

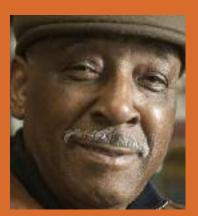


Rhode Island Hospital/Hasbro Children's Hospital
The Miriam Hospital Bradley Hospital Newport Hospital

 $Life span\ Partners$









Lifespan's four affiliated hospitals (Rhode Island Hospital and its Hasbro Children's Hospital, The Miriam Hospital, Bradley Hospital and Newport Hospital) are dedicated to being at the forefront of innovation in psychiatry and behavioral health for people of all ages. Affiliated with The Warren Alpert Medical School of Brown University, our teaching hospitals are the school's largest contributor to psychiatry and behavioral science education and research, bringing in research funding that makes us national leaders in the generation of new treatments. As the largest providers of psychiatric and behavioral health services in southern New England, Lifespan's partner hospitals are committed to the integration of psychiatry and medicine, providing mental health services for our medical and surgical patients and for more than 75,000 outpatient visits each year.

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Academic Commitment

For more information, visit us at: Lifespan.org

Lifespan hospitals offer a full range

of services to address the mental, emotional and behavioral problems that occur throughout life. The programs encompass a comprehensive view of mental health that includes and integrates the biological, psychological, and social dimensions of care.

To provide the most effective patient care and to promote knowledge in the field, we are also committed to a leadership role in mental health research and education through our faculty membership in the Department of Psychiatry and Human Behavior of The Warren Alpert Medical School of Brown University, considered among the outstanding academic departments of psychiatry in the United States. Our programs in fiscal year 2009 brought in nearly \$19 million in external research funding. We provide major training programs for residents in both adult and child psychiatry, as well as in a triple board program that also includes pediatrics. In addition, our programs are a highly sought-after national site for training of psychology residents and postdoctoral fellows.

The Department of Psychiatry at Rhode Island Hospital and The Miriam Hospital is a major component of the psychiatry and behavioral health service line at Lifespan and is one of the leading general hospital clinical, educational and research programs in the nation. The hospitals are also nationally recognized for expertise in the field of geriatric psychiatry, offering unique programs that address the specific needs of our elderly patients and conducting groundbreaking research in Alzheimer's disease and memory disorders. At Rhode Island Hospital and The Miriam Hospital there are currently more than 65 full-time board-certified psychiatrists and psychologists, and more than 125 additional staff.

On Aquidneck Island, Newport Hospital offers the community a range of adult psychiatric services that include emergency, inpatient, and outpatient capabilities. In addition, the psychiatry program provides consultative collaboration with medical and surgical programs for their inpatients with co-occurring mental health or substance use disorders.

Bradley Hospital, the nation's first psychiatric hospital devoted exclusively to children and adolescents, has been at the forefront in the treatment of children's mental illness for more than 75 years. Programs at Bradley Hospital include inpatient, partial hospital, outpatient, residential, school and home-based services. Along with Hasbro Children's

Hospital, Bradley Hospital is the major training center for Alpert Medical School's Child and Adolescent Psychiatry Fellowship program, the Triple Board Residency program and the Psychology Internship and Postdoctoral Fellowship program.

We are proud of our record in recruiting and retaining distinguished clinicians and scholars who are regarded as leaders in their respective fields. We are also proud of our efforts to decrease the stigma of mental illness. At all of our hospitals, we are aware of our responsibility to our patients and we work to provide a level of care that we would want for our own families.

R Tolder

Richard J. Goldberg, MD
Chairman of Lifespan Psychiatry and
Behavioral Health
Senior Vice President, Physician Network
Development, Lifespan
Professor of Psychiatry and Human Behavior,
The Warren Alpert Medical School
of Brown University

Daniel I Wall

President and Chief Executive Officer, Bradley Hospital





Psychiatry Emergency Services

Rhode Island Hospital 401-444-4779 Director: Ali Kazim, MD **Psychiatry Emergency Services** (PES) provides emergency psychiatric evaluation and crisis management for adults, adolescents and children, with linkages to treatment programs for needed follow-up care.

All emergencies are seen within two hours. PES is available for urgent interventions when other services are not available. Urgent referrals are seen within 24 hours.

PES runs 24 hours a day, 365 days a year. Staffing includes psychiatrists, psychiatric clinical nurse specialists, psychiatry residents and social workers. The program is located adjacent to the Rhode Island Hospital emergency department in a new specially designed facility. By sharing diagnostic and medical treatment capabilities with the most advanced emergency department and trauma center in the region, PES is uniquely able to assess and treat psychiatric and medical issues.

PES staff works closely with referral sources, family members and other Lifespan partners to provide efficient, quality care in the least restrictive environment possible.

Consultation Liaison Services

Consultation Liaison Services brings the diagnostic and treatment capabilities of psychiatry to the bedside of medical and surgical inpatients. Consultation services are provided by a multidisciplinary team that includes psychiatrists, neuropsychologists, psychiatric nurse clinicians, psychiatric social workers and psychiatry residents. Commonly addressed clinical problems include behavioral problems associated with traumatic brain injury, delirium, dementia, seizure and stroke, depression, anxiety, eating disorders, psychosis, substance abuse and neuropsychiatric symptoms that stem from medical illness. Services are provided at the request of medical or surgical attending physicians. Specialized outpatient consultation programs are associated with the Renal Transplant Program, the Comprehensive Cancer Center and the Alzheimer's Disease and Memory Disorders Center.

Rhode Island Hospital

401-444-5480

Director: Colin Harrington, MD

The Miriam Hospital

401-793-4300

Director: Jeffrey Burock, MD

Newport Hospital

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401-845-1810

Chairman: Christopher Erstling, MD

Correctional Psychiatry

Rhode Island Hospital 401-444-4779 Director: Ali Kazim, MD The department of psychiatry at Rhode Island Hospital has developed a coordinated and cohesive **Correctional Psychiatry Program** in collaboration with the State of Rhode Island Department of Corrections to provide psychiatric evaluations, management and treatment for inmates incarcerated at the Adult Correctional Institute.

This service is staffed by department of psychiatry staff, including psychiatrists and neuropsychologists. In addition, a plan is in place to develop a Brown University psychiatry elective for residents as well as other training opportunities for medical students.

The service aims to develop a new initiative for management and follow-up of inmates released into a community-based program and also specializes in the unique needs of adolescent inmates. Such a program will assist these individuals in returning to the community, decrease recidivism and help develop long-term psychiatric support and treatment of released inmates.

Inpatient Psychiatry Services

Inpatient Psychiatry Services include assessment and treatment of acutely ill patients requiring a safe, secure environment for treatment of the full range of psychiatric problems, including psychotic disorders, mood disorders, geriatric disorders and suicidality. Care is also available for patients whose psychiatric symptoms occur in the context of other medical conditions, developmental disabilities or substance abuse.

Treatment is predicated on the bio-psycho-social model, in which biological, psychological and social factors are examined as causes of the illness and are addressed in treatment. Patients are cared for by a multidisciplinary team, who work with patients and their families to transition as quickly as possible into appropriate outpatient programs.

Inpatient psychiatric services at Rhode Island Hospital are provided in 31 beds located in the Jane Brown building. Because of integration with and ready access to the full capabilities of a tertiary care academic medical hospital, this unit can assess and manage psychiatric patients with significant medical conditions.

Inpatient psychiatric services at Newport Hospital are provided in a 15-bed unit.

Rhode Island Hospital

401-444-5448

Director: Gabor Keitner, MD

Newport Hospital

401-845-1810

Director: Scott McDonald, MD

401-845-1578

Case Manager:

Lisca Coyle, LICSW

Mood Disorders

Rhode Island Hospital 401-444-3534

Director: Gabor Keitner, MD

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The Mood Disorders Program at Rhode Island Hospital was established in 1996 and is dedicated to studying, evaluating and treating mood disorders such as major depression, chronic major depression and bipolar disorder. The program conducts studies sponsored by the National Institute of Mental Health, private foundations, pharmaceutical companies, the Department of Psychiatry and Human Behavior at Brown University and the National Alliance of Research on Schizophrenia and Depression. The Mood Disorders Program coordinates with the Family Research Program in assessment of family functioning and family treatment studies.

Treatments include pharmacotherapy, individual psychotherapy, family treatment and disease management (depression and bipolar illness). This program is located on the third floor of the Potter building.

For more information on the ongoing/upcoming studies at the Mood Disorders Program, call 401-444-3937.

Family Research

The Family Research Program at Rhode Island Hospital was established in 1996 and is dedicated to assessing and treating families, training family therapists and providing research on families in which one or more members has a physical or psychiatric illness. The Family Research Program in the department of psychiatry coordinates with the Mood Disorders Program, the Family Training Programs at The Warren Alpert Medical School of Brown University, and the University of Rhode Island Marriage and Family Therapy Program to provide evaluation, treatment, training and research. This program is located on the third floor of the Potter building.

Rhode Island Hospital 401-444-3534

Director: Gabor Keitner, MD

Neuropsychiatry

Rhode Island Hospital

401-444-3534

Director:

W. Curt LaFrance, Jr., MD, MPH

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In 2003, the **Division of Neuropsychiatry** at Rhode Island Hospital was established to evaluate and treat individuals with brain-behavior disorders, to conduct neuropsychiatric research and to provide education on neuropsychiatric disorders. Neuropsychiatry addresses the overlap between brain and behavior. Consultative evaluations are performed on inpatients and outpatients. The neuropsychiatric examination provides a clinical assessment and treatment recommendations coordinating the neurologic, psychiatric, neuropsychological and psychosocial domains.

Our program is affiliated with Brown University's departments of psychiatry and neurology, and conducts studies sponsored by the National Institute of Neurological Disorders and Stroke (NINDS), the American Epilepsy Society, other private foundations and the departments of psychiatry and neurology at Rhode Island Hospital. The program collaborates with the Comprehensive Epilepsy Program, the Mood Disorders Program, and the Neuropsychology Program at Rhode Island Hospital.

Substance Abuse Treatment

The **Substance Abuse Treatment Program** provides comprehensive evaluation, treatment and support for individuals who want to eliminate their chemical dependency and regain control of their lives. The outpatient services provide comprehensive evaluation, pharmacotherapy and individual psychotherapy. After the intake evaluation, review of medical records and laboratory work-up, patients are followed regularly. Special programs such as Suboxone treatment for opioid addiction and monthly Vivitrol injections for treatment of alcoholism are also offered.

Rhode Island Hospital 401-444-0952

Director: Tahir Tellioglu, MD

Neuropsychology

Rhode Island Hospital

401-444-4500

The Miriam Hospital

401-793-8740

Director: Geoffrey Tremont, PhD

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The **Neuropsychology Program** provides memory/cognitive assessment and treatment recommendations for children, adolescents, adults and older adults with neurologic or neuropsychiatric disorders such as:

- memory disorders
- stroke
- autism spectrum disorders
- cognitive and behavioral impairments secondary to medical illness
- dementia
- brain tumor
- traumatic brain injury
- epilepsy

Services also include disability, forensic and competency evaluations, cognitive rehabilitation, school consultations and counseling/education for patients and families with neurological disorders.

The program provides consultation to the Alzheimer's Disease and Memory Disorders Center, Comprehensive Epilepsy Program, and the Division of Pediatric Hematology/Oncology.

Caregiver Support for Memory Disorder Patients

In addition to memory and cognitive assessment, the Neuropsychology Program provides consultation to families and other caregivers who are experiencing difficulty adjusting to or managing their loved one's memory difficulties and other cognitive and behavioral problems.

Research

The program has active research programs focused on children (epilepsy, cancer) and adults (dementia, multiple sclerosis, epilepsy). In addition, we conduct ongoing studies to understand and treat the stress associated with caring for someone with dementia.

Adult Services

Outpatient Services

Rhode Island Hospital
Adult Outpatient, 401-444-7442
Director: Mark Zimmerman, MD
Director, Psychology:
Donn Posner, PhD

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Outpatient Mental Health Services are provided at Rhode Island Hospital and The Miriam Hospital by a multidisciplinary group of board-certified psychiatrists, psychologists, clinical nurse specialists and social workers.

With outpatient mental health services in short supply in our region, we have continued to grow to accommodate requests for service and have now surpassed 45,000 visits per year. The locations for these programs include the Bayside Medical Office Building adjacent to the Rhode Island Hospital campus, and the Fain Building on The Miriam Hospital campus.

In addition to providing outpatient treatment for the full range of psychiatric conditions, several specialty programs are offered:

The *Gambling Treatment Program* is the only program in Rhode Island that receives state funding for the treatment of problem gamblers. It is located in the Bayside Building.

The *Bariatric Surgery Program* conducts pre-surgical evaluations to determine appropriateness for bariatric surgery, pre-surgical counseling to help individuals prepare for surgery and post-surgical counseling to help individuals cope with life changes following the procedure. The program is offered on the Rhode Island Hospital and The Miriam Hospital campuses.

The Behavioral Sleep Medicine Program is connected with The Sleep Disorders Center of Lifespan hospitals. Problems evaluated and treated include insomnias, circadian rhythm disorders, parasomnias and sleep apnea. It is located in the Bayside Building.

The *Anxiety Disorders Program* provides diagnosis and treatment of a wide variety of anxiety disorders, including panic disorder, generalized anxiety disorder, social phobia, obsessive-compulsive disorder, and posttraumatic stress disorder. It is located in the Bayside Building.

The *MIDAS Project*: The Rhode Island Methods to Improve Diagnostic Assessment and Services (MIDAS) includes research on diagnosis, treatment decision making, and treatment outcome. Patients receive a comprehensive, state-of-the-art, clinical diagnostic evaluation. As part of the MIDAS project, measurement tools have been developed to assist clinicians in monitoring the course of treatment. It is located in the Bayside Building.

Outpatient Psychiatric Services at Newport Hospital is located in the Borden-Carey medical office building adjacent to Newport Hospital. Three psychiatrists are on staff to offer psychiatric diagnosis, psychopharmacologic medication management, and other psychiatric interventions.

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Newport Hospital

401-845-4340

Chairman: Christopher Erstling, MD

Services and Programs

Adult Services

Body Dysmorphic Disorder

Rhode Island Hospital 401-444-1644

Director: Katharine Phillips, MD

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Rhode Island Hospital's **Body Dysmorphic Disorder Program** provides treatment to patients with body dysmorphic disorder (BDD) and performs research in a safe and comforting environment.

BDD occurs when a person is extremely preoccupied with a perceived flaw in his or her appearance. People with BDD are obsessed with the belief that something is wrong with the way they look. They may describe themselves as looking ugly, unattractive, not right, deformed—or even hideous or monstrous. The preoccupations can be very difficult to control.

The program is located in the Coro Building West at One Hoppin Street, Providence, RI.

Behavioral Medicine

Behavioral Medicine Services have been based at The Miriam Hospital for over 25 years. Health care professionals from psychology, medicine, nutrition, exercise physiology and nursing provide coordinated care to help patients whose medical problems are linked to lifestyle behaviors, psychiatric conditions and stress. The service is recognized nationally for training the next generation of psychologists in behavioral medicine. The goal of behavioral medicine treatment is to reduce symptoms, alleviate emotional distress, reduce unnecessary utilization of health care services and improve quality of life and functioning.

Adult Outpatient Behavioral Medicine Services help individuals improve health through behavior change. Services are offered to help patients adjust to chronic medical conditions, including their associated physical and emotional distress; modify unhealthy ways of living (for example, smoking cessation) to help prevent the onset or progression of disease; and treat mood and anxiety disorders that interfere with management of medical conditions. Services are available to help individuals with behavioral and psychosocial management of medical conditions such as headache, pain, cancer, heart disease (including those with implanted cardiac devices), pulmonary disease, and diabetes.

The Miriam Hospital 401-793-8770

Director: Justin Nash, PhD

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Continued on next page

Services and Programs

Behavioral Medicine continued

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401-793-8790

Director: Vincent Pera, MD

Integrated Behavioral Medicine Services are delivered in primary care and medical specialties. Psychologists specializing in behavioral medicine are based in cardiac rehabilitation, pulmonary rehabilitation, men's health, and primary care settings where they integrate behavioral and psychological treatment as part of a team of health care professionals. Integrated care helps provide seamless delivery of behavioral medicine services to patients and also the opportunity for medical specialists to consult with psychologists to better address the behavioral health care needs of their patients.

The Weight Management Program provides comprehensive, medically supervised treatment for mild, moderate and severely overweight adults. Specialized programs are also available for adolescents and diabetics. Treatment combines medical monitoring, behavior therapy, exercise instruction, three levels of calorie reduction and nutrition education. Sustained, healthful weight loss requires a combination of medical and social support to help patients alter their nutrition, lifestyle and physical exercise. To address each of those factors, our staff includes physicians, psychologists, social workers, dietitians and exercise physiologists. This multidisciplinary team plans and administers a weight management program customized to each patient's health needs.

Centers for Behavioral and Preventive Medicine

The Centers for Behavioral and Preventive Medicine seek to improve health through behavioral medicine research that bridges biomedical, behavioral, and population science disciplines. Areas of research include physical activity, obesity, tobacco use, substance abuse, responsible sexual behavior, injury and violence and mental health. Faculty members are committed to both basic research on discovering the mechanisms underlying behavioral factors in health and illness (for example, examining the stress response among children and adolescents, neuroimaging of patients with AIDS and other medical conditions) and to applied research on the translation of basic research for clinical and community health improvement (for example, tailored smoking cessation techniques for hard-to-treat and hard-to-reach populations, training ACS volunteers to guide breast cancer patients in becoming physically active).

The Miriam Hospital

401-793-8003

Director: Bess H. Marcus, PhD

401-793-8770

Associate Director:

Justin Nash, PhD

Partial Hospitalization

Rhode Island Hospital 401-444-2128

Director: Rendueles Villalba, MD

The **Partial Hospitalization Program** provides short-term treatment designed to help individuals with acute psychiatric problems. The program is open Monday through Friday and is staffed by a multidisciplinary group of providers. Participants attend six hours per day. The duration of treatment is determined by a patient's specific needs.

The program offers group, individual and couples/family psychotherapy, as well as medication treatment. A ten-year study of our clinical outcomes has yielded a large body of evidence demonstrating the effectiveness of our program.

Program Services

Psychotherapies

- Individual insight-oriented and supportive psychotherapy
- Interpersonal group psychotherapy
- Family and couples sessions
- Cognitive behavioral group therapy
- Existential therapy
- Expressive therapy

Educational Groups

- Stress management
- Relaxation training
- Building social support systems
- Relapse prevention
- Orientation to 12-step programs
- Depression management
- Management of anxiety and panic
- Anger management
- Self-esteem enhancement
- Assertiveness training
- Interpersonal communication skills
- Emotional regulation
- Coping strategies

Geriatric Psychiatry

Rhode Island Hospital

401-444-3967

Director: Gabor Keitner, MD

The Miriam Hospital

401-793-4300

Director: Robert Kohn, MD

To help address the mental, emotional and behavioral problems that occur in the later years of life, **Geriatric Psychiatry Services** at Rhode Island Hospital and The Miriam Hospital offer programs in geriatric psychiatry uniquely geared to our geriatric patients. We provide help for patients suffering from common problems such as dementia, depression, or anxiety, as well as for less prevalent disorders such as bipolar disorder or schizophrenia. We also address grief, family issues, and substance abuse problems, as well as difficulties coping with medical disorders such as Parkinson's disease, stroke, or cardiovascular disease.

Approximately half of our geriatric psychiatric patients require treatment for some form of dementia or memory disorder. Alzheimer's disease is the most common form of dementia in aging patients; however, there are many types of dementia and each type requires specialized understanding, medication and care.

Patient care is coordinated among programs to ensure that every geriatric patient receives the most appropriate and effective treatment for his or her individual needs. In addition to excellent patient care, we have an ongoing commitment to education and research.

Nursing Home Psychiatry Consultation

The Nursing Home Psychiatry Consultation Program, staffed by an expert team from The Miriam Hospital, provides psychiatric services for residents of nursing homes and assisted-living or long-term-care facilities in Rhode Island. This program is comprised of a multidisciplinary team that includes board-certified geriatric psychiatrists and psychiatric clinical nurse specialists with expertise in psychiatry and gerontology.

With a strong background in geriatric psychiatry and nursing, the consultation team offers services that include:

- Diagnostic assessment of disorders of mood, thought, or behavior
- Psychopharmacology management
- Family consultation and intervention
- Emergency assessment and treatment
- Psychotherapy and grief counseling
- Nursing consultation
- Educational programs

The program is located at The Miriam Hospital in the Fain Building.

The Miriam Hospital 401-793-4300 Christina Sokoloff, RN, MSN, PCNS

Child and Adolescent Services

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Psychiatry Emergency Services

Rhode Island Hospital 401-444-4779 Director: Ali Kazim, MD **Psychiatry Emergency Services** (PES) at Rhode Island Hospital provides emergency psychiatric evaluation and crisis management for adolescents and children, with linkages to treatment programs for needed follow-up care.

All emergencies are seen within two hours. PES is available for urgent interventions when other services are not available. Urgent referrals are seen within 24 hours.

PES runs 24 hours a day, 365 days a year. Staffing includes psychiatrists, psychiatric clinical nurse specialists, psychiatry residents and social workers. The program is located adjacent to the Rhode Island Hospital emergency department. By sharing diagnostic and medical treatment capabilities with the most advanced emergency department and trauma center in the region, PES is uniquely able to assess and treat psychiatric and medical issues.

PES works closely with Gateway Healthcare, Inc. to create linkages to community-based treatment capabilities and also coordinates with Lifespan partner Bradley Hospital when inpatient care is necessary. PES communicates with referral sources and family members to provide efficient, quality care in the least restrictive environment possible.

Access and Crisis Intervention Services

The Access Center at Bradley Hospital fields hundreds of calls per week from physicians, parents, schools and community providers. The staff of clinicians is specially trained to perform emergency evaluations for children and adolescents in need of inpatient and partial hospitalization, and will direct each child to the most appropriate and effective services for their needs.

The Access Center is not open on weekends. Patients in need of emergency psychiatric evaluation during those hours should be referred to their local hospital emergency room.

The Bradley Hospital Crisis Service program is for children and adolescents who have no current mental health provider and have an urgent need to be seen for a psychiatric evaluation and crisis stabilization. These children may not need to be admitted to the hospital, but are unable to wait more than 48 hours for an evaluation and may require more treatment than can be offered in an outpatient setting. Clinicians provide evaluation of children and their families within 48 hours of contacting the hospital. Children and adolescents are seen by a multidisciplinary team that includes a child and adolescent psychiatrist, a senior clinical psychologist, and trainees. This service helps to stabilize children and families in crises.

Bradley Hospital 401-432-1364

Access and Crisis Intervention

Inpatient Services

Bradley Hospital 401-432-1364

Director: Henry Sachs, MD

Bradley Hospital's Child and Adolescent Inpatient Program is for children ages 2 to 18 years who suffer from serious disorders and are in need of short-term stabilization, assessment and treatment. The philosophy at Bradley Hospital is that children should be treated in the least restrictive environment, and that inpatient care is a stepping stone to help stabilize children in crisis, while addressing safety concerns.

The program has 45 private patient rooms located in Bradley Hospital's award-winning new building and the unit is staffed 24 hours a day. Each child is treated by a team of professionals, including a child and adolescent psychiatrist, a clinical social worker, psychologists, nursing staff, and milieu therapists. A pediatrician and a pediatric nurse practitioner may be consulted for medical issues during hospitalization. Patients attend therapeutic groups, cognitive-behavioral milieu therapy, and other therapeutic programs, all of which are geared to facilitate safety and encourage emotional growth.

Among the conditions treated are:

Depression

Anxiety

Bipolar disorder

• Obsessive Compulsive Disorder

• Psychotic disorders

- Severe behavioral disorders
- Post Traumatic Stress Disorder

Child and Adolescent Services

Consultation Liaison Service

The **Consultation Liaison Service** for children and adolescents provides psychiatric evaluations and brief treatment for patients and families of Hasbro Children's Hospital. We see children and adolescents with psychiatric disorders who also need inpatient pediatric care. These children have psychiatric or behavioral complications of pediatric illnesses, neuropsychiatric syndromes or symptoms thought to have significant psychiatric components. The service also provides care for those patients suffering from issues related to the adjustment to medical illness or compliance with treatment.

Hasbro Children's Hospital

401-444-5206

Director: Emily Katz, MD

Bradley Hasbro Children's Research Center

401-444-8945
Director: Gregory Fritz, MD
Director, Psychology:
Debra Lobato Barrera, PhD

Research at Bradley Hospital is done through the **Bradley Hasbro Children's Research Center** (BHCRC), a collaboration of Bradley Hospital and Hasbro Children's Hospital. Research areas include anxiety disorders, autism, colic, childhood sleep patterns, HIV prevention, normal development of high risk infants, obesity, eating disorders, depression, obsessive compulsive disorder and juvenile fire setting. Bradley Hospital's research is regularly recognized in both the popular press and scientific journals worldwide.

As major teaching hospitals for The Warren Alpert Medical School of Brown University, Rhode Island Hospital/Hasbro Children's Hospital and Bradley Hospital employ faculty who are active in clinical and basic research. To centralize our efforts, promote collaboration among research groups and increase our ability to move the field forward, all the child mental health research within Lifespan came together to form the BHCRC.

The BHCRC encompasses a wide range of research programs that share a commitment to studying the impact of psychological factors on the growth and development of children and their families. Within the BHCRC, investigators direct over 50 externally funded projects. Grant support is extensive: awards are over \$11 million each year and the total grant awards for all years of currently active projects are over \$45 million.

BHCRC investigators are continually seeking answers to the important questions in the realm of child development and child mental health. New projects are being generated, new therapies are being tested and "conventional wisdom" is being challenged in an effort to advance the frontier of knowledge and improve our capacity to help children grow up well adjusted and contribute to society.

Body Dysmorphic Disorder Program

Rhode Island Hospital 401-444-1644

Director: Katharine Phillips, MD

Rhode Island Hospital's **Body Dysmorphic Disorder Program** provides treatment to patients with body dysmorphic disorder (BDD) and performs research in a safe and comforting environment.

BDD occurs when a child is extremely preoccupied with a perceived flaw in his or her appearance. Children with BDD are obsessed with the belief that something is wrong with the way they look. They may describe themselves as looking ugly, unattractive, not right, deformed—or even hideous or monstrous. The preoccupations can be very difficult to control.

The program is located in the Coro Building West at One Hoppin Street, Providence, RI.

Child and Adolescent Services

Partial Hospital Program

The Pediatric Partial Hospital Program at Bradley Hospital is a highly specialized family-based day treatment and comprehensive evaluation program for young children—infancy through age 6—who have serious emotional, behavioral, feeding, sleeping, or relationship problems. The primary goal of the program is to help children remain safely at home while they and their families work on clinical problems that often warrant psychiatric/medical hospitalization or residential treatment.

The program creates a safe, comfortable and nurturing environment that helps children and their family members participate in therapeutic activities. The interdisciplinary treatment team includes clinical psychologists, child psychiatrists, nurses, pediatricians, milieu therapists, nutritionists, speech and language pathologists, and support staff.

We work closely with each family to develop a multifaceted and individualized treatment plan that recognizes each child's strengths and areas of difficulty, and addresses specific psychiatric problems and concerns, while fully respecting each family's values and customs.

Children are admitted for an average of three to five weeks and attend the program for a minimum of six hours per day, Monday through Friday, from 7 a.m. to 3:30 p.m.

Bradley Hospital 401-432-1364

Director: John Boekamp, PhD

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Services and Programs

Partial Hospital Program continued

Services include:

- Psychiatric and nursing care
- · Milieu (activity-based) and behavior therapy
- Family therapy, parent-child interaction therapy, parent guidance, and individual therapy
- · Group treatments
- Nutritional and speech and language consultations as needed

- Close coordination with community-based professionals, agencies, and school teams, including transition support to school or daycare programs
- Arranging for appropriate follow-up treatment services

Hasbro Children's Hospital 401-444-8638

Co-Directors: Thomas Roesler, MD and Pamela High, MD

Medical Director: Michelle Rickerby, MD The Hasbro Children's Partial Hospital Program is the only day treatment program in New England for children with combined pediatric and emotional issues.

Young people in this program may have such conditions as diabetes, asthma, gastrointestinal illness or depression. Some are in poor health due to anorexia, bulimia or failure to thrive. Still others live with serious symptoms—headache, joint pain, coughing—whose origin is unknown. Some have had multiple hospitalizations or emergency room visits.

The program creates a safe, nurturing environment that allows children and families to participate in activities and therapy in a climate of healing. Our patients have access to the full range of services of Hasbro Children's Hospital and its specialists. Our staff includes pediatricians, nurses, child psychiatrists, pediatric psychologists, clinical social workers, nutritionists, teachers and milieu therapists.

We design an individual plan for each patient, with the help of the patient and family. Patients are separated into two age groups – 6 to 12 and 13 to 18 – so that they can take part in activities and receive treatments more comfortably with others close to their own age.

Patients spend an average of three to four weeks in the program and attend Monday through Friday, from 7:30 a.m. to 3 p.m.

Services include:

- Medical and nursing care
- Individual and family therapy
- Nutritional services
- · Peer support therapy
- Educational services, to ensure a successful transition back to school

Neuropsychology

401-444-4515

Director: Geoffrey Tremont, PhD

Assistant Director, Child
Division: Christine Trask, PhD

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The **Pediatric Neuropsychology Service** was developed by the Neuropsychology Program at Rhode Island Hospital to meet the growing need for comprehensive and integrated assessments of children with brain and central nervous system dysfunction. We focus on children and adolescents with a diverse range of medical, neurological, and neurodevelopmental disorders that impact thinking, learning, or socio-behavioral functioning. We also evaluate some adults with developmental or medical disorders dating from childhood.

Neuropsychological problems can affect learning, memory, organization, attention, and the regulation of emotions/behavior. A neuropsychological evaluation can help a child's family, doctor, teacher and therapists provide support and assistance to meet the child's unique needs. Neuropsychological evaluations may include testing of:

- Intellectual functioning
- Academic skills
- Language
- Visual spatial skills
- Memory

- Attention
- · Processing speed
- Executive functioning
- Sensorimotor functioning
- · Behavioral and emotional adjustment

Children are referred to the Pediatric Neuropsychology Service by people within and outside Rhode Island Hospital, including neurologists, neurosurgeons, oncologists, psychiatrists, psychologists, pediatricians, other physicians and nursing personnel and school systems.

Our team consults with a wide variety of professionals in medical, educational, and mental health settings. Our goal is to help families and providers better understand a child's strengths and weaknesses in order to help a child learn, grow and reach his or her potential.

Outpatient Services

Rhode Island Hospital 401-444-4515

Director: Jennifer Freeman, PhD

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Outpatient Services at Rhode Island Hospital are provided by board-certified child psychiatrists as well as doctoral-level psychologists. We offer outpatient services specializing in the following:

- Anxiety
- Asthma
- Biofeedback
- Cancer
- Depression
- Developmental disabilities
- · Eating disorders
- Feeding problems
- · GI disorders
- HIV

- Obsessive-compulsive disorder
- · Pain management
- Pediatric chronic illnesses, including sibling programs
- Pediatric obesity
- Weight management
- Sleep disorders
- Substance abuse

Outpatient services are located in the Physician's Office Building, Room 122.

Outpatient Services at Bradley Hospital provide comprehensive mental health evaluation and treatment for children, adolescents and families from southern New England. A multidisciplinary staff of board-certified child and adolescent psychiatrists, psychologists, nurses and qualified trainees provides treatment using a variety of modalities including individual, group and family therapy, and psychopharmacologic management. The extent of treatment depends on the patient's needs; treatment is often coordinated with other agencies such as mental health centers, schools or community-based organizations, as needed.

We provide treatment for a wide range of common childhood psychiatric disorders, including:

- Anxiety
- Bipolar disorder
- Depression
- Developmental disabilities
- Asperger Syndrome
- Obsessive Compulsive Disorder
- · Behavioral problems
- Family conflict
- Attention Deficit Hyperactivity Disorder
- · Eating disorders
- Post Traumatic Stress Disorder

Bradley Hospital

Karyn Horowitz, MD

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Services and Programs

Forensic Psychiatry Division

401-444-9867

Director: Wade Myers, MD

The Forensic Psychiatry Division coordinates the broad range of forensic activities taking place in the department. Currently, we provide the majority of correctional psychiatry for the State of Rhode Island for both adults and children. We are also involved with the court system in addressing issues with children and families. In addition, several of our staff provides forensic psychiatry consulting nationally in a number of expert areas.

Child and Adolescent Services

Hospital-based Residential Program

Bradley Hospital's hospital-based residence is the Children's Residential and Family Treatment (CRAFT) Program. The CRAFT Program cares for children ages 4 to 12 years and offers intensive, short-term treatment to children and their families who struggle with psychiatric, emotional and/or behavioral problems. The program is located in Swan House, an on-campus residential home that provides children with their own yard as well as space to do their homework, play and visit with their families. For each resident, the house offers the opportunity to practice skills that will enable his or her transition from Swan House to the family home.

Bradley Hospital

401-432-1364

Director: Peter Gillen, PsyD

Center for Autism and Developmental Disabilities

401-432-1364

Director: Rowland Barrett, PhD

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The Center for Autism and Developmental Disabilities (CADD) at Bradley Hospital offers a full range of services for children and adolescents ages 2 to 21. It is one of only a few programs in the country that has the expertise to evaluate and treat children who experience emotional, behavioral or developmental problems and who have the additional challenge of mental retardation or autism. With inpatient, day patient, home-based, residential and outpatient services, our continuum of care, team approach and experience allow us to customize treatment for each child and family. The CADD inpatient program has 15 private patient rooms and ample space for group therapeutic activities and visits with families in Bradley Hospital's main building. The CADD residential program includes four homes in communities throughout Rhode Island where expert care is provided in a comfortable, homey setting for children and adolescents in need of long-term care.

Child and Adolescent Services

COAST Program

The **COAST Program** at Bradley Hospital provides assessment and treatment services to children with sensory processing disorder, and in particular to children with autism spectrum disorders and other developmental disabilities who also have extreme sensory processing issues. Occupational therapists, speech language pathologists and primary caregivers use a multidisciplinary approach to treat patients in an area that includes a sensory room adaptable for individual or group treatment, a therapeutic kitchen, a meeting space, and three new CADD classrooms.

401-432-1364

Director: Rowland Barrett, PhD

Child and Adolescent Services

SafeQuest Program

Bradley Hospital 401-432-1364

Director: Kimberly Waggoner, LICSW

The **SafeQuest Program** at Bradley Hospital is a practical alternative to hospitalization and traditional outpatient services. The purpose of this intensive after-school program is to prevent recurring suicide attempts and other unsafe behaviors among adolescents. The goals of the program are to provide an alternative to hospitalization, shorten the length of stay for hospitalized adolescents and prepare adolescents for long-term outpatient services.

Bradley School

A certified special education school, **Bradley School** is a resource for children whose special education and behavioral needs cannot be met in a regular school environment. Students benefit from the full scope of Bradley's evaluation, educational and therapeutic services. Bradley School staff has expertise in anxiety disorders/school fears, learning disabilities, school performance, attention deficit disorders, developmental disabilities, speech and language problems, psychopharmacology, family communication, depression, and early childhood programs. Students are treated and educated by a multidisciplinary team that may include a clinical psychologist, a child psychiatrist, a certified special education teacher, a classroom behavior specialist, a speech and language pathologist, an occupational therapist and a school nurse.

Bradley School sites are located throughout Rhode Island. Students ages 3 to 21 are referred to Bradley School by their local school departments, and Bradley School is fully accredited by the Rhode Island and Massachusetts departments of education. In addition, Bradley School has established partnership programs with local school districts to educate students in the least restrictive, most inclusive environment that fosters independence as well as academic and life skills learning.

401-432-1364

Director: Dale Radka, MD

Director of Education: Kevin Myers, PhD











Research and Education

The Department of Psychiatry at Rhode Island Hospital and The Miriam Hospital makes a significant investment in both research and training. There are 20 full-time faculty of the department of psychiatry, as well as 30 clinical faculty at Rhode Island Hospital, as well as 18 full-time and 3 part-time academic faculty and 6 clinical faculty at The Miriam Hospital, who make major contributions to Brown University in undergraduate and graduate education.

Research

In 2009 Lifespan hospitals received more than \$19 million in external research funding for psychiatry research in areas including:

- Alzheimer's disease
- Mood disorders
- Epilepsy
- Bariatric surgery
- Bipolar disorder
- MIDAS
- Asthma
- HIV
- Substance abuse
- · Celiac disease
- Obsessive-compulsive disorder

- · Depression
- · Adolescent weight control
- Childhood anxiety disorder
- Sexual abuse
- Diabetes
- · Affect management
- · Yoga and cognitive impairment
- Physical activity adoption and maintenance
- · Behavioral weight loss
- Tobacco cessation in hard to reach populations

- Use of technology to advance behavior change
- Quality of life and health enhancement in cancer survivors
- Impact of maternal smoking on infant development
- Neurocognitive effects of cardiac and bariatric surgery
- · Microbicide acceptability in HIV prevention

Education and Training

The department of psychiatry at Rhode Island Hospital and The Miriam Hospital provides a significant amount of education and training support. Funded training programs include 34 positions in psychiatry residency training. These programs are fully integrated with the Department of Psychiatry and Human Behavior of The Warren Alpert Medical School of Brown University, and are divided as follows:

- 15 positions in the Triple Board Program (training leading to certification in general psychiatry, child psychiatry, and pediatrics)
- 5 positions in child psychiatry fellowship positions
- 14 positions in adult general psychiatry

In addition, there are 7 psychology residents and 17 psychology postdoctoral fellows.

Research and Education continued

Bradley Hospital is one of seven consortium hospitals that provide clinical training for students of The Warren Alpert Medical School of Brown University. Along with Hasbro Children's Hospital, Bradley Hospital is the major training center for Alpert Medical School's Child and Adolescent Psychiatry Fellowship program, the Triple Board Residency program and the Psychology Internship and Postdoctoral Fellowship program. All psychiatrists and psychologists at Bradley Hospital hold faculty appointments at Brown University, and are members of the Division of Child and Adolescent Psychiatry at Alpert Medical School's Department of Psychiatry and Human Behavior.





Rhode Island Hospital/Hasbro Children's Hospital The Miriam Hospital Bradley Hospital Newport Hospital

Lifespan Partners

Rhode Island Hospital 593 Eddy Street Providence, RI 02903 The Miriam Hospital 164 Summit Avenue Providence, RI 02906 **Bradley Hospital** 1011 Veterans Memorial Parkway East Providence, RI 02915 Newport Hospital 11 Friendship Street Newport, RI 02840

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