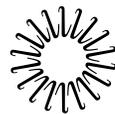
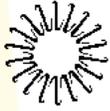


CRAFT Hand Book

Children's Residential and Family Treatment Program



Bradley Hospital
A Lifespan Partner



Bradley Hospital

A Lifespan Partner

Welcome to Bradley Hospital's Children's Residential and Family Treatment (CRAFT) program. We have prepared this handbook to help you become acquainted with the staff, program, services, what you can expect from your child's treatment and what we expect of you and your child.

We realize that admitting your child to a residential program is difficult and stressful for you and your family as well as for your child. It is our earnest wish that despite the difficulty, this program will bring you renewed hope for your child's future.

You are our partner in your child's treatment, and we look to you for suggestions and feedback in all areas of the CRAFT program. Please do not hesitate to call us with your questions or concerns.

Thank you for your confidence in Bradley Hospital and for entrusting us with the care of your child.

The CRAFT Program

The Children's Residential and Family Treatment Program (CRAFT) is a highly specialized, co-educational residential program designed to provide intensive treatment for children and their families who are struggling with psychiatric, emotional or behavioral problems. The program is licensed by the Department of Children, Youth and Families to provide services, at any given time, to a maximum of 18 children ranging in age from 5 to 12 years.

The primary goal of treatment is to return children to meaningful and happy lives in the community. Although most children will rejoin their families directly upon leaving CRAFT, others may need interim foster placement or long-term residential care before returning home.

The program approach is family centered; the program draws strength from working in partnership with families, other treatment providers, community resources and schools to address the special needs of children in its care. Professionals from many disciplines, including residential counseling, social work, psychiatry, nursing and psychology, work with families to achieve individualized program goals. In addition, Bradley is a teaching hospital, so trainees from various disciplines may also be involved in your child's treatment. A range of modalities, including group, individual and family therapy, family support services, therapeutic milieu services, psychoeducation and psychopharmacology, will be used to benefit CRAFT children. You will become familiar with these modalities in the course of your child's treatment.

The CRAFT program strives to give your child a safe and therapeutic environment to enhance his or her quality of life.

Contacting Us

Our mailing address:

CRAFT
Bradley Hospital
1011 Veterans Memorial Parkway
East Providence, RI 02915

Our phone numbers:

| | |
|---------------|----------------|
| Unit office | (401) 432-1209 |
| Lounge | (401) 432-1407 |
| Nurse Station | (401) 432-1240 |

You can reach CRAFT staff members 24 hours a day, every day of the year. The best time to contact the staff is between 8 a.m. and 4 p.m. on weekdays; however, you can use voice mail at any time by calling (401) 432-1209. We will return your call in a timely fashion. You can usually reach your child by telephone between 7 and 8 p.m. Because children participate in a variety of treatment, school and recreational activities, please check with your child and staff to learn the most convenient times to call.

CRAFT Management Team

| | |
|---|----------------|
| Oana Costea, MD, <i>Psychiatrist</i> | (401) 432-1000 |
| Peter Gillen, Psy. D, <i>Director of Residential Programs</i> | (401) 432-1694 |
| Charles Wade, LICSW, <i>Coordinator of Clinical Care</i> | (401) 432-1416 |
| Marge Lederer, LICSW, <i>Family Therapist</i> | (401) 432-1504 |
| Susan Duxbury, RN, <i>Assistant Nursing Manager</i> | (401) 432-1018 |
| Nicole Gomes, <i>Milieu Supervisor</i> | (401) 432-1459 |

CRAFT Treatment Team

The following individuals have been assigned to your child's treatment team:

*Family therapist: _____

Phone: _____

Individual therapist: _____

Phone: _____

*Your family therapist is your contact person. If you have questions or concerns regarding your child's care, the family therapist can direct you to the team member who can best answer your questions.

School and Community Support

The CRAFT program is strongly committed to the successful integration of children into their schools and communities. In many cases, children attend their community school while residing in the CRAFT program, while other children attend Bradley School or other alternative school programs. Our staff provide behavioral consultation in planning and monitoring individualized education programs (IEPs). Using a communication notebook and/or homework log, the CRAFT staff provides daily written communication to all schools regarding any behavioral difficulties that could carry over to the school environment. Our staff meets with the school multidisciplinary team as needed for consultation.

Your Child's Spiritual Life

At CRAFT, we would like to know and to support your family's spiritual beliefs and religious practices. We hope you will discuss them with your family therapist so we can mutually support this important area of your child's life. We invite you to take your child to spiritual or religious events in the community when it is appropriate to do so.

Residential Behavior Therapy

An important component of our program is residential behavior therapy conducted by a well-trained and closely supervised staff. This therapy occurs in a home-like environment and children are held accountable for daily responsibilities such as making their beds, cleaning their rooms and completing homework assignments.

The therapy has several components. First and foremost, you and your child work with our staff to set individualized behavioral goals, establish progress tracking, and determine appropriate rewards and consequences. Children earn one of four levels and gain access to the privileges of that level by their performance. These privileges are natural consequences that would occur in any family (e.g., later bedtime, a special snack, more freedom of choice of activities, etc.).

A second component of our program is the learning of critical skills in social problem solving, impulse control and conflict resolution. Throughout the day the language of skill building is used by staff to help children to manage the everyday challenges of residential home life. Frequently, children are asked to stop and monitor whether they are using skills to make effective choices.

The CRAFT program provides a safe and therapeutic environment in which children are supported to maintain their self-control.

The staff at CRAFT will use physical holds only when necessary to prevent imminent harm to the child or others when alternative means of control are not effective or appropriate.

Personal Belongings

Upon admission, we will suggest items that your child will need to begin a safe and comfortable stay at CRAFT. Please do not allow your child to have valuable items, such as jewelry or electronic games, while in residence. Bradley Hospital cannot be responsible for the safety of such items. Please encourage your child to bring comfort items, like a special blanket, stuffed toy or family photo. If in doubt about a particular item, CRAFT staff can help you make a decision.

Visits, Phone Calls and Mail

You can visit your child during the week and on weekends. During the school week, the children's lives are very busy because most of them return in late afternoon to homework and group activities. For this reason, we recommend that you check with your child and CRAFT staff to become acquainted with your child's schedule. On the weekend, please feel welcome at any time, but we suggest that you visit after 10 a.m. so children can complete their chores and morning routines at CRAFT. We also request that you end your visit by 7 p.m. so your child can begin his or her bedtime routine. Please call ahead to schedule time with your child. Parents who wish to participate in putting their child to bed are welcome to stay later to do so. Staff

can be helpful in reinforcing bedtime routines. Time spent with you and your family is one of the most important components of your child's treatment. Our program uses a progressive visitation model, which means that the goal of all visits is to reconnect with your child for a successful and positive experience.

Your family therapist and staff can assist you in using behavioral point sheets and other tools to help you guide your child in managing his or her behavior. We ask that you check in with staff at the start and end of each visit to sign the visit log, review our medication/pass sheet (if necessary) and discuss the success of the visit. Visits may be on grounds, off grounds or at home (therapeutic outings), depending on your child's progress in the behavior management program and other factors that are discussed with the family therapist. We ask that you schedule all visits with the family therapist. Prior to your child's first home visit, your family therapist will accompany your child to your home to discuss how the behavior management program may be adapted to your family's unique needs.

We encourage you to phone your child regularly, several times each day if you wish. The best time to speak with your child during weekdays is around 7:30 p.m. The best time to speak with staff about your child's progress is 9 p.m. or later. Most importantly, we ask that you end phone calls at least 15 minutes prior to your child's bedtime because phone calls can sometimes bring up unpleasant feelings or excitement, and we find that a call earlier in the evening can help a child avoid bedtime difficulties. The telephone number is (401) 432-1209.

You can send mail to your child at:

Bradley Hospital
1011 Veterans Memorial Parkway
East Providence, RI 02915

Your family therapist will ask you for the names and phone numbers of all family members and friends whom your child has your permission to contact. Only with your permission can your child make phone calls or receive phone calls from anyone. Should someone call or visit who is not on the list, your family therapist will contact you as soon as possible to determine if a conversation or visit is appropriate.