

# Healing

Healing the hearts and minds of children and their families



## We

We make a difference in the life of a child and his or her family. We work as a multi-disciplinary team of professionals to heal the hearts and minds of children and their families.



**Bradley Hospital**

*A Lifespan Partner*

# Welcome to Emma Pendleton Bradley Hospital

It's a place where children can openly express their feelings without the fear of being misunderstood. It's a place where children can talk and play with children who experience similar emotions. It's a place where children who have behavioral, developmental, emotional and psychological problems can get help. It's Emma Pendleton Bradley Hospital.

Emma Pendleton Bradley Hospital is known as Bradley Hospital and is the nation's first psychiatric hospital devoted exclusively to children and adolescents. A Lifespan partner and a major teaching hospital for Brown Medical School, Bradley Hospital has established itself as the national center for training and research in child and adolescent psychiatry.

Bradley Hospital is a private, not-for-profit hospital and also operates the Bradley School, a fully certified special education school.



Since 1931, the Bradley mission has given hope to thousands of children and their families. At Bradley Hospital and Bradley School, each

child is given the individual attention that every child is deserving of. We take the time to really get to know every child so that we truly understand

the child's specific needs. We can make a difference in the life of a child and his or her family. We work as a multidisciplinary team of professionals to heal the hearts and minds of children and their families.

At Bradley Hospital, we continually strive to advance our knowledge of child and adolescent psychiatry. Through extensive research, training

and experience, we make progress every day, and prepare ourselves to meet the needs of children and the opportunities of tomorrow.

A handwritten signature in black ink that reads "Dan Wall". The signature is written in a cursive, flowing style.

Daniel J. Wall  
President and CEO, Bradley Hospital

It is clear today that the dream was only the beginning.



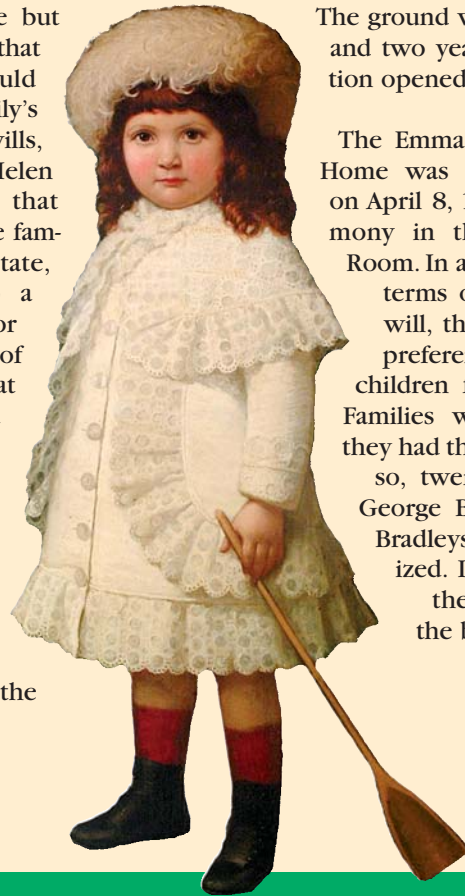
## A Glimpse of the Past

Bradley Hospital was the nation's first neuropsychiatric hospital for children. The hospital was named for George and Helen Bradley's only child Emma Pendleton Bradley, who was born in 1879.

Emma was stricken with encephalitis at the age of seven. The disease left her with multiple disabilities, including epilepsy, mental retardation and cerebral palsy. This tragedy sparked the Bradleys to conduct a worldwide search for a cure or a treatment for Emma's condition. Because psychiatry and neurology were in their infancy, hospitals were solely for adults and pediatric services were not yet available, the Bradleys arranged round-the-clock medical care for Emma at their summer home in Pomfret, Connecticut.

After eighteen years of treatment, Emma showed no improvement. George and Helen began to accept

their daughter's fate but wanted to ensure that other families would not share their family's struggle. In their wills, both George and Helen Bradley requested that the Eaton House, the family's Providence estate, be converted into a treatment facility for children. The board of trustees decided that more space and a less urban setting were necessary for the institution, and so the beautiful home on Eaton Street was sold and 35 acres of wooded land was purchased on the Barrington Parkway.



The ground was broken in 1929, and two years later the institution opened its doors.

The Emma Pendleton Bradley Home was officially dedicated on April 8, 1931 during a ceremony in the hospital's Pine Room. In accordance with the terms of George Bradley's will, the facility gave first preference to poor, needy children from Rhode Island. Families were only billed if they had the means to pay. And so, twenty-five years after George Bradley's death, the Bradleys' dream was realized. It is clear today that the dream was only the beginning.



## Certifications

Bradley Hospital is licensed by the Rhode Island Department of Health and the Rhode Island Department of Mental Health, Retardation and Hospitals as an acute care hospital and by the Rhode Island Department of Education as a special education school. Bradley Hospital's residential facilities are licensed by the Department of Children, Youth and Families. Bradley Hospital is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

# Through

Through extensive research, training and experience, we make progress every day, and prepare ourselves to meet the needs of children and the opportunities of tomorrow.



## Child and Adolescent Program

Bradley Hospital provides inpatient services for children ages 2 to 18 years, who suffer from serious disorders and are in need of short-term stabilization, assessment and treatment for suicidal, destructive, or other dangerous behaviors. Children and adolescents are admitted to two separate programs that provide developmentally appropriate therapy. Children, adolescents and their families are assigned to an attending psychiatrist and a family therapist.

The Child and Adolescent Program also provides intensive, family-centered residential treatment services to children ages 5 to 12 years who have emotional and behavioral problems that prevent them from living safely at home. Children live together and are provided intensive staff supervision and clinical services. Children take part in individual, group, milieu, psychopharmacological, family and multi-family therapy to help them achieve the program's primary goal—family reunification.

## Center for Autism and Developmental Disabilities

The Center for Autism and Developmental Disabilities at Bradley Hospital offers a full range of services for children and adolescents ages 4 to 22 years. It is one of only a few programs in the country that has the expertise to evaluate and treat children who experience emotional or behavioral problems as well as having the additional challenge of mental retarda-

tion or autism. From hospitalization to residential care to outpatient services, our experience allows our clinical team to individualize treatment for each child and family. The center offers inpatient, outpatient, day patient, residential and home-based treatment services.

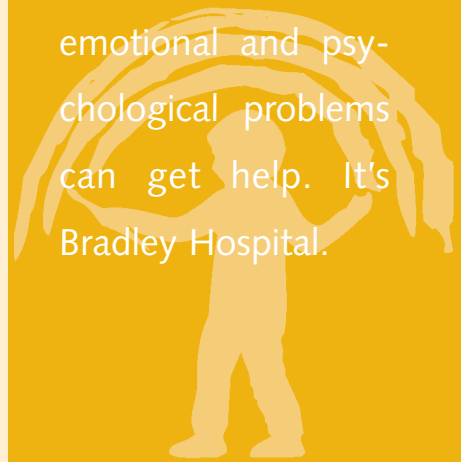
## Emergency Services

Bradley Hospital provides emergency services for patients who need urgent evaluations and who are likely to require subsequent inpatient hospital care. Patients and families can be referred either by community therapists, mental health centers, general hospitals, law enforcement or private agencies. Emergency services are available 24 hours a day.

## Outpatient Services

Bradley Hospital's outpatient services provide comprehensive mental health evaluation and treatment for children, adolescents and families from Rhode Island and southern New England. A multidisciplinary staff of psychiatrists, psychologists, social workers and qualified trainees provides treatment for a wide range of clinical conditions. Patients may be treated with a variety of modalities including individual, group and family therapy, and psychopharmacologic management. The extent of treatment depends on the patient's needs and the clinic's resources. Treatment is often coordinated with other agencies such as mental health centers, schools or community-based organizations.

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## Crisis Service

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Crisis service at Bradley Hospital sees children and their families for urgent evaluation within 48 hours. This service helps to stabilize crises and refers children and their families to less intensive services. Children and their families are seen by a multidisciplinary team, which includes a child/adolescent psychiatrist, a senior clinical psychologist and several trainees.

## Bradley School

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A certified special education school, Bradley School is a resource for children whose special education and behavioral needs cannot be met in a regular school environment. Students benefit from the full scope of Bradley's evaluation, educational and therapeutic services. Students are treated and educated by a multidisciplinary team.

Bradley Schools are located in East Providence, Portsmouth and South Kingstown, Rhode Island. Students ages 3 to 21 years are referred to Bradley School by their local school departments. Bradley Schools are fully accredited by the Rhode Island and Massachusetts departments of education.

## Research at Bradley Hospital

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Bradley Hospital recognizes that there is still much to learn about child and adolescent psychiatry. For the past two decades, Bradley has made a major financial investment in research. Three

distinct laboratories have been established: the Sleep and Chronobiology Laboratory, the Infant Development Unit and the Developmental Psychopathology Laboratory.

## Training at Bradley Hospital

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Bradley Hospital serves as a training site for a number of disciplines including psychiatry, psychology, social work, nursing, occupational therapy and speech pathology.

### Child and Adolescent Postdoctoral Fellowship in Clinical Psychology

The Postdoctoral Fellowship in Clinical Psychology at Brown Medical School is designed to provide specialty training in early childhood disorders, disorders of school-aged children, adolescent psychopathology and developmental disabilities. The fellowship allows clinical psychologists to develop expertise in their area of specialization while training within a best practice model. Bradley Hospital is the primary training site for child and adolescent postdoctoral fellows in clinical psychology.

### Child and Adolescent Pre-doctoral Internship in Clinical Psychology

The Brown University Clinical Psychology Internship Program is a consortium of six participating hospitals, including three hospitals within the Lifespan system: Bradley Hospital, Rhode Island Hospital and The Miriam Hospital. Bradley Hospital and Rhode Island Hospital serve as the primary

training sites for child and adolescent clinical psychology interns. Interns are admitted to specialty training in either pediatric psychology, which specializes in the treatment of psychological sequelae, to medical disorders including chronic illness, or child/adolescent psychopathology.

### Combined Residency in Pediatrics/General Psychiatry/Child and Adolescent Psychiatry (Triple Board Program)

The Triple Board Program is designed to train a new kind of physician—one who synthesizes the clinical knowledge and skills of pediatrics and psychiatry in order to better care for children. A program of Brown Medical School, the Combined Residency in Pediatrics, General Psychiatry and Child and Adolescent Psychiatry provides the cornerstones for lifelong learning and academic excellence in teaching, clinical care, advocacy, public policy and research.

### Early Childhood Clinical Research Center

The Early Childhood Clinical Research Center is part of the Bradley Hasbro Children's Research Center, and is devoted to the study and treatment of young children at risk for serious mental disorders and their families. Emphasis is placed on behavioral processes that support the intergenerational transmission of illness by assessing and treating individual, relationship and family factors.



## Psychology Practicum Program

Bradley Hospital's Psychology Practicum Program offers doctoral students in psychology comprehensive training in child and adolescent treatment, psychological assessment and program development. Clinical activities on the inpatient and residential programs include individual, family and group therapy; psychological evaluation and testing; and therapeutic milieu consultation (both case-based and programmatic).

## Community Outreach

Members of the community have come to rely on Bradley Hospital and Bradley School for help and support in many ways. In times of crisis, hospital staff are available 24 hours a day to respond to parents, emergency rooms, police officers, social workers and anyone who needs help with children. Working hand-in-hand with school departments throughout the region to help children with special education needs, Bradley Hospital professionals provide support for parents through education and community events.

Bradley Hospital offers numerous services to the community including 24-hour emergency evaluations, parent and teacher training, consulting services to school special education departments, training of professionals from all over the country in child psychiatry, child psychology, social work and related fields and advocacy for children with public representatives and agencies.

## Ways to Support Bradley Hospital

In the early days of Bradley Hospital, all expenses for the hospital programs, the buildings and the research were paid through the Bradley Trust. Today, health insurance helps us to maintain the services the community has come to rely on, but with many more children to care for and far more severe issues to deal with, we turn to the community for financial assistance.

There are many ways of giving, now and in the future, that enable you to meet your philanthropic objectives while also helping to ensure that Bradley Hospital will always be able to deliver the highest quality care to children and their families. Naming opportunities, outright gifts, memorial/honor gifts, real estate gifts, charitable lead trusts, income-for-life gift plans and bequests are some of the ways people continue Bradley Hospital's legacy of philanthropy.

For more information about these or other ways to support Bradley Hospital, please call 401.432.1000, extension 1451.



As a teaching hospital for Brown Medical School, Bradley has established itself as the national center for training and research in child and adolescent psychiatry.

"Portage," a sculpture fountain outside Bradley's Main Building, symbolizes the hospital's mission. The children paddling the canoe on top represent those who have conquered their problems and are getting on with their lives. The children on the bottom are carrying their canoe to join them. The children are of varying ages, and represent all of the hospital's patients and students. The overall feeling the artwork conveys is one of teamwork, camaraderie and triumph.





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[www.bradleyhospital.org](http://www.bradleyhospital.org)