

**Modified Contact/Droplet Isolation for Suspected or Confirmed COVID  
Summary of Infection Control Practices**

Activity	Procedures
Modified Contact/Droplet Isolation order	Place an order for Modified Contact/Droplet Isolation if indicated: <a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/COVID-19-Isolation-Practices-and-Testing-7-23-20.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/COVID-19-Isolation-Practices-and-Testing-7-23-20.pdf</a>
Communication and Patient Placement	Place patient in standard room and close the door if possible. Remove unnecessary supplies. If an aerosol generating procedure (AGP) is anticipated: Place in negative pressure room if available - refer to guidelines for AGPs: <a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/Aerosol-Generating-Procedure-Guidelines.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/Aerosol-Generating-Procedure-Guidelines.pdf</a> Place a Modified Contact/Droplet Isolation sign outside patient room and enter the order into LifeChart. If patient undergoing AGP, add the AGP sign and fill out the time section. Cohort patients utilizing the Lifespan Isolation Cohorting Tool: <a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/Lifespan-Isolation-Cohorting-Tool.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/Lifespan-Isolation-Cohorting-Tool.pdf</a>
Personal Protective Equipment (PPE)	Disposable or reusable yellow gown (ensure ties are not knotted), gloves, and surgical mask Eye protection (face shield or mask with eye shield) If AGP, especially for those at head of bed intubating, extubating, or performing CPR, use a <ol style="list-style-type: none"> <li>1. CAPR/PAPR or</li> <li>2. N95 respirator with eye protection</li> </ol>
Sitters and Constant Observation Personal	Sitters and constant observation personal who are stationed outside the room or in the doorway, must wear gown, gloves, surgical mask and eye protection when observing/caring for patients on modified contact/droplet isolation <ul style="list-style-type: none"> <li>• For patients who require sitter/observer to be <u>in the room</u>, staff will wear above PPE and an N95 respirator instead of surgical mask and they should be relieved or rotated out of assignment every 2 hours.</li> </ul>
Removal (Doffing) of PPE (request a “buddy” to assist if desired to minimize the potential for contamination)  (If warm zone, see warm zone don/doff instructions)	<ol style="list-style-type: none"> <li>1. Remove gown and gloves upon leaving the room</li> <li>2. Perform hand hygiene</li> <li>3. Exit room while wearing mask and eye protection</li> <li>4. Perform hand hygiene if touched door handle to exit room.</li> <li>5. Remove eye protection and mask, clean with a purple PDI wipe and place in a bag or follow conservation table: <a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/N95-Mask-and-Faceshield-Conservation-Table-8-4-20.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/N95-Mask-and-Faceshield-Conservation-Table-8-4-20.pdf</a></li> <li>6. Perform hand hygiene</li> <li>7. If PAPR/CAPR was used, follow affiliate doffing instruction sheet and appropriate cleaning procedure</li> </ol>
Hand Hygiene	All staff will perform hand hygiene before donning PPE and when doffing PPE as described above.
Patient Source Control	Patient should don a mask when anyone enters the room if possible per Source Control policy (exceptions listed): <a href="https://intranet.lifespan.org/sites/default/files/IC_Lifespan_MaskUseForSourceControl_082020.PDF">https://intranet.lifespan.org/sites/default/files/IC_Lifespan_MaskUseForSourceControl_082020.PDF</a>
Visitation	Mask will be required for all visitors, please refer to the Lifespan COVID -19 Visitation policy: <a href="https://intranet.lifespan.org/sites/default/files/Admin%20187%20Lifespan%20COVID-19%20Visitation%20Policy_07.14.20.pdf">https://intranet.lifespan.org/sites/default/files/Admin%20187%20Lifespan%20COVID-19%20Visitation%20Policy_07.14.20.pdf</a>

Dietary	Dietary staff will not enter room to conserve PPE. Disposable trays will be used.
Patient Transport	<p>Transport is limited to <u>essential services only</u>. Patient <u>must</u> wear a surgical mask during transport (see exceptions above). Drape or “mummy-wrap” the patient with a clean sheet. Elevator should be free of non-essential staff and visitors.</p> <p><u>For routine transfers:</u></p> <ul style="list-style-type: none"> <li>The transporter will wear a mask and eye protection while transporting the patient and will bring clean gloves.</li> </ul> <p><u>For urgent/emergent transfers</u> (i.e. patients requiring higher level of care)</p> <ul style="list-style-type: none"> <li>Staff caring for patient will remain in full PPE during transport to attend to the patient as needed. Staff will remove gown/gloves when leaving the patient room and don new gown/gloves for transport.</li> <li>An additional staff member will wear mask and eye protection only and will remain clean to push elevator buttons, open doors, etc.</li> </ul>
Diagnostic and other procedures being performed	<p>The patient must wear a mask during the entire procedure (see exceptions above). Door should remain closed during the procedure.</p> <p>The staff in the room will follow the PPE instructions as described above for donning and doffing.</p>
Specimen Collection	<p>When collecting a nasopharyngeal swab for COVID, the patient will wear a mask over their mouth in case they cough. This specimen can be collected by an RN who has been educated. (See video &amp; refer to COVID specimen collection procedure for correct technique)</p> <p>COVID specimens can be sent in pneumatic tube system. <b>Only 1 specimen per cannister.</b></p> <p>For units without pneumatic tube system, please contact transport for a STAT specimen pick up</p>
Environmental Cleaning, Disinfection, & Removal of Linen and Waste	<p>ESD personnel will clean the room using a hospital approved disinfectant for routine and terminal cleaning. If recent aerosol generating procedure sign present (<a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/Aerosol-Generating-Procedure-Sign-with-List-7-1-20.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/Aerosol-Generating-Procedure-Sign-with-List-7-1-20.pdf</a>):</p> <ul style="list-style-type: none"> <li>Maintain negative pressure/HEPA filter (air scrubber)/door closed and refer to the affiliate table recommendation following discharge or transfer.</li> <li>The room can be cleaned during the time listed on the table while wearing N95 mask and PPE as described above.</li> </ul> <p>Follow Standard Precautions when when handling and transporting soiled linen and waste.</p>
Contaminated Patient Care Equipment	Use a hospital approved product for COVID-19 (purple PDI wipes or other hospital approved COVID disinfectant). Wear gloves when handling contaminated equipment and perform hand hygiene after glove removal. Minimize equipment left in patient room such as cell phones or ASCOM phones.
Discontinuation of Isolation	<p>If a patient is tested for COVID 19 and the result is negative (NOT DETECTED):</p> <ol style="list-style-type: none"> <li>Refer to the Isolation and Testing document <a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/COVID-19-Isolation-Practices-and-Testing-7-23-20.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/COVID-19-Isolation-Practices-and-Testing-7-23-20.pdf</a></li> </ol> <p>If Modified Contact/Droplet Isolation is discontinued, order appropriate isolation, as needed, based on patient’s history and/or clinical presentation</p> <p>If patient tests positive for COVID -19, refer to Removal of Isolation Precautions COVID -19 Positive Patient document: <a href="https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/DECISION-MAKING-ALGORITHM-FOR-REMOVAL-OF-ISOLATION-PRECAUTIONS-COVID-19-POSITIVE-PATIENTS.pdf">https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/infectious-diseases/DECISION-MAKING-ALGORITHM-FOR-REMOVAL-OF-ISOLATION-PRECAUTIONS-COVID-19-POSITIVE-PATIENTS.pdf</a></p>
Post-Mortem Preparation	<ol style="list-style-type: none"> <li>Collect COVID-19 swab per Department of Health regulations if not previously collected and hand deliver to the lab</li> <li>When preparing to place the patient in a shroud, roll the patient and place a clean sheet under the patient and place the shroud over it. Roll the patient to the other side and pull the clean sheet through and then the shroud. Once patient is transferred to the morgue stretcher, wipe the outside of the shroud with a purple PDI wipe.</li> </ol>