

let's talk about



BULLYING

What is bullying?

Bullying is any repeated mocking, mean or hurtful comments or actions, or a situation in which one child has more negative power over another. It can be carried out anonymously online by posting harmful things or at school or during sports.



Types of bullying

Physical bullying
Verbal bullying
Social bullying
Cyberbullying



Think your child is being bullied? Here are some warning signs:

- Unexplained injuries
- Lost or destroyed items (clothing, books, etc)
- Frequently faking sick
- Changes in normal routine (eating habits, sleep, etc)
- Worsening academic performance
- Sudden loss of friends or want to avoid social situations
- Self-destructive behaviors
- Feelings of helplessness or decreased self-esteem



in **RHODE ISLAND** over
18% of high school students &
40% of middle school students
**HAVE BEEN BULLIED
ON SCHOOL PROPERTY**



STOP Bullying

Talk to your child about the dangers of bullying and how to stop it.



Text '4SAFETY' to 22828

for more information

