



Clinical Pathway Cardiac: Chest Pain, Syncope, Arrhythmia/Palpitations

Health Care Provider Suggested Tasks/Guidelines		
Evaluation for Chest Pain	<ul style="list-style-type: none"> • Send Cardiologist: <ul style="list-style-type: none"> ○ PCP's Progress Note with Primary Reason for Referral (include Physical Exam, Evaluation & History, and any Symptoms relevant to referral) ○ EKG ○ Stress Test Results- PCP to schedule Stress Test prior to referral; Results of Stress Test obtained by Primary Care Provider should be available to Cardiology at time of Cardiology visit. ○ Bloodwork: CBC, BMP, Lipid Profile 	
Evaluation for Syncope	<ul style="list-style-type: none"> • Send Cardiologist <ul style="list-style-type: none"> ○ PCP's Progress Note with Primary Reason for Referral (include Physical Exam, Evaluation & History, Orthostatic Vital Signs, and list any additional symptoms relevant to referral) ○ Bloodwork: CBC and BMP ○ Transthoracic Echocardiogram (PCP to order prior to referral) ○ Zio Patch/Holter Monitor Results (PCP to schedule monitoring prior to referral) 	
Evaluation for Arrhythmia/Palpitations	<ul style="list-style-type: none"> • Send Cardiologist <ul style="list-style-type: none"> ○ PCP's Progress Note with Primary Reason for Referral (include Physical Exam, Evaluation & History and list any additional symptoms relevant to referral) ○ EKG ○ Echocardiogram (PCP to obtain prior to referral) ○ Zio Patch/Holter Monitor Results (PCP to schedule monitoring prior to referral) ○ Blood work: CBC, BMP, and TSH 	

Care Team Suggested Tasks/Guidelines (working with providers)

Referral Options	<ul style="list-style-type: none"> • Weight Management Programs • Smoking Cessation/Tobacco Counseling • HouseCall Programs (if indicated) • Remote Patient Monitoring Programs (if available) • Home Care • Home Draws (as needed) • Social Work • Nutritionist/ Meals on Wheels • Cardiac Rehab • Mental Health Assessment (i.e., Mindfulness Stress Reduction) 	
Nutrition	<ul style="list-style-type: none"> • Cardiac/Heart Healthy Diet (i.e., Low- Sodium) • Mediterranean Diet • My Heart Health Plan 	
Nursing/Care Management	<ul style="list-style-type: none"> • Education tailored to patient’s needs. • Care Plan (Goals, Tasks) • Coordinate appointments and testing • Following up on diet, nutrition, medications, and appointments • Transportation (MTM) 	
Pharmacy	<ul style="list-style-type: none"> • Education on Medications (including OTC medications) • Review adherence techniques/importance of adherence • Pill-packing (Lifespan pharmacy offers for free; WhiteCross pharmacy) • Review ways to assist with adherence without having to utilize a pill packing pharmacy (i.e., using a weekly pill organizer) • Check for patient assistance through manufacturer if any is offered 	
Care Transitions/ Transitions of Care	<ul style="list-style-type: none"> • Visit with ACO/SOC Patients at the Bedside: <ul style="list-style-type: none"> ○ Provide education to patient and families; Resources about Heart Health ○ Provide scales to patients who need them ○ Collaborate with Inpatient Case Management, TOC Pharmacy, and Social Work as needed/Communicate with PCP NCMs and Care Team 	