

WEEKLY ZOOM GROUP MEETING SCHEDULE

Unless otherwise instructed, please arrive **one-hour** before the start of your group session to complete your medical visit, etc.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
MASTERS 9:00 AM	Your Choice/Your Weigh 9:00 AM	Full Fast/Modified Fast 10:00 AM		Full Fast/Modified Fast 8:00 AM
Camille Gregorian, LICSW	Norma Faraone, LCMHC	Maria Buckley, PhD		Ernestine Jennings, PhD
Full Fast/Modified Fast 10:00 AM	Full Fast/Modified Fast 10:00 AM	Full Fast/Modified Fast 1:30 PM	MASTERS 4:30 PM	Full Fast/Modified Fast 9:00 AM
Camille Gregorian, LICSW	Camille Gregorian, LICSW	Maria Buckley, PhD	Norma Faraone, LCMHC	Ernestine Jennings, PhD
Full Fast/Modified Fast 5:30 PM	Emotional Eating 5:30 PM	Your Choice/Your Weigh 5:00 PM	Full Fast/Modified Fast 5:30 PM	EMOTIONAL EATING 10:00 AM
Maria Buckley, PhD	Maria Buckley, PhD	Camille Gregorian, LICSW	Norma Faraone, LCMHC	Ernestine Jennings, PhD
Full Fast/Modified Fast 6:30 p.m.	MASTERS 6:00 PM	LEAN 5:30 PM	Full Fast/Modified Fast 6:30 PM	
Maria Buckley, PhD	Joanne DeCataldo	Norma Faraone, LCMHC	Norma Faraone, LCMHC	
	Full Fast/Modified Fast 6:30 PM	TEEN LIGHTEN-UP 6:00 PM		
	Maria Buckley, PhD	Ernestine Jennings, PhD		