

*Tantrums?  
Bedtime hassles?  
Child not listening?*



## Parenting Groups Available

*Join other parents with children ages 6 to 8 to:*

- Help children be successful in school and well-behaved at home
- Solve problems like meltdowns, fighting, or noncompliance
- Feel more confident and less stressed as a parent
- Get social support from other parents
- Learn the Incredible Years® proven approach

*Virtual groups run Thursdays, 12–1:30 p.m.*

**Register by calling Bradley Hospital  
Outpatient Department at 432-1119**

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