



## HCH Surgical Services Pre-Op Information

- The day before your child's surgery, you will receive a phone call from your surgeon's office. For purposes of confirmation and privacy, we will need to speak directly to a parent/caregiver. If you do not receive a phone call by 3:00PM or will not be home to receive this call, please contact us directly at (401) 444 – 5657. Also, please inform us if you would like to have interpreter services arranged for the day of surgery.
- On the day of surgery, you will first need to report to the HCH Admitting Office. You may park your car in the Anderson parking garage, located directly across the street from Hasbro. Follow the signs for the Adult Emergency Department. As you enter Hasbro go through the revolving doors, turn right and enter the Hasbro Admitting Office – Ground Floor Room 61. You will then be directed to report to Surgical Services, Room 211, located on the second floor.

**Please note that due to the COVID-19 pandemic, we are restricting our visitor policy, for the safety of our patients, our staff, and our community.** Two adults may wait with your child before their surgery, and one adult may wait with them in recovery. One caregiver can accompany their child older than 10 months to the operating room, at the discretion of the anesthesia team.

- **Pre-Operative Eating and Drinking Instructions:**
  - Solid foods may be given up to **8 hours** before operating room arrival time. After this time, eating foods heavy in fat may result in the delay of surgery. Delays and potential cancellation will be at the discretion of the supervising anesthesiologist.
  - Light foods may be given up to **6 hours** before arrival time. This includes: formula and non-human milk, toast with light butter, 1 piece of fruit, plain or salted crackers, bagel with light cream cheese, 1 bowl of grain cereal with skim/low fat milk.
  - Breast milk may be given up to **4 hours** before arrival time.
  - Clear fluids may be given up until **2 hours** before arrival time. This includes: water, apple juice, ginger-ale, Pedialyte, Kool-Aid, clear broth and Jell-O or popsicles without fruit pieces.
- If your child is sick, has a rash on the surgical site or has been exposed to any communicable diseases, such as chicken pox, flu, tuberculosis, MRSA, VRE, lice, or hand, foot and mouth disease please notify us before reporting for surgery. Contact your surgeon's office if you or your child have been exposed to COVID-19.
- **It is important to notify us before the day of surgery if your child has to be isolated in a room by him/her/themselves during a visit to the hospital.** This information will allow us to provide the best possible care plan for your child.
- If you have any questions or concerns, please contact the main operating room at 401-444-5657.
- We look forward to caring for your child. ***At this time, please note that policies mentioned here could be subject to change.***