Happy 4th of July from 4-Safety!

Stay safe in the sun! Apply sunscreen regularly, wear protective gear like sunglasses and hats, and drink plenty of water!

Did you know? The 4th of July is the 3rd biggest holiday for pediatric injuries in the United States.

The 4th is the most dangerous day of the year for drivers. Be extra careful on the roads!

Swim with a buddy & always have an adult within 10 feet of any kids in the water!

Maintain your grill & check for any gas leaks before use. Cook meat to safe temperatures!

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Fireworks are fun, but they're also dangerous. Keep your family safe this holiday and leave fireworks to the professionals.

More U.S. fires are reported on the 4th of July than any other day. 2 out of 5 are caused by fireworks.

You can use glow sticks, light-colored clothing, or flashlights for better visibility at night.

Did you know? Sparklers can get as hot as 1,200 degrees & can burn hands, arms, & faces. Use a safer alternative - like glow sticks, instead.

Half of all car crashes on the 4th involve drunk drivers. Don't drink and drive, and be aware of drivers around you!

Be Safe on the 4th...Day & Night!

Stay safe with 4-Safety! www.4-Safety.org @4SafetyVan 4-Safety