

Dangers of Distracted Driving



Distracted driving caused 3,154 deaths and 424,000 injuries in 2013.

Distracted Driving is any activity that diverts a person's attention from the primary task of driving.

Distraction Types



Visual



When your eyes aren't on the road

Cognitive



When your mind isn't focused on driving

Texting involves all three distractions!

Put the rest aside, and just drive.





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