

# The Hemostasis and Thrombosis Center

*At Rhode Island Hospital*



**Rhode Island Hospital/  
Hasbro Children's Hospital**

*A Lifespan Partner*

The Hemostasis and Thrombosis Center

Rhode Island Hospital

593 Eddy Street, Providence, RI 02903

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[rhodeislandhospital.org](http://rhodeislandhospital.org)

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**Advancing Medicine. Touching Lives.**

The Hemostasis and Thrombosis Center at Rhode Island Hospital is a comprehensive center for the screening, diagnosis and treatment of pediatric and adult patients with hemophilia and other types of bleeding disorders. Our mission is to provide our over 400 patients with the highest quality of care through a multidisciplinary approach to their health and well being. We are the only hemophilia center in the state and one of only four centers in the New England region to offer a 340B program, which allows us to deliver factor directly to our patients. Our enhanced services are unique and provide our patients with additional benefits they may not receive at other hospitals and health care providers.

## Our Services

### *Comprehensive Clinic Visit*

We offer a yearly comprehensive clinic visit for all our patients. This visit is recommended for all our patients and is required for those patients who receive factor through our factor delivery program. During the visit, a physician, nurse, physical therapist, licensed and independent clinical social worker and counselor see patients. We find this multi-disciplinary approach to be the most effective to ensure the highest quality of care.

During the yearly visit, patients also undergo a complete battery of laboratory tests, including coagulation, chemistry and immunology tests. For children we review the growth and development and evaluate factor dosages. All tests are performed at Rhode Island Hospital to ensure the most accurate and reliable results.

We also offer our patients the opportunity to participate in a universal data collection program with the Centers for Disease Control. This program gathers information from hemophilia patients around the country. Included in these tests are; HIV, hepatitis A,

B and C, as well as evaluation for infection or sepsis. The benefit to participation allows earlier detection and treatment of these diseases for our patients. If a patient chooses not to participate, we will still complete lab work to monitor patients for HIV and hepatitis C.

### *Enhanced Services*

Some of our patients are eligible for the following enhanced services on an as-needed basis:

- Free parking
- Routine dental care, including exams, cleanings and fillings through Jefferson Dental Association
- YMCA membership
- Home visits for teaching purposes
- On-call assistance available 24 hours a day, 7 days a week by trained and licensed hemophilia nurses
- Additional special items for special circumstances

### *Patient Assistance Program*

If you do not have insurance, or anticipate an upcoming lapse in your insurance, please let us know as soon as possible. There are a variety of patient financial assistance options available to help ease the financial burden. Your continued health is most important to us and we will do everything possible to help you plan for the cost of health care.

## Home Care

We offer our patients the convenience of shipping factor and disposal containers to their homes. In coordination with the Rhode Island Blood Center, we can send a 2 to 4 week supply of factor at a time. In order to offer this service, we do require documentation every 60 days to ensure that your insurance company will pay for the factor. Documentation also helps us to ensure your health and safety because each bottle is traceable.

### To Order:

- Please call 24 hours in advance to order factor and needles
- In case of an emergency, we may be able to deliver factor more quickly
- Let us know if you need a container for disposal of needles delivered or removed

### Delivery:

- Your factor, needle containers, and log sheets (as needed) will be delivered in an unmarked vehicle
- The delivery person will take away your needle containers to dispose of properly

### *Methods of Documentation*

**Log sheets:** These allow you to keep track of the amount of factor you use. Please peel the label from your bottle and attach it to the log sheet. Please remember to sign the bottom.

**Advoy:** Advoy is a new system that allows you to electronically provide the amount of factor you use through a private, secure website. You can logon to the Advoy website from any location.

## Counseling

We provide patients with the opportunity for individual, couple and family counseling by a licensed individual clinical social worker on a case-by-case basis. We have recently relocated and now have a therapy room to provide confidentiality and optimize a therapeutic environment. If you chose to not take advantage of our counseling services, one of our social workers can make referrals for you to another community agency. Other social work services we provide include financial assistance, home visits, school advocacy, crisis intervention and concrete services such as housing and transportation.

## Other Types of Bleeding Disorders

### *Von Willebrand disease*

Von Willebrand disease is caused by a deficiency of von Willebrand factor, which is essential in helping blood to clot. Without the von Willebrand factor, platelets are not activated in a normal way, and blood does not clot as it should, leading to prolonged bleeding. Von Willebrand disease is genetic and affects one percent of the population. The disease is fairly mild and a patient may not even know he or she has the disorder unless tested. Girls are likely to discover the disorder when they begin their periods. Most people with Von Willebrand disease also have a family member with it as well.

### *Factor V Leiden*

Factor V Leiden is the most common hereditary blood coagulation disorder in the United States. It is caused by a specific gene mutation that causes an increase in abnormal blood clotting. It causes a slightly higher than average risk for the formulation of blood clots in the legs that can travel to the lungs. Factor V Leiden may cause health problems; however, many people with the disorder remain completely healthy throughout their lives. It is present in 5 percent of the Caucasian population and 1.2 percent of the African American population.

## Our Staff

### *Administrative*

**Edwin Forman, MD**, pediatric medical director of the Hemostasis and Thrombosis Center

**Peter Manley, MD**, pediatric hematologist and associate director of the Hemostasis and Thrombosis Center

**Ravitharan Krishnadasan, MD**, adult hematologist

**Sandra J. Meech, MD**, pediatric hemotologist consultant

**Jean Marandola, MS, RN**, Hemostasis and Thrombosis Center coordinator

**Vanna Thlang**, program assistant

**Nicole Pope**, program secretary

#### *Nurses*

**Clare Nelson, RN, BSN, CPN**

**Lisa O'Neil, RN**

**Susan Thomas, RN, BSN, CPN**

#### *Licensed Clinical Social Worker*

**Virginia Cerbo, LICSW**

#### *Physical Therapists*

**Kristin Brown, DPT**

**Eileen Tainsh, PT**

## Location and Directions

We are located in room 159 of the Potter Building on the Rhode Island Hospital campus.

**From 95 North:** When traveling north on I-95, take exit 18. Bear left at the end of the exit onto Thurbers Avenue. At the first traffic light, take a right onto Eddy Street. After approximately 1 mile, you will come to a light at the intersection of Eddy and Dudley streets. Take a left onto Dudley Street, several blocks up; take a right onto Gay Street and then another right onto Service Road. Park in lot B; the entrance is of the left side of the road.

**From 95 South:** When traveling south on I-95, take exit 19 and bear right. At the end of the exit ramp there is a traffic light at the intersection of Eddy and Dudley streets. Continue straight onto Dudley Street and several blocks up take a right onto Gay Street and then another right onto Service Road. Park in lot B; the entrance is of the left side of the road.

**From 195 West:** Take I-195 West to 95 South. Move into the right-hand lane right away and take exit 19.

Bear right while on the exit ramp to the intersection of Eddy and Dudley streets. At the intersection, continue straight onto Dudley Street and several blocks up take a right onto Gay Street and then another right onto Service Road. Park in lot B; the entrance is of the left side of the road.

**From Lot B:** Cross Plain Street and the Potter Building will be across a courtyard on your right.

You may also get directions from your specific starting point to the center by visiting [rhodeislandhospital.org](http://rhodeislandhospital.org) and using our online map tool.

## Contact Us

We are open Monday through Friday 8:30 a.m. to 5 p.m. and can be reached at 401-444-8250 / 444-7731 during business hours.

For after hour urgent calls, please page the operator at 401-444-5611. Request to speak with the on-call pediatric or adult hematologist.

For after hour emergencies **ONLY**, please call the 24 hour emergency pager at 401-350-9707.