



Adult Gender and Sexuality Behavioral Health Program at Lifespan

A Safe, Affirming, and Respectful Environment

Our goal is to provide care in a safe, affirming and respectful environment that welcomes gender and sexuality exploration across the spectrum. We are a team of clinical social workers and psychiatrists with backgrounds in creating patient-centered therapeutic spaces informed by anti-oppression, sex positivity, and social justice.

Our services

We provide care to anyone over 18 years of age, and their family members, seeking to explore issues associated with gender and/or sexuality, or anyone seeking behavioral healthcare in a sex positive and queer affirming environment.

Clinical

- Individual and relationship counseling for adults
- Psychological and psychiatric evaluation and treatment for individuals experiencing comorbid depression, anxiety, and other mental health concerns
- Care for new patients seeking to work with a gender specialist, access gender affirming care, or find support while exploring the social, medical and/or legal aspects that can impact individual experiences of transition
- Support with referrals to Lifespan and community providers to access appropriate medications including feminizing and masculinizing hormones
- Sex therapy, including sexual function, communication, and accessing pleasure
- Consultation, psychoeducation, and therapeutic support for parents, spouses, and family members of gender or sexuality diverse people
- A comprehensive mental health assessment for anyone seeking gender-affirming surgery, along with letters of support
- Therapeutic support for queer family building, including assessments for artificial reproductive technologies

Training services

Our team of professionals will provide culturally competent gender and sexuality training services for clinical sites and departments. Our professional development workshops can help to build a foundation for a welcoming and inclusive space for the LGBTQIA+ communities.

Contact Us

We are accepting new patients. To schedule an appointment or for more information, please call (401) 606-0606 and request to speak with the Gender and Sexuality program. To reach us by email, contact kkeenan@lifespan.org or lori.iannitti@lifespan.org.

