**Water Safety**

**Did you know?**
Drowning kills more children aged 1-4 than anything else except birth defects. Drowning is also the second leading cause of unintentional injury death among children aged 1-14. (CDC)

Drowning and other water related injuries are preventable. What will you do to keep your loved ones safe this summer?

**Be Prepared**
- Learn CPR
- Take swim lessons
- Always swim with a buddy
- Put on a life jacket and make a touchdown to ensure a snug fit

**Supervision is Key**
- Always designate someone to supervise children playing in the water
- Take shifts supervising
- Avoid reading and using electronics to prevent distractions
- Children should always swim near a lifeguard

Stay Safe With 4-Safety!

@4SafetyVan  www.4-Safety.org  4Safety
Have a fence at least 4 ft tall on all four sides of your pool.

Install pool alarms to go off if someone falls in the water.

With inflatable pools, always empty water after use.

---

**Alert**

Children are more likely to drown in a family or friend's pool

**Pool Safety**

- Have a fence at least 4 ft tall on all four sides of your pool.
- Install pool alarms to go off if someone falls in the water.
- With inflatable pools, always empty water after use.

**Did you know?**

- Boat drivers can receive a DUI. Stay safe and don't drink while on board.
- Drinking as a passenger can be dangerous as well and could lead to injury or drowning.
- Don't forget! Always ask where life jackets are located before boarding.

---

**CPR Courses**

- Lifespan Community Training Center at Lifespan Hospitals
  www.Lifespan.org
- Red Cross
  www.RedCross.org/take-a-class
- American Heart Association
  www.Heart.org

**Swim Lessons**

- YMCA
  Check your local YMCA.
- University of Rhode Island
  www.uri.edu/campusrec/aquaticprograms/aquatichours/
- Local Recreation Clubs
  Look for classes in your area.

---

**Learn More!**

- CPR Courses
- Swim Lessons
- Lifespan Community Training Center at Lifespan Hospitals
  www.Lifespan.org
- Red Cross
  www.RedCross.org/take-a-class
- American Heart Association
  www.Heart.org
- YMCA
  Check your local YMCA.
- University of Rhode Island
  www.uri.edu/campusrec/aquaticprograms/aquatichours/
- Local Recreation Clubs
  Look for classes in your area.