

## Mediterranean Pasta Salad

2 tablespoons      Extra virgin olive oil  
1 tablespoon      Wine vinegar

3 oz dry weight    Cooked whole wheat pasta  
1 cup                Chopped red and green peppers  
½ cup                Chopped celery  
¼ cup                Chopped red onion  
Optional: black olives

1. Mix together cooked pasta and chopped vegetables.
2. Toss with a salad dressing made with extra virgin olive oil and vinegar. Add shredded fresh basil or mint, if desired.

Calories	600
Vegetables	3.5
Starch	3