SCALDBURNS are the leading cause of burn-related hospitalizations in young children.

Prevent scalds in the KITCHEN by turning pot handles towards the back of the stove and keeping hot food and liquids out of reach of children.

Prevent scalds in the BATHROOM by setting your water heater to 120°F and always test the water temperature before bathing your child.

1/3 of home CANDLE FIRES START IN A BEDROOM. Extinguish candles before leaving the room or falling asleep or use battery operated candles for a safer alternative.

COOKING CAUSES THE MOST HOME FIRES AND HOME FIRE INJURIES.

Keep a 3 FOOT KID FREE ZONE around all hot objects including stoves, space heaters, fireplaces, candles and more.

For more information on how you can keep your family safe visit www.4-Safety.org or TEXT '4SAFETY' to 22828.
Home Fire and Burn Safety Tips

Tips to Prevent a Kitchen Fire

Stay near your pan
Don’t leave the kitchen while cooking. Be sure to turn off all hot appliances before leaving the room.

Pay attention while you cook
Watch for smoke and keep the heat down to prevent grease from bubbling or a pan from catching fire.

Be prepared in case of a fire
Have a lid or baking sheet nearby to cover a pan that catches to extinguish the fire.
Have an appropriate kitchen fire extinguisher.
Know the different ways to put out different cooking fires.

Keep your pan handles pointed towards the back of the stove
Keeping handles out of reach can prevent the pan from spilling or being knocked over-both of which could cause a burn.

Preventing Scalds

Keep hot liquids, hot food, and tablecloths out of reach of small children
Curious children may pull a cup full of hot liquid off a table, or tug at a tablecloth that has a hot food or liquid on it, and scald themselves.

Test the water before bathing children and always supervise children while they bathe

Never hold hot liquids or foods or cook while you are holding a child

Be careful with microwaveable foods.
Make sure that packages are secure and the food has cooled before picking up.
Microwaveable foods - especially those with noodles - can cause scald burns if spilled.

Fire Safety Tips

Have an escape plan in case of a fire and practice it with your family

Keep flammable items away from heat sources

Unplug space heaters, blow out candles, and turn off hot appliances when leaving a room

Do not over plug an outlet

Stay safe by placing non-flammable barriers around fireplaces, ovens, furnaces, and other hot items

Teach kids not to play with, or around - matches, lighters, or other hot objects

Carbon Monoxide Safety Tips

Do not use a grill inside or too close to an open window
Do not run a car in a garage
Do not use a stove or oven to heat your home
Have all ventilation systems for your home and appliances checked by a professional to ensure that they are working properly.