

#### Hasbro Children's Hospital

The Pediatric Division of Rhode Island Hospital  $A\ Lifespan\ Partner$ 

All for one.

cardiology • oncology • orthopedics • many more

Center for Pediatric Imaging and Sedation Hasbro Children's Hospital 593 Eddy Street, Providence, Rhode Island HasbroChildrensHospital.org



## SEDATION SERVICES



CENTER FOR PEDIATRIC IMAGING AND SEDATION



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#### WELCOME

Welcome to the Center for Pediatric Imaging and Sedation at Hasbro Children's Hospital. We offer a wide range of comprehensive sedation services specially tailored to the needs of children and their families.

At our center, your child will be cared for in a family-friendly environment by an expert medical team that includes physicians, registered nurses, nurse practitioners, and technologists. All members of our medical team are pediatric critical care experts. Our pediatric intensivists are on site at all times to oversee the sedation process, and our child life specialists help soothe anxious children. Our team of caregivers is dedicated to providing the highest caliber of care and serving the special needs of each child.

We are the only facility in the Rhode Island/ southeastern Massachusetts area to offer integrated imaging and sedation services for children. Since our center opened in 2001, we have helped thousands of infants, children and teens.

Patients at the center benefit from Rhode Island Hospital's and Hasbro Children's Hospital's first-rate clinical expertise, collaborative approach and state-of-the-art facilities and services. Hasbro Children's Hospital is the pediatric teaching and research facility for The Warren Alpert Medical School of Brown University.



# WHAT IS SEDATION, AND WHY IS IT NEEDED?

Children may need the medical procedures we provide for many different reasons. However, children are naturally active and usually cannot remain very still, especially for uncomfortable or long medical procedures. Also, many children fear hospital visits. Under sedation, children are free of anxiety, pain and discomfort.

# Many Procedures, Only One Visit

Sedation is very helpful if your child needs to have many different medical procedures or tests because all or most of them can be performed during one visit to our center. Fewer visits means less stress and discomfort for your child than multiple appointments. Also, your child will have fewer absences from school, fewer separations from family and normal routines, and fewer days of eating and/or drinking restrictions.

Our medical team excels at working with each child's doctor and collaborating with other departments at Hasbro Children's Hospital to arrange the multiple tests under one sedation. Your child will be continuously monitored during the entire sedation and while all tests are performed. Whenever possible you can stay with your child during the tests.

#### OUR SERVICES

Our skilled medical team can perform many different types of procedures, as requested by your child's doctor. While a child is sedated, we can perform services such as MRIs, CT ("CAT") scans, x-rays, VCUGs, bone marrow aspirations or lumbar punctures. We can also perform dental procedures, dressing changes, cancer treatments, or other services that are needed.



#### Before Your Visit

It is important to limit food and/or liquids before tests to help ensure accurate results and to make your child more comfortable. Please follow these guidelines unless your doctor gives you other instructions.

#### Your child MAY NOT have:

 Food or formula of any kind for 6 hours before your arrival time.

#### Your child MAY have:

- Breast milk until 4 hours before your arrival time.
- Clear liquids (clear juice or Jell-O or water) until 2 hours before arrival time.
- Routine medications, given with a small amount of water or clear liquids, until 2 hours before arrival time.

#### WHEN YOU ARRIVE

- Please arrive at the hospital one hour before your child's scheduled procedure, for registration and an interview with a nurse practitioner.
- The benefits and possible risks of your child's procedures will be explained to you, and you can ask any questions.
- We may start an IV on your child.
- Bring your insurance cards and referral forms.
- A parent or legal guardian must accompany all children under 18 and sign a consent form.

## DURING THE PROCEDURE(S)

• Parents or guardians may be able to stay with their child.

# After the Procedure(s)

- Your child will need to spend about an hour in the recovery room before going home.
- Your nurse will give you follow-up care instructions and let you know when to expect test results.

### How to FIND Us

The entrance to the Center for Pediatric Imaging and Sedation is located next to Hasbro Children's Hospital's Emergency Department entrance. Free valet parking is available for patients.

For directions, parking information, and information about Hasbro Children's Hospital, visit www.hasbrochildrenshospital.org. For more information about sedation services or to schedule an appointment, call our office at 401-444-6091. We look forward to caring for your child.

