

# Healthbeat

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Newport Hospital  
*Lifespan. Delivering health with care.®*

## Message from the President of Newport Hospital



As the weather gets cooler and the leaves change colors, our seaside community starts to get a little quieter. Quite the opposite is true at Newport Hospital

– with a fleet of high-tech medical equipment and several new providers, we are busier than ever and happy to see patients returning to our campus for their healthcare needs.

In this edition of Healthbeat, you can learn more about this impressive technology and how it's transforming the way we *Deliver health with care*, particularly in the medical imaging and inpatient rehabilitation areas. We have recently welcomed new providers across several specialties, including cancer care, psychiatry, neurosciences and spine services, cardiology, and physiatry, and we continue to actively recruit for a variety of positions throughout the hospital and our affiliated outpatient practices. With these talented new providers, we are able to expand access to essential healthcare programs for our patients and friends in Newport County.

This season also marks a special moment in time in our hospital's history. Newport Hospital was founded in 1873, and this summer we began a year of celebrations leading up to our 150th birthday next year. Newport Hospital has a culture steeped in history, hospitality, healing, health, and hope. As a community, we honor and celebrate this momentous occasion in the hospital's history, and together we will continue to move Newport Hospital forward for the next 150 years and beyond. You can learn more about these celebrations inside this newsletter and at [www.newporthospital.org/150years](http://www.newporthospital.org/150years).

I wish you all a safe, happy, and healthy fall as we ease into the holiday season. Remember to get your annual flu shot and stay up to date on other vaccinations to protect yourself throughout the winter. I hope to see many of you at our 150th celebration events in the community.

In health and partnership,

Crista F. Durand, MBA, FACHE  
President, Newport Hospital

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## Welcome New Providers in Newport County



**Stefanie Dias, APRN, CNP**, is a nurse practitioner with the Norman Prince Spine Institute at Newport Hospital. She completed a master of science degree in nursing from Salve Regina University in the family nurse practitioner program. Prior to joining the Norman Prince Spine Institute, she was a registered nurse in the intensive care unit at Newport Hospital. She is a member of the American Academy of Nurse Practitioners.



**Emily Hsu, MD**, is a board-certified breast oncologist with the Lifespan Cancer Institute. She received her medical degree from the St. George's University School of Medicine. She completed an internal medicine residency at the University of Massachusetts Medical School and a hematology/oncology fellowship at the University of Connecticut.

Dr. Hsu has published research on topics such as the role of proteins in mesenchymal stem cell differentiation, the importance of tissue diagnosis in cardiac lymphoma, and the impact of COVID-19 on patients with cancer. She is a member of the American Society of Clinical Oncology and the American Society of Hematology



**Eren O. Kuris, MD**, is a spine surgeon with the Lifespan Orthopedics Institute. He is also an assistant professor of orthopedics at The Warren Alpert Medical School of Brown University, and the director of spine trauma, tumor, and infection within the department of orthopedic surgery.

Dr. Kuris received his medical degree from Tulane University, New Orleans. He completed his orthopedic surgery residency at The Warren Alpert Medical School of

Brown University. He went on to complete a fellowship in orthopedic trauma also at the Alpert Medical School. Dr. Kuris completed a sub-specialty fellowship in spine from the University of Colorado School of Medicine.

Dr. Kuris is an active member of the Orthopaedic Trauma Association, North American Spine Society, American Orthopaedic Association Emerging Leaders, and American Academy of Orthopaedic Surgeons. He also serves on various committees for these organizations.

**Denise LaBelle, PhD**, is a neuropsychologist with Lifespan Physician Group. She sees inpatient rehabilitation patients at Newport Hospital's Vanderbilt Rehabilitation Center, as well as in the integrated behavioral health program at Lifespan Physician Group Primary Care, Newport.

Dr. LaBelle received her master's and doctorate degrees in clinical psychology from Temple University in Philadelphia. She completed a predoctoral internship in clinical neuropsychology at the Long Island Jewish Medical Center and completed a postdoctoral fellowship in neuropsychology at the Cleveland Clinic Lou Ruvo Center for Brain Health.

Dr. LaBelle previously worked as the director of neuropsychology services at the Las Vegas Neurology Center, as well as a visiting assistant professor at the University of Nevada, Las Vegas.



**Roberta Lui, MD**, is a board-certified physiatrist with Lifespan Physician Group Physical Medicine and Rehabilitation. Dr. Lui sees acute inpatient rehabilitation patients at Newport Hospital's Vanderbilt Rehabilitation Center. She has additional experience with post-stroke, traumatic brain injury, and post-polytrauma care.

Dr. Lui earned her medical degree at St. George's University, Grenada through a Legacy of Excellence Scholarship. She completed an internship at SUNY-Upstate Medical University and a residency at Montefiore Medical School, both in New York.

She holds certifications from Allergan in Botox injection for treatment of chronic migraines and severe musculoskeletal spasticity; from the International Society of Regenerative Medicine MSK Regenerative Medicine and Ultrasound Training; and from the American Institute of Balance certification in vestibular rehabilitation and concussion.

Dr. Lui is a member of the American Academy of Physical Medicine and Rehabilitation, the Association of Academic Physiatrists, and the International Society of Physical and Rehabilitation Medicine.



**Bethany Rallis, PhD**, is director of the Newport Hospital Adult Partial Hospital Program and a psychologist with Newport Psychiatry, a Lifespan Physician Group practice. She received her doctorate of philosophy in clinical psychology from George Mason University and her master of education in human development and psychology from the Harvard Graduate School of Education. She also completed a postdoctoral fellowship with a specialization in eating disorder treatment at Counseling and Psychological Services at Pennsylvania State University.

Her areas of research include suicide prevention training, collegiate mental health, and exercise intervention for adolescents suffering from depression. Dr. Rallis sits on the advisory board for the Center for Collegiate Mental Health. She is a member of the American Psychological Association, and the Association of Behavioral and Cognitive Therapies.



**Jyllian Rogers, MSN, PMHNP-BC**, is a psychiatric nurse practitioner with board certification from the American Nursing Credentialing Center and sees patients at Newport and The Miriam hospitals. Rogers earned a master's degree in nursing with a psychiatric mental health nurse practitioner concentration from the University of Rhode Island.

With experience in the field of psychiatry and behavioral health that includes inpatient, emergency services, and consultation liaison nursing, Rogers brings a versatile background with training in geriatrics, substance use disorders, and psychosomatic medicine. She has managed inpatient care for adult and geriatric patients with an array of psychiatric illnesses including depression, anxiety, bipolar disorder, schizophrenia, PTSD, substance abuse, dementia, delirium, and pain disorders.



**Jayne Shadlyn, MD**, is a licensed psychiatrist who provides adult psychiatric services at Newport Psychiatry, a Lifespan Physician Group practice. Dr. Shadlyn received her medical degree from the Medical School for International Health at Ben-Gurion University of the Negev in Be'er Sheva, Israel. She completed her residency in psychiatry at the University of Virginia, where she also completed a fellowship in geriatric psychiatry. She is an active member of the American Psychiatric Association.



**Aizhan Tuleubayeva, RN, FNP-C, MSN**, is a board-certified family nurse practitioner (AANP) with Lifespan Physician Group Primary Care, Newport. She earned her bachelor of science in nursing from Hunter College (City University of New York) and received her master of science degree in nursing from the University of Rhode Island.

She brings a wide diversity of experience to her practice, having worked as a registered nurse for 14 years at NYC Health, The Miriam, South County, and Newport hospitals in medical-surgical, telemetry, intermediate intensive care, pre-operative, and long-term care settings. She is fluent in English, Russian, and Kazakh.



**Verity Ramirez, MD**, is a cardiologist with the Lifespan Cardiovascular Institute. She completed her medical degree at the Oakland University William Beaumont School of Medicine in Rochester, MI, and her residency in internal medicine at the Maine Medical Center in Portland. She

completed a cardiology fellowship at the University of Connecticut.

Dr. Ramirez's research interests include infective endocarditis, hypertrophic cardiomyopathy, coronary artery dissection, and behavior modification and cardiovascular disease.

Her work has been featured in such publications as the Journal of the Maine Medical Center and the Encyclopedia of Cardiovascular Research and Medicine. She is a member of the American College of Cardiology, the American Medical Association, the American College of Physicians, and the American Medical Women's Association. Dr. Ramirez joins more than 45 consultative diagnostic cardiologists, cardiovascular surgeons, and other cardiovascular specialists providing the highest level of diagnostic, interventional, surgical, and rehabilitative cardiac care at the Lifespan Cardiovascular Institute.

## Newport Hospital Celebrates 150 Years



Founded and funded by philanthropy, Newport Hospital has delivered health with care to our community for generations. In 1873, the hospital was founded by community members as a small cottage hospital with 12 beds and has emerged as a leader in healthcare within the region. The community's support through the years has allowed Newport Hospital to remain at the forefront of providing the high-quality healthcare our community needs and deserves.

At the cusp of our sesquicentennial anniversary, we have much to celebrate. Over the next year, there will be a series of events to commemorate the hospital's rich history and thank the many individuals who have helped make the institution what it is today.

Visit [www.newporthospital.org/150years](http://www.newporthospital.org/150years) or scan the QR code below to learn more about this milestone anniversary.



## Advancements in Medical Imaging



This summer, the Portsmouth Imaging Center installed an open-sided MRI – the first of its kind used in the Lifespan system and the only open MRI in the greater Newport County area. We also installed a new 64-slice CT scanner in Portsmouth, which is the same technology that is used at Newport Hospital. This rounds out our suite of new medical imaging equipment on Aquidneck Island – five pieces in total between our Newport Hospital and Portsmouth Imaging Center locations. Last fall, we also installed three 3D tomosynthesis mammography units between the two locations.

Our open MRI is the Oasis 1.2T, the strongest high field open MRI scanner. It offers the patient comfort with its unique open gantry for a spacious feeling, an unobstructed view and access from all sides, and soothing ambient lighting. We have also added tranquil seasonal landscapes on the walls throughout the room, offering the patients a beautiful and relaxing view during their initial imaging experience.

“We are delighted to add this new technology to our diagnostic and interventional imaging procedures,” said Christopher Monteiro, director of imaging cardiology operations and radiology administration and support, Newport Hospital. “It offers greater comfort for the patient with its extra space, alleviating the feeling of claustrophobia,

which for some, can make these types of scans difficult. It delivers high performance, which is a priority, and its design allows for easier communication between patient, radiologists, and technologists.”

This open MRI is effective for a variety of procedures including orthopedic imaging, neurological imaging, vascular imaging, abdomen and pelvis imaging, and face and neck imaging.

We are grateful to our community for their generosity, which helped fund these enhancements. More than \$750,000 was raised in 2021 to help fund these five pieces of new equipment. Last year, Newport Hospital was also designated a Diagnostic Imaging Center of Excellence by the American College of Radiology, setting it apart from all other hospitals in the state.

Medical imaging is essential in early detection and treatment for a variety of diseases and conditions. It is through the expertise of our more than 80 medical imaging employees that we are able to *Deliver health with care* through our plethora of imaging services. Our combination of dedicated, compassionate staff and cutting-edge technology help us achieve better, faster outcomes for our patients.



## Updates from the Lifespan Community Health Institute

Newport Hospital always keeps the community at the heart of our planning and activities. Through listening to residents and collaborating with partners, we are able to tailor our community-based offerings to those we serve. We are pleased to share updates on how we are gathering and applying community input to deliver the supportive programming our neighbors need.

This spring, Newport Hospital hosted six community forums (in person and by Zoom) and received input through an online survey as part of our triennial Community Health Needs Assessment. In total, more than 80 community members and organizations from Aquidneck Island and the surrounding area shared and prioritized their health concerns and offered suggestions for how the hospital can help meet their needs. It was our honor to hear from all the people who contributed to this conversation. In the next edition of *Healthbeat*, we'll provide a complete review of what we learned and share action steps that the hospital will take to meet the needs of our community.

In the meantime, we know that the healthcare system can be challenging to navigate, even for experienced patients. Newport Hospital is proud to partner with community health workers on Aquidneck Island to bridge the gap between the hospital and community by helping patients navigate services related to bill payment and community free care. Joann Johnson, manager of patient financial services, stated, "The hospital and community health workers are now working together, notifying patients of resources that can be made available to them. With the community health workers collaborating with Newport Hospital's financial counselors, together they can seek out the best resources to meet the needs of our patients."



Through another community partnership, Newport Hospital continues to work on improving communication with residents who speak a language other than English. In the hospital, phone and video translation equipment is available to assist the staff in communicating in more than 30 languages. Extending to community settings, Conexion Latina Newport has become a valuable partner to host educational programs delivered by the hospital for the Spanish-speaking community. Safe Sitter and Food is Medicine are two examples of programs available in Spanish in partnership with Conexion Latina Newport.

Finally, Newport Hospital was excited to again sponsor the Newport Health Equity Zone's weekly farmer's market at Miantonomi Park after a two-year pandemic pause. With additional sponsorship from Aquidneck Community Table, WIC (R.I. Department of Health), and SNAP (R.I. Department of Human Services), the market brought eight weeks of fresh produce and nutrition education to residents of the north end of Newport.

It is clear that through community partnerships we can reach deeper into our service area to equip residents with the information and services they need, in a familiar setting and in a language they understand. Newport Hospital thanks all our community partners who help us serve the residents of Aquidneck Island!

# Varicose Veins: Causes, Symptoms and Treatment

By: Jason P. Vachon, MD, a vascular and interventional radiologist at Rhode Island Medical Imaging at Newport Hospital. He specializes in treating varicose veins and chronic venous problems



Varicose veins certainly can be a cosmetic issue, but they can also cause significant discomfort and affect quality of life. If you've noticed some new varicose veins recently, it's not too early to start thinking about next summer.

Varicose veins are generally the result of abnormal blood flow caused by faulty valves. The veins in the body bring blood from the tissues back to the heart and lungs to get oxygen. In diseased veins, however, blood can actually flow the wrong way. This is particularly true in the legs, where returning blood must fight gravity.

The result can be veins that become enlarged, painful, and unsightly. The most common symptoms are throbbing pain and itching around varicose veins. In addition, some patients may experience:

- leg swelling
- wounds that form typically at the level of the ankle and are slow to heal
- blood clots that form in varicose veins, which result in a painful inflammatory reaction (these are rarely life threatening and are different from those in deeper veins that could travel to the heart and lungs)

Women are more likely to develop varicose veins than men. This is particularly true for women who have had multiple children. Varicose veins can also develop and worsen as we age. Genetics, too, can play a role. If you have close family members with varicose veins, you are more likely to develop them yourself.

## Treatment options

Compression stockings—socks that compress the leg from the ankle upwards, assisting blood flow from the leg—can be very effective in helping to manage symptoms related to varicose veins. However, many patients find the stockings uncomfortable to wear.

Many websites promote a variety of home remedies for varicose veins, but there is not much research to back up most of those claims. While most of the home remedies are unlikely to be harmful, it is always best to discuss them with your doctor before trying them out.

While there is no way to prevent varicose veins from forming, being overweight has been suggested as a risk factor for varicose vein development. Maintaining a healthy diet and regular exercise can be helpful in managing your weight and may help in preventing them.

There are a variety of minimally invasive outpatient treatments to help treat varicose veins, including:

- thermal (laser or radiofrequency) ablation
- vein removal (phlebectomy)
- injection of agents to scar small veins to make them disappear (sclerotherapy)

These treatment options require incisions of less than a quarter inch. Patients are typically able to go home 30 minutes after their procedure and can resume most of their routine activities within 24 hours. However, patients should refrain from heavier exercise for two weeks after most procedures. Patients can expect some discomfort generally for one to two weeks afterwards. This is usually effectively managed with over-the-counter medications such as acetaminophen or ibuprofen.

In the unlikely event of an adverse reaction to any of the medications used during the procedures, being in a hospital setting guarantees that patients will have rapid access to any emergency medical care they may require.

If you have varicose veins, we can help. To make an appointment for varicose vein treatment, call 401-845-1350 or email [imaging@lifespanspan.org](mailto:imaging@lifespanspan.org).

## A Salute to Health

After a two-year hiatus, Newport Hospital's community came together on July 6 at Marble House to raise \$1 million in support of patient care and life-saving programs. Event co-chairs Holly M. Bannister, MD, Dory Hamilton Benson, Norey Dotterer Cullen, Kimberly Palmer, Isabelle Dana Ridall, Maura Smith and Mary van Pelt designed a beautiful evening to help support the hospital's mission: *Delivering health with care.*

It was truly a special night as the Newport Hospital community honored the life work of longtime friend and advocate, David Gordon. "There is no question that his support and commitment had a profound impact on patient care and helped keep Newport Hospital on the leading-edge of medicine while supporting Newport Hospital's vision for the future," remarked Carol Bazarsky, Newport Hospital Foundation Board of Trustees Chair.



*Crista Durand, Dee Gordon, Richard Gordon (brother of David Gordon).  
Photo credit Andrea Hansen*

Guests raised their paddles in support of the expansion of the Norman Prince Neurosciences Institute at Newport Hospital. The community's support allows Newport Hospital to enhance the Norman Prince Spine Institute, and ensure it is providing patients access to well-rounded care close to their homes. This investment will help us to purchase state-of-the-art spine surgery equipment, renovate our clinical space, and expand our care team. By growing the scope of minimally invasive spine surgeries and procedures, we can ensure that our patients will have access to the most innovative and accurate spine treatment.

Since 2008, the Summer Celebration has raised more than \$9 million for critical programs and equipment at Newport Hospital.

## Newport Hospital is Open for Visitors

Our hospital visitation policy has evolved over the last few years, and we are happy to once again welcome visitors to Newport Hospital. To stay up to date with the most recent changes, please visit [www.newporthospital.org](http://www.newporthospital.org) or scan this QR code with your smartphone.

Scan this QR code with your smartphone to visit our website.



Please use the main entrance at 20 Powel Avenue to access all areas of the hospital, with the exception of the emergency department. Walk-in patients should use the "Emergency" entrance next to the surface parking lot at 30 Powel Avenue. Patients coming into the ED may have one family member or escort stay with them during intake if necessary for their care. Any additional family members or escorts must remain in the waiting area.

Our visitor parking lot, directly across the street from the main entrance, is free. The efficient one-way traffic flow within the lot offers enhanced safety and streamlined travel. All visitors must be at least 18 years old. To ensure safety and security at the hospital, both the main and emergency department entrances use the EasyLobby screening management system. Upon entry, non-employees are required to show photo ID and wear a badge sticker with their name, hospital destination, and date/time of entry. Newport Hospital invested in this technology to stay up to date with the best standards in hospital security. The process is fast and easy.



## Vanderbilt Rehabilitation Center Adds State-of-the-Art Technology



Over the last year, the Vanderbilt Rehabilitation Center at Newport Hospital—Lifespan’s only inpatient rehabilitation program—has acquired a suite of cutting-edge technology to improve patient care and set the program apart in the region.

“In addition to our consistently high patient satisfaction scores and outstanding outcomes, our inpatient rehabilitation program at Vanderbilt now boasts the latest in cutting-edge rehab technology,” said Melissa Fournier, director of adult inpatient rehabilitation services. “From virtual reality to biofeedback, we have the newest treatments to help our patients get back to the activities they love.”

Here’s a summary of the new equipment:

**The Bioness Integrated Therapy System (BITS)** is an interactive touch screen therapy device designed to improve hand-eye coordination, reaction time, depth perception, and working memory in patients with a variety of neurological conditions. The smart reporting features let providers save a baseline and track progress using the system’s automated graphing capabilities. Reports can motivate and demonstrate patient progress to the patient, family members, referring providers, and payers.

**GaitBetter** is a virtual reality walking platform that uses a harness system and treadmill to simulate real-world obstacles and significantly improve dynamic balance, endurance, and cognitive functioning. Developed by neuroscientists, the platform has proven to be twice as effective as standard treadmill training.

**Synchrony** is a dedicated biofeedback system for treating dysphagia and swallowing disorders. By detecting electrical activity in certain muscles, Synchrony works to strengthen the throat and jaw and improve functional chewing, swallowing, and speech through interactive games.

**The REAL y-Series** is an advanced rehabilitation technology that uses virtual reality to offer therapeutic activities developed with extensive input from rehabilitation experts. REAL activities support full body rehabilitation with a focus on strengthening, range of motion, and postural control and address cognitive functions like visuospatial awareness and command-response.



Want to see this equipment in action? Scan the QR code to watch video demonstrations.



## Lend a Helping Paw

Our pet therapy animal volunteers are a special part of our care team. We now have three pet therapy dogs that visit our patients and staff members weekly to help bring a smile to their faces during their time at Newport Hospital.

If you and your furry friend are interested in joining the pet therapy team, please contact Pam McLaughlin at [pmclaughlin@lifespan.org](mailto:pmclaughlin@lifespan.org) or 401-845-1250.



*Celeste and Rocky*



*Willoughby and Jane*

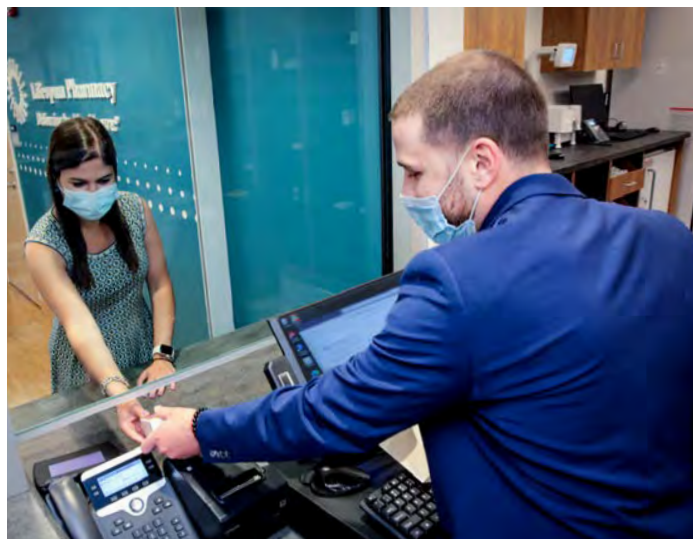


*Stella and Lynn*

## Lifespan Pharmacy at Newport Hospital

Lifespan Pharmacy is your one-stop shop for medication and consultation. We offer automatic courtesy refills, free home delivery, appointment or walk-in vaccinations for adults, easy-to-use pouch packaging options, and a safe medication disposal drop box.

Come see us at the main entrance of Newport Hospital, Monday through Friday between 8 a.m. and 4:30 p.m., call 401-845-1100, or visit [www.lifespanpharmacy.org](http://www.lifespanpharmacy.org).





## Keep in Touch with Newport Hospital

### VIRTUAL COMMUNITY LECTURE SERIES

Our goals are to keep our community healthy and provide timely education on the dynamic nature of the healthcare environment.

Visit [www.lifespan.org/newport-health-series](http://www.lifespan.org/newport-health-series) to learn about upcoming events in our educational series. We hope to see you soon!

### VIRTUAL SUPPORT GROUPS

#### Stroke Support Groups

- For Stroke Survivors:
  - Second Wednesday of every month
  - Virtually via Zoom video meeting or in person Rhode Island Hospital
  - 6 – 7:30 p.m.
- For Stroke Caregivers:
  - Third Wednesday of every month
  - Virtually via Zoom video meeting
  - 6 – 7 p.m.
- For more information: Nakeesha Brown, 401-444-8237, [nbrown1@lifespan.org](mailto:nbrown1@lifespan.org)

#### Breastfeeding Support Group

- Thursdays 12:30 – 2:30 p.m. at the Noreen Stonor Drexel Birthing Center at Newport Hospital,
- Once a month via Zoom video meeting (beginning January 2023, all support groups will be held in person)
- For more information: 401-845-1110

### WADK'S "HOUR OF HEALTH"

Tune in to WADK 1540 AM for the "Newport Hospital Hour of Health" program on the first Thursday of each month at 9 a.m. Host Bruce Newbury interviews Newport Hospital employees for a lively discussion on a variety of healthcare topics from local experts. Podcast recordings of the radio show are also posted online afterward at [www.wadk.com](http://www.wadk.com).

## Helpful Phone Numbers

#### Lifespan Cancer Institute

401-845-1646

#### Lifespan Cardiovascular Institute

401-845-1201

#### Lifespan Laboratory at Newport Hospital

401-845-1260

#### Lifespan Medical Imaging

401-444-7770

#### Lifespan Pharmacy at Newport Hospital

401-845-1100

#### Lifespan Urgent Care – Middletown

401-606-3110

#### Newport Hospital Partial Hospitalization Program

401-845-1910

#### Newport Neurology

401-845-3800

#### Newport Physical Medicine and Rehabilitation

401-845-1652

#### Newport Psychiatry

401-845-4340

#### Newport Women's Health

Newport and Portsmouth locations: 401-848-5556

#### Norman Prince Spine Institute

401-845-1190

#### Primary Care in Newport County: 401-606-4727 (401-606-4PCP)

Jamestown Family Practice: 401-423-2616

Lifespan Physician Group Primary Care, Newport: 401-606-4510

Lifespan Physician Group Primary Care, Tiverton: 401-624-1400

#### Total Joint Replacement at Newport Hospital

401-845-4330

#### Vanderbilt Rehabilitation Center

Outpatient Rehab: 401-845-1845

#### Vanderbilt Wound Care Center

401-845-3810

#### Newport Hospital Foundation

401-845-1536

#### Friend of the Foundation

401-845-4339





**Newport Hospital**  
*Lifespan. Delivering health with care.®*

**150** YEARS  
1873-2023  
NEWPORT HOSPITAL

Newport Hospital  
20 Powel Avenue  
Newport, RI 02840  
**401-846-6400**

## An Award-Winning Hospital Serving Newport County and Beyond

- Four-time designation as a Magnet hospital, the gold standard for nursing excellence
- Five Star rating for overall quality from the national Centers for Medicare and Medicaid Services in 2020
- Eight consecutive semi-annual 'A' Grades for patient safety (through spring 2021) and Top General Hospital award (in 2020) from the Leapfrog Group
- Baby-Friendly designation (since 2003) from the World Health Organization and UNICEF for excellence in support of breastfeeding mothers and infants
- Certification by the American College of Radiology as a Diagnostic Imaging Center of Excellence
- American Heart Association/American Stroke Association Get With The Guidelines Stroke Gold Plus Quality Achievement Award
- Certified Primary Stroke Center by The Joint Commission
- Target: Type 2 Diabetes Honor Roll Award from American Heart Association/American Stroke Association
- Commission on Accreditation of Rehabilitation Facilities (CARF) accredited programs for Inpatient Rehabilitation Program for Adults and Stroke Specialty Program for Adults
- Blue Cross Blue Shield Blue Distinction Center for exceptional cancer care in 2020

