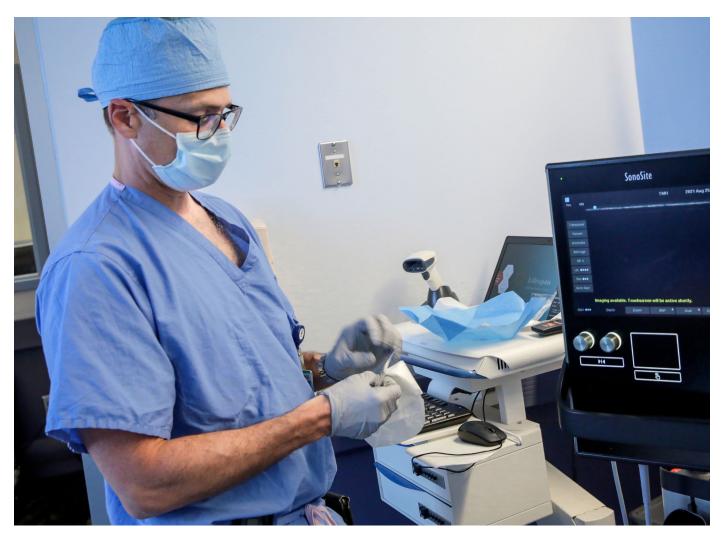
- The Pediatric Trauma Center at Hasbro Children's Hospital was reverified as a Level 1 Trauma Center by the American College of Surgeons (ACS) and the Pediatric Burn Center at Hasbro Children's was reverified as a center by the American Burn Association (ABA).
- The Leapfrog Group named The Miriam Hospital a "Top Hospital" in the United States. The Miriam was one of just 149 hospitals to make the list and was grouped among the top 72 teaching hospitals in the country.
- Rhode Island Hospital was recognized for excellence in pulmonary care by Healthgrades, citing its superior clinical outcomes in treating chronic obstructive pulmonary disease (COPD) and pneumonia.



Coastal Medical Consultants in Cardiology, Hasbro Children's Hospital Adolescent Medical Clinic; Hasbro Children's Hospital Rehabilitation Services; The Miriam Hospital Infectious Disease Department and The Miriam Hospital's Sexually Transmitted Infections Clinic were designated by Blue Cross & Blue Shield of Rhode Island as LGBTQ Safe Zones, a certification that indicates that a center can provide quality care that meets the needs of LGBTQ+ patients.

was designated an Aetna Institute of Quality Bariatric Surgery Facility, recognized for consistently delivering evidence-based, quality care for bariatric surgery. The center was also awarded Optum Centers of Excellence accreditation in 2022, for the sixth time. This accreditation recognizes the center's positive patient outcomes and cost effectiveness.





Lee Wesner, MD, Anesthesia, Post Anesthesia Care Unit, PACU, The Miriam Hospital

- The Miriam Hospital ranked as one of America's 100 Best Gastrointestinal Care hospitals and has earned the Gastrointestinal Surgery Excellence Award for 2022, from Healthgrades, and the Antimicrobial Stewardship Program at The Miriam Hospital was designated in 2021 as a Center of Excellence by the Infectious Diseases Society of America.
- The Miriam Hospital achieved ninth place out of 148 complex care medical centers/hospitals in the 2022 Bernard A. Birnbaum, MD, Quality Leadership Ranking by Vizient, Inc. The Birnbaum Quality Leadership Ranking recognizes Vizient members who have demonstrated superior performance in delivering high-quality care, as rated by The Vizient Quality and Accountability Study, which measures quality of patient care across six domains: safety, mortality, effectiveness, efficiency, patient centeredness and equity.

### **GIVING TO LIFESPAN**

Philanthropy Totals \$32,000,492

Philanthropy is a sustaining part of many programs and services throughout Lifespan affiliates. We are grateful for the generosity of our donors, which supports our mission of *Delivering health with care*.

Total number of gifts: 24,541

Total Rhode Island Hospital Foundation (RIHF)

\$19,251,285

Newport Hospital Foundation (NHF)

\$3,237,417

**Rhode Island Hospital** 

\$13,282,272

Hasbro Children's Hospital

\$5,969,013

Bradley Hospital Foundation (BHF)

\$2,777,610

The Miriam Hospital Foundation (TMHF)

\$5,519,893

Lifespan Foundation (LF)

\$504,535

### Gateway

(Includes <u>The Autism Project</u>, <u>FRIENDS WAY</u>, and <u>Cap City</u> <u>Community Center</u>)

\$709,752

# MAJOR GIFT AND PLEDGE HIGHLIGHTS

\$1	0,000,000	<b>The Papitto Opportunity Connection</b> to create the Future Generation of Cancer Research Scholars Program, and renovated cancer research space (RIHF)	
\$	1,000,000	<b>000,000</b> Carol and Fred Levinger to create the Carol and Fred Levinger Nursing Excellence Fund (TMHF)	
\$	941,638	<b>The Champlin Foundation</b> to purchase a fluoroscopy machine, endoscopy equipment, and portable anesthesia machine (TMHF)	
\$	729,951	The Estates of Arthur and Colleen Anderson for pediatric cancer at Hasbro Children's Hospital (RIHF)	
\$	500,000	The Helen D. Buchanan Family Endowment, through the Watkins Family Charitable Fund, to create the Murray S. Danforth, MD, Research Fellowship in Osteoarthritis Endowment (RIHF)	
\$	500,000	Anonymous bequest gift in support of The Miriam Hospital (TMHF)	
\$	500,000	Stephen and Diana Lewinstein to support The Stephen and Diana Lewinstein Center for Innovative Cancer Research (TMHF)	
\$	445,000	The Gruben Foundation to support psilocybin and Obsessive Compulsive Disorder research at the Norman Prince Neuroscience Institute RIH (RIHF)	
\$	443,340	Children's Miracle Network Hospitals from corporate partners in the community, dance marathons, and Extra Life fundraising "gamers" in support of Hasbro Children's Hospital (RIHF)	
\$	400,000	The Murray Family Charitable Foundation matched total gift commitments received from donors towards the creation of a splash pad and play area at the hospital (BHF)	
\$	300,000	Judge Bruce M. and Cynthia M. Selya to create an employee wellness center (TMHF)	
\$	250,000	Alletta Morris McBean Charitable Trust for diagnostic imaging (NHF)	
\$	250,000	van Beuren Charitable Foundation for the workforce well-being mental health pilot program (NHF)	
\$	210,000	Anonymous for a three-year subscription for robotic equipment (NHF)	
\$	125,000	William Randolph Hearst Foundation towards renovating Children's Residential and Family Treatment playground (BHF)	

# FUNDRAISING EVENTS

A return to in-person signature fundraising events was among the yearly highlights for donors, sponsors, and staff in 2022 after two years of pandemic-related challenges. With that came record-breaking fundraising for many and great celebrations for all.



Henry Sachs, MD; Lawrence A. Aubin, Sr.; Kelly and Bernie Lambrese (event chairs); Brody Shaker; and Larry Sadwin at Bravo Bradley on Friday, June 24, 2022. The event raised a record \$1.2 million; \$527,175 of which supported the playground fund and the creation of a splash pad on the hospital's main campus to be used by patients for therapeutic and free play activities.



Carmen Sanchez, DMD; Daniel Wall; and Rulla Nehme Pontarelli, CFP, at the FRIENDS WAY Diamonds in the Sky Gala on September 16, 2022. The event raised more than \$110,000 to support cost-free bereavement services to families throughout Southeastern New England.



The Guardian Pest Control Team was one of 121 teams on April 24, 2022 at the 20th Annual Imagine Walk. Participants were thrilled to be back in person at Goddard Memorial State Park and raised nearly \$200,000 to support programing at The Autism Project.

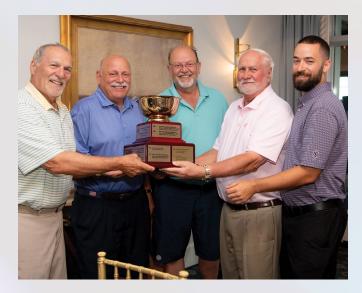




The spirit of generosity soared on August 27, 2022, as the community came together with Heroes Ball event chair Melisa Verrecchia and hospital president Saul Weingart, MD, to raise \$1.3 million for Hasbro Children's Hospital. The evening's fund-a-need benefited Compassionate Care Services, programs like child life and healing arts among others, designed to make a hospital stay more comfortable for patients and families, raised more than \$435,000.



Volunteers including Hasbro Children's 2022 Children's Miracle Network Hospitals Champion Child, Arianna Taft, sold event t-shirts to hospital staff at the annual Radiothon in partnership with Cumulus Media Providence radio stations on May 12, 2022. More than \$320,000 was raised in support of patient care, research, and programs like child life and healing arts.



Generous supporters came together at Rhode Island Country Club on July 25, 2022, for Hasbro Children's Golf Invitational, which raised more than \$410,000 for the hospital's pediatric neurology program and areas of greatest need.



Event co-chairs Kimberly Palmer; Holly Bannister, MD; Dory Benson; Mary van Pelt; Maura Smith; and Isabella Dana Ridall at Newport Hospital's A Salute to Health summer celebration on July 6, 2022, at Marble House. The event kicked off the hospital's yearlong 150th anniversary celebration of caring for the community and raised more than \$1 million while honoring the inspiring life work of a longtime friend and ambassador, David Gordon. More than \$635,000 was raised for the event's fund-a-need to purchase the Ziehm Curve Navigation technology for spinal surgery.



On September 10, 2022, event chairs Debbi and Jordan Jaffe were joined onstage at The WaterFire Arts Center by the presenters and performers of The Miriam Gala & Auction themed Studio 164: A Night of Giving and Gettin' Down. In total, the event raised more than \$820,000 with nearly half of which supporting the creation of the Lung Cancer Screening and Nodule Program at The Miriam Hospital.

# Why We Give



"It's one thing to hear or read stories about the difference nurses make in the delivery of care; it is something else entirely when you experience it through a member of your family. We can't overstate the extraordinary care our loved one received at The Miriam, or the difference that care made in their outcome, and it made us want to give. The Miriam is a special place when it comes to nursing, and we wanted to give back to help make sure it continues well into the future."

- Carol and Fred Levinger



"Throughout the United States, the number of persons of color who are doctors working in hematology and oncology are only a fraction of the medical profession. We want Rhode Island to change that narrative and be the nation's leader in this area. When people don't see doctors who look like they do, they often delay or even avoid treatment. It is our hope that by providing funding to both increase cancer research at Lifespan while at the same time exposing young people of color to

professions in the medical field, we can encourage more young persons of color to enter these fields and ultimately save lives."

- John Tarantino

Managing Trustee of the Papitto Opportunity Connection

# Donors give for many different reasons, among them gratitude, appreciation, mission, and community.

Here is what several said when asked, "Why do you give?"



"As longtime supporters of excellence in Rhode Island healthcare, the Murray Family Foundation takes particular pride in our support for Bradley Hospital. Our youth are in the midst of a true crisis in behavioral health, and Rhode Island families are incredibly fortunate to have the nation's leading psychiatric hospital for children and adolescents right here in our own backyard. Bradley Hospital is literally saving lives and transforming futures, and we are so pleased to support the healing experience for children in their care."

- Paula McNamara
President
Murray Family Foundation



"For more than 30 years, I have had the benefit of Newport Hospital's everimproving facilities and the many wonderful and capable physicians and nurses-from routine medical visits to unfortunate trips to Emergency. In recent years, I accompanied my late husband, the Honorable David S. Gordon, to innumerable appointments at the Cancer Center, where he always received excellent care and consideration. I feel truly fortunate to have such a wonderful community hospital and believe it is extremely important to support this valuable institution."

- Linda Gordon



"We believe that with success comes responsibility and the need to pay it forward. We've been donating to Hasbro Children's Hospital for several years, because, as Rhode Islanders, we feel it's important to help our own community. Our experience with giving to Hasbro Children's, and more recently to Bradley Hospital as well, has been incredibly rewarding. Both hospitals offer worldclass programs and treatments for children that simply don't exist everywhere. And we always feel that our donations are used efficiently and appropriately. It is truly a partnership."

- Tom and Cathy Lawson

# FY22 Governance (10/1/21 to 9/30/22)

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The Miriam Hospital Board of Trustees

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Arthur Sampson Interim President and Chief Executive Officer (from 6/1/22 through 1/29/23)

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Karen Reimels Vice President, Lifespan Corporate Financial Services

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+ ex officio

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Ornella Potter, MD Unit Chief Adolescent Program

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Vice President of Clinical Practice
Operations

Mice Chen
Chief Information Officer

Christopher Ferraro Chief Financial Officer

Edward McGookin, MD, MHCDS, FAAP Chief Medical Officer

Vacant position (FY 2022) Chief Operations Officer

Paula Rossi Vice President of Human Resources and Compliance Officer

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\* Guest without vote ++ ex officio with vote +++ ex officio without vote

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Alexios Carayannopoulos, MD Chief of Physical Medicine & Rehabilitation

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Linda Brown
Interim Chief of Emergency Medicine
(through 11/2022)

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Murray Resnick Chief of Pathology (from 4/2022)

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Douglas C. Anthony, MD \* Chief of Pathology (through 12/2021)

Christina Bandera, MD
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