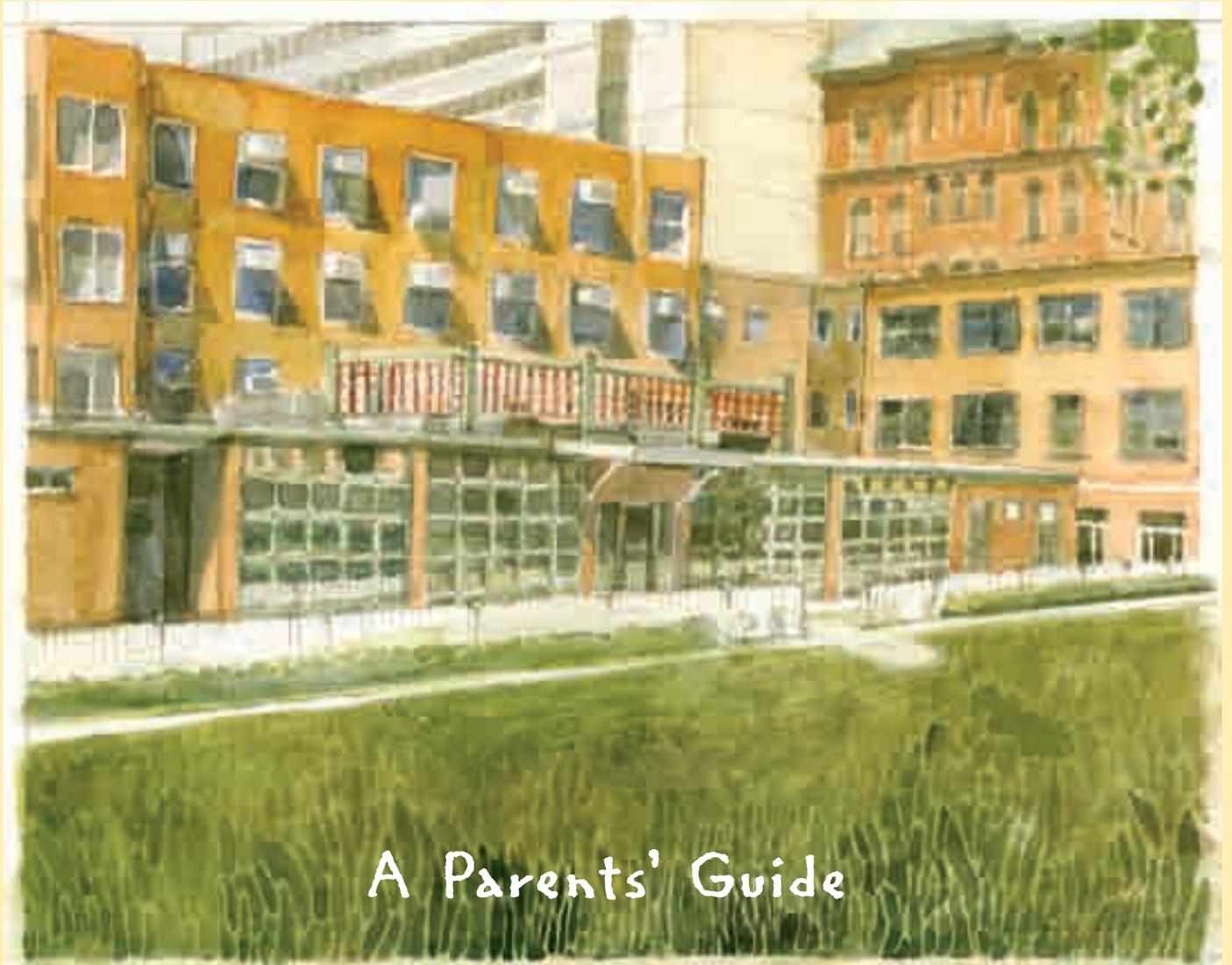
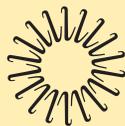


Hasbro Children's Partial Hospital Program

A collaboration of the Department of Pediatrics & Division of Child Psychiatry



Artwork created by artist Baddeley, 2004.



Hasbro Children's Hospital

The Pediatric Division of Rhode Island Hospital

A Lifespan Partner



Artwork created by Hasbro Children's Partial Hospital Program patients.



About us...

The Partial Hospital Program at Hasbro Children's Hospital is a unique day treatment program for children with both medical and emotional issues. In some cases, a child with an illness, like diabetes or asthma, also has emotional problems. In other instances, emotional problems are made worse by medical ones.

Typically, children are referred here from the hospital or because their illnesses have been resistant to out-patient treatment.

Since all of our children are facing significant medical issues, they have the same access to the full range of consultative and diagnostic services as any patient admitted to Hasbro Children's Hospital.

Along with this highly specialized medical and nursing care, the children get the benefit of an intensive, family-centered, multi-disciplinary care plan that creates a safe, healing environment that is individualized to each child.

- At any given time there are at most 16 children enrolled in the program, divided into two groups: ages 6 through 12, and 13 through 18.
- Each child spends an average of three to five weeks in the program.
- During that time, he or she arrives every day, Monday through Friday, at 7:30 a.m. and leaves at 3 p.m.
- Each child is medically evaluated daily.
- Breakfast, lunch and snacks are served.
- Each child spends a portion of the day in "school," in peer support therapy, in individual therapy and in family therapy.
- Each child's personal care plan is regularly adjusted to reflect changes in his or her condition.

Who we are...

We are the medical professionals who, together with you, create the healing environment into which your child is entering. Together, we make up a therapeutic community consisting of:

The team

Each child in the partial hospital program has a team of people helping to achieve his or her goals. The team members vary from child to child depending on individual needs. Here are some examples of people from inside and outside the partial hospital program who are called upon to help.

Parents and caregivers - The most important members of the team are the parents or caregivers responsible for the child in the home environment. No major decisions are made in the treatment of any child without the participation of these crucial team leaders.

The referring physician - Most of the time children enter the program under the care of a pediatrician or subspecialty physician who knows a great deal about what the child needs. Often, diagnostic tests and treatment efforts made by the referring physician determine the direction treatment takes once a child comes to the program. Referring physicians may come in for consultation meetings. In all cases they remain an active part of the treatment team.

The HCPHP pediatric staff - Our three pediatricians share responsibility for the medical care of all the children in the program. A pediatrician is available to assess medical symptoms and prescribe treatment throughout the day. At the HCPHP, unlike ordinary school, the day your child is feeling most ill is the best time to attend the program. This gives the attending pediatrician an opportunity to evaluate your child's symptoms, diagnose the condition, and start treatment.

The medical nursing staff - HCPHP nurses average more than 20 years of experience treating children in a hospital setting. Each child's day begins with a nursing assessment, and a nurse seldom is more than a few feet away from the child throughout the day. Nurses contribute by providing continuous medical monitoring and carrying out treatment decided upon by the team.

Milieu therapists - The milieu therapists are college-trained behavior specialists who maintain an environment that promotes health. Children and teens benefit as much from each other within this environment as they do from other aspects of the program. The milieu therapists help maintain the emphasis on making healthy choices and in the process manage to make sure everyone has fun.

Teachers - The teachers' role on the team is to assess how children with significant medical problems function in a structured school environment. They provide information that is helpful to families, neighborhood schools, and medical treatment personnel. Our teachers are certified elementary or secondary school educators with a world of experience motivating children with special schooling needs. Much of their contribution comes from communicating with the teachers and guidance staff from the schools that the HCPHP patients attend.



Nutrition staff - The team includes a full-time nutritionist and a full-time nutrition technician. Healthy eating is the goal for all children and teens admitted to the program. Some children have specific issues around food and eating, such as children with diabetes, food allergies or eating disorders. Other children may have developed unhealthy eating habits and can benefit from nutrition education.

Clinical staff - Each child is assigned a primary clinician who coordinates the efforts of the family to bring the child's illness under better management. Clinicians are trained as child psychiatrists, child psy-

chologists, licensed clinical social workers or psychiatric clinical nurse specialists. Each brings a special perspective but all function together on the child's team to help the family take back control from the illness and promote a new, healthy adaptation that benefits the child and his or her whole family.

What we do here

Medical assessment and care

Your child is in this program because he or she has serious medical issues. For that reason, the Hasbro Children's Partial Hospital Program day begins with a medical evaluation of your child by an experienced pediatric nurse, who is alert for any changes in your child's physical condition. Should any new symptoms arise, or a change in treatment be indicated, a pediatrician is always nearby. The nursing staff is present throughout the day to observe the children and make appropriate medical interventions as needed.

Nutrition

During your child's stay, he or she will eat breakfast, lunch and two healthy snacks with his peer group every day. For many of our children, like those with eating disorders or diabetes, choosing to eat healthy food has been a problem. The HCPHP team will help the children make good food choices during the day. As a part of the program, nutritionists will meet with parents and children to provide help in developing healthy eating habits at home and as a way of life.

Milieu therapy

The "milieu" is the supportive environment that surrounds your child throughout his entire day here. The milieu therapists are trained professionals who spend the day with the group, promoting positive peer communications, sensing if a child is withdrawing from the group and gently bringing that child back into connection, seeing that the youngsters are involved, having a good time and making good choices. Milieu therapy will maintain coherence in your child's day, and ensure that events flow smoothly and comfortably from one into another.

Family meetings

In addition to informal meetings at check-in and check-out time, twice a week your child's primary clinician will meet with you and your child to talk about how he or she is doing, what treatment is recommended and what progress is being made. Naturally, all families want to do everything they can to return their child to health. Everyone at the Hasbro Children's Partial Hospital Program knows that the family is essential in achieving that healthy status. One of the primary purposes of the family meetings is to identify strategies to help the family work together to reach that goal.

Individual therapy

Most days, an expert clinician - either a child psychiatrist, a child psychologist, a licensed clinical social worker or a psychiatric nurse - will meet privately with your child. These one-on-one meetings are held to encourage your child to discuss his feelings away from the group. This is a good time to talk about problems, wishes and fears, and to set goals for getting better.



Peer support therapy

One of the greatest assets of the program is Peer Support Therapy, held four times a week. Children, who can be expected to automatically reject advice and counsel from adults, many times will listen to their peers. Often, children who have difficulty facing their own problems may offer clear-headed evaluations and solutions to others. In doing so, they may gain insight into their own issues. The

meetings are facilitated by the clinical staff, who have a further opportunity to appreciate the children's strengths and challenges in a group setting.



Multi-family group therapy

Once each week, families are invited to get together to share their experiences with each other. "Families" include the children in the program, their parents, siblings, and any other close family members who would like to attend. This is an opportunity for families to compare strategies that worked and ones that didn't. Parents are strong supports for one another, as they exchange thoughts on coping with children with chronic illnesses.

Community meeting

The Community Meeting is held right after breakfast each day. The schedule for the day is reviewed. This is also the time to bring up and discuss any ongoing community issues. At the Community Meeting, your child and all the others in the group will set two goals: one for the day, and one for the evening at home. The goals are attainable, but depending on the child's condition, not necessarily easy. For instance, a child with asthma might set the goal of taking his inhaled medication without being reminded. A child who doesn't like school might set himself the task of finishing a single assignment.

Point Store

A popular station at the HCPHP is the Point Store, stocked with trinkets and treasures like books, puzzles and a variety of toys. Cash has no value at the

Point Store, but points are like gold. Each morning, your child will be given a point sheet and during the day, the staff will award points as treatment goals are achieved. At day's end, the points earned are traded for prizes at the Point Store. At checkout, a new point sheet will be passed along to you. You, in turn, will continue to provide feedback, awarding points for any goal attained, until the next morning when the accumulated points may once again be traded for prizes.



Going to School

Your child will attend school, with his peers, from 10:30 a.m. until noon, every day, Monday through Friday, on a year round schedule. A state certified teacher staffs each of the age groups in a special classroom area. Your child's teacher in the Hasbro Children's Partial Hospital Program will be in communication with your child's school, guidance counselor or home-based teacher, and will know what assignments must be covered to maintain academic progress.



Reflection Time

This is a brief period in the morning that is used by your child in ways that will best fill his or her needs for self-expression. For some children that will be in artwork, for others in writing out thoughts or feelings or just an account of the day, for still others in physical exercise. Milieu therapists will explore the best use of Reflection Time with your child daily.

Afternoon Activities

As the day begins to wind down at HCPHP, it's time for fun and recreation. The milieu therapists plan a variety of age-appropriate activities: from arts and crafts to outdoor activities in good weather. Tuesdays are Cultural Arts days, with invited artists and performers from the community. Fridays are Movie Days. We play group games or have special events like talent shows or fashion shows. The goal of afternoon activities is to encourage the children to relax and enjoy interacting with their peers.

Daily Schedule - Monday through Friday

Note: Medical evaluations, treatments and diagnostic tests always have first priority over general activities.

7:30 - 8:00 a.m.	Check-in
8:15 - 8:45 a.m.	Breakfast
9:00 - 9:20 a.m.	Community Meeting
9:30 - 10:00 a.m.	Reflection Time
10:00 - 10:15 a.m.	Snack
10:30 - Noon	School
Noon - 12:30 p.m.	Lunch
1:00 - 2:00 p.m.	Peer Support Therapy
2:00 - 2:45 p.m.	Afternoon Activity
2:45 - 3:00 p.m.	Snack
3:00 - 3:30 p.m.	Check-out

First Day and Last Day

On your child's first day in the program, we will ask you to plan to spend several hours helping us learn as much as possible about your child and your family. Likewise, on the last program day, we will ask you to spend extra time to help us evaluate how the program has contributed to your child's life.

PARTIAL

THE GOOD.. THE BAD.. AND THE UGLY!!

Partial is a program in Providence Rhode Island, and it is also known as "PHP" It is a day program for kids and young adults who aren't healthy enough to go to school and do normal everyday activities. Everyone that comes here is very different, even if some of them have the same medical problems. When people enter the program, they are down in the dumps, and want to have nothing to do with this place. Most of them keep to themselves and are in a rather lousy mood when they first enter this program. But eventually, the mood will go away, and you will get used to being here. You will also grow to love the people here that are here everyday to support you whenever you need it. These wonderful people are called the Milieu Therapists. Without these people, your stay here at Partial would be very hard to deal with. They help you get through every day. But it's not just the Milieu Therapists that make your stay here more enjoyable. It is also the nurses, individual therapists, doctors, and kids that can help you get through your day. But don't get me wrong, there are many days in the week where all you want to do is strangle these people. Many "normal" kids think that the people that go to partial are weird & different, but they don't understand that we are all equally the same, and we are just going through a tough time.

♥ Laurel

Written and created by Laurel, age 15, a Hasbro Children's Partial Hospital Program patient

Program evaluation

The Hasbro Children's Partial Hospital Program has pioneered an innovative approach to the treatment of children with significant medical and emotional issues, and its staff is also a part of the Brown Medical School teaching faculty. Members of our staff are asked to lecture, nationally and locally, and we receive many inquiries about our program from medical personnel around the country who are hoping to establish similar treatment programs.

When you first come to the HCPHP, you'll be asked to provide us with information about your child's medical history. That information will allow us to develop a highly individualized treatment plan, specific to your child's needs. We would also like to be able to use some of that information to evaluate the effectiveness of the program.

Part of our evaluation involves following up on some of our children after they have been discharged from the program. For that reason, we may invite you back to check on the outcome of your child's treatment. By participating in this follow-up, you may help us help other children and their families.

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