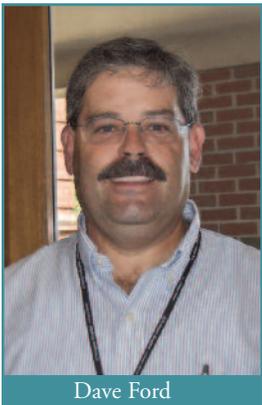


Dave Ford, Customer Service Award Winner



Dave Ford

Hospitals go through a lot of supplies, and most of them are not the kind you want to run out of. For more than three decades, save for a period when he worked at the Lifespan distribution center, Dave Ford has kept Newport Hospital's various units fully stocked and operational, helping to manage the complex supply chain that is the hospital's lifeline.

With all those years at his back, the hospital has become home, and its staff and patients his family—in fact, he has a few relatives on staff. “Dave’s dedication to Newport Hospital goes without saying,” reads his nomination for this month’s award. “It is like a family to him. He greets everyone with a big smile and a positive attitude. He lends a hand to everyone, and is always the first to volunteer to help.”

Colleagues consistently cite his friendly ways, efficiency, and willingness to pitch in and assist with any initiative. “Dave will happily undertake new tasks and help others in learning something new,” says one. “He finishes his assignments with confidence and pride and always welcomes new challenges and changes.”

As another colleague sums it up: “Dave’s attitude is always: ‘if you need it, we’ll get it to you’. I have never seen the man in a bad mood.”

Ford was honored at a reception on September 27 at 2 p.m. in the Hill Courtyard.

Menopause, Schmenopause

Newport Hospital’s Red Hot Mamas – the only Red Hot Mamas group in Rhode Island and southeastern Massachusetts – has scheduled several events on topics of interest to women experiencing menopause or perimenopause. Come for fun, food and conversation. And learn how to kick menopause to the curb!

Wednesday, October 19, 5:30 p.m.: Menopause Madness: Exploring mood and anxiety concerns

Presented by *psychiatrist Teri Pearlstein, MD, Women’s Medicine Collaborative*

Wednesday, November 16, 5:30 p.m.: Look! How to protect eye health and preserve vision

Presented by *ophthalmologist Christine Gill, MD, Newport Hospital Medical Staff*

Monday, December 5, 5:30 p.m.: Sleepless in Menopause City: Understanding sleep disturbances

Presented by *internist Ghada Bourjeily, MD, Women’s Medicine Collaborative*

Thursday, January 12, 5:30 p.m.: Move It or Lose It: The importance of exercise during menopause

Presented by *Sam Baldwin, exercise physiologist, Vanderbilt Rehab Center, Newport Hospital*

All Red Hot Mamas events are held in the Gudoian Conference Room, near the main information desk at the Powel Avenue entrance.

The programs are free of charge, but please contact rking@lifespan.org (or call 845-4339) so we can hold a place for you.

REDHOTMAMAS[®]
outsmarting menopause™



Change of season

The Newport Hospital Employee Growers Market has ended for this year, after six one-hour sales outside the cafeteria. Organizer Mark Hite says that each week, the market sold out of everything it offered: tomatoes, cucumbers, eggplant, fresh herbs and flowers, among other items. The market raised about \$300 for the employee fund.

Newport Nursing News

Stephanne Proske, BSN, RN, CNOR, of surgical services recently earned both a bachelor of science degree in nursing (BSN) and a certification in operating room nursing (CNOR). Currently working on a master's degree, Proske exemplifies dedication to her profession and her patients. Please congratulate her when you see her.

On the Move

Newport Hospital's outpatient IV therapy infusion services and office moved to Turner 5 in September, providing staff and patients enhanced surroundings and more space. Department director Margie Dunbar, RN, MS, CNRI, says the decision to relocate the department was based on patient needs, staff efficiency, and increasing demand for outpatient IV services.

“We want our patients to be comfortable,” Dunbar says, “and we also want an environment in which our staff can move around easily. The new location also offers space to accommodate more patients.”

Phone numbers and staffing for IV therapy remain unchanged.

Get the shot, not the flu

We all know what autumn brings: school, cooler and shorter days, and the flu. Influenza is highly contagious and easily spread by coughs and sneezes, but it also spreads through contact with objects, such as door handles, and through personal contact, such as handshakes.

The best way to prevent the flu is to get the vaccine. Newport Hospital now has a supply of this year's vaccine, and it's free to all employees, physicians and volunteers.

Hospital infection control coordinator Gail Jackson, RN, says the vaccine “is safe and effective, and you cannot get influenza from this inactivated vaccine.” She also points out that influenza is the sixth leading cause of death among adults in the United States.

**Call: Gail Jackson, RN,
5-1557, with any questions.**

