Women's Medicine Collaborative*
A Lifespan Partner

BY WOMEN. FOR WOMEN.™

146 West River Street
Providence, RI 02904
Second Floor ~ Suite 11C
Phone: 401-793-5700
Fax: 401-793-7408
WomensMedicine.org

Bone Density Testing - Patient Information

EXAM PREPARATION

PRIOR TO EXAM

- Avoid all calcium supplements including Tums and Multivitamins for two days.
- Take all your other medications as prescribed.
- You may eat foods that contain calcium.
- If you have had a barium or contrast x-ray in the past 10 days, please contact our office to reschedule your bone density test.

DAY OF EXAM

- Please bring your insurance card, a photo ID and any written referral forms provided by your healthcare provider.
- Remove body piercings located below the neck if possible.
- Do not wear underwire bras or clothing with metal buttons, zippers, metallic paint or threads.

DIRECTIONS to Women's Medicine Collaborative

146 West River Street, Providence, RI 02904
2nd Floor ~ Suite 11C
Phone: 401-793-5700 Fax: 401-793-7408

Free patient parking is available in the South parking lot.

DRIVING DIRECTIONS

From Points North
Take 95 South to the Branch Ave. exit (exit 24). Turn right at end of ramp onto Branch Avenue. Turn left at first traffic light onto West River Street. Turn right to stay on West River Street. 146 West River Street is a three-story brick building on your right. The main parking lot is the 3rd entrance on your right - the South entrance.

From Points South
Take 95 North to the Branch Ave. exit (exit 24). Turn left onto Branch Avenue. Turn left at the first traffic light onto West River Street. Turn right to stay on West River Street. 146 West River Street is a three-story brick building on your right. The main parking lot is the 3rd entrance on your right - the South entrance.

From Route 146 South
Take 146 South to the Admiral Street exit. Turn LEFT onto Admiral Street. Turn right onto Charles Street. Take first left onto West River Street. 146 West River Street is a three-story brick building on your left. Enter the parking lot from the South entrance.

From Route 195 West
Merge onto 95 North. Take the Branch Ave. exit (exit 24). Turn LEFT at Branch Ave. Take the first left onto West River Street. Turn right to stay on West River St. 146 West River Street is a three-story brick building on your right. Enter the parking lot from the South entrance.

BUS ROUTES

Take either Bus # 51, 52, 53, 54, or 58 or 74 INBOUND to Charles Street.

Get off at the bus stop that is in front of the Providence Post Office (it is across the street from the "Subway" sandwich shop). Walk up from the bus stop to the corner of Charles and West River Street, take a right onto West River Street, and then walk straight down to our building - 146 West River Street is a three-story brick building on the left.

Contact RIPTA at 781-9400 or on line at www.ripta.com for additional information.