



# SCHEDULE 2008

## We can help.

Classes for families of children with asthma offered by CVS/pharmacy Draw A Breath

Ask questions, talk about your concerns, and learn from other parents in a relaxed setting.

**Call 444-8340**  
to register or learn more.

When: Tuesdays from 5:00 to 7:30 pm  
Registration begins at 4:45 p.m.  
(see reverse for schedule of dates)

Where: Hasbro Children's Hospital,  
Providence  
Room 151, 1<sup>st</sup> Floor  
(Free parking pass given at class)

Topics: Learn how to manage asthma:

- ✓ Asthma lungs & airways
- ✓ Medications
- ✓ Recognizing symptoms
- ✓ Controlling asthma triggers
- ✓ Using peak flow meters & spacers
- ✓ Communicating with doctors, nurses, school staff, and family

Refreshments are served during the class

Children receive peak flow meter and spacer

Classes taught by experienced asthma educators

Classes offered in English & Spanish.

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## 2008

January 8	July 8
January 12*	July 22
January 22	July 29
January 29	
	August 5
February 5	August 19
February 9*	August 23*
February 26	
	September 9
March 4	September 16
March 11	September 20*
March 15*	September 30
March 25	
	October 7
April 1	October 14
April 5*	October 18*
April 22	October 28
April 29	
	November 4
May 3*	November 11
May 13	November 15*
May 20	November 18
May 27	
	December 2
June 3	December 9
June 10	
June 17	

\*class on Saturday at 3pm

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