

"e-Unstuck and On Target"

Does your child with an Autism Spectrum Disorder (ASD) diagnosis also struggle with executive function?

Join our online coaching program and learn effective strategies to improve your child's planning and organizational skills, emotional regulation, and cognitive flexibility!



WHO:

- Caregivers of school-age children (7-12 years old) with Autism Spectrum Disorder (ASD) and difficulty with executive function. Children must have the verbal ability of a 6-year-old or greater.

WHAT:

"e-Unstuck and On Target" is an evidence based online intervention program (Kenworthy, 2018) for caregivers of children with Autism Spectrum Disorder (ASD) and difficulty with executive function. Online learning modules teach caregivers how to support children's executive function and behavior regulation. Modules can be completed at each caregiver's own pace over 9 weeks. To promote skills learned in said modules, caregivers also participate in weekly online group coaching sessions with a psychologist for 30-minutes.

***NOTE:** Online group coaching sessions are only for caregivers. Children do not participate in said sessions. Caregivers must complete online questionnaires and attend all online group coaching sessions. Group participation is billed under caregiver insurance. Copayments may apply. Please contact your insurance company for further information.

WHEN:

Online coaching sessions will run from March 1, 2022 until May 3, 2022 via Zoom:
Mondays: 6:00-6:30 PM or Tuesdays: 1:00-1:30 PM

WHERE:

Bradley Hospital, *Verrecchia Clinic for Children with Autism & Developmental Disabilities*
1011 Veterans Memorial Parkway, East Providence, RI 02915

Questions? Ready to register?

Please contact the Outpatient Department (401.432.1119).
A phone intake interview will determine program eligibility.



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