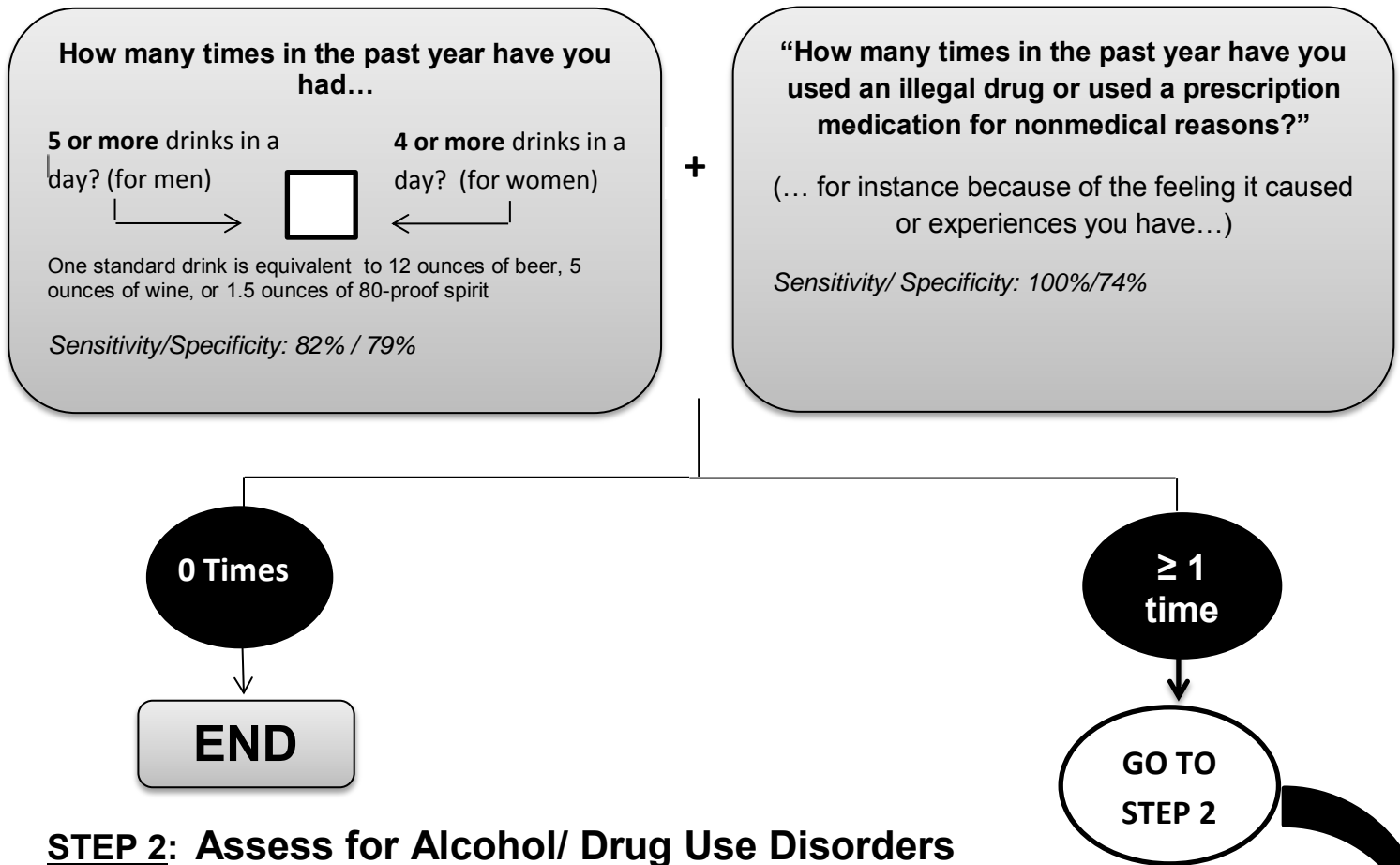
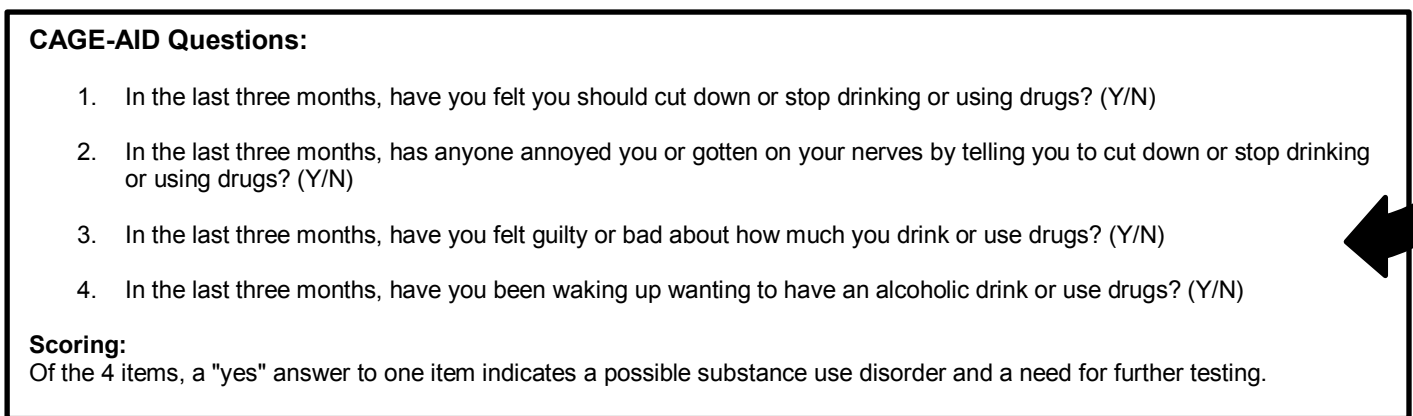


Adult Screening for Alcohol and Drug Use

STEP 1: Ask About Alcohol and Drug Use



STEP 2: Assess for Alcohol/ Drug Use Disorders



The CRAFFT Adolescent Screening Interview

Begin: “I’m going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential.”

Part A

During the PAST 12 MONTHS, did you: **No** **Yes**

- | | | |
|--|--------------------------|--------------------------|
| 1. Drink any <u>alcohol</u> (more than a few sips)?
(Do not count sips of alcohol taken during family or religious events.) | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Smoke any <u>marijuana</u> or <u>hashish</u> ? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Use <u>anything else</u> to get high?
("anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff") | <input type="checkbox"/> | <input type="checkbox"/> |

For clinic use only: Did the patient answer “yes” to any questions in Part A?

No



Ask CAR question only, then stop

Yes



Ask all 6 CRAFFT questions

Part B

- | | No | Yes |
|---|--------------------------|--------------------------|
| 1. Have you ever ridden in a CAR driven by someone (including yourself) who was “high” or had been using alcohol or drugs? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you ever use alcohol or drugs to RELAX , feel better about yourself, or fit in? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you ever use alcohol or drugs while you are by yourself, or ALONE ? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Do you ever FORGET things you did while using alcohol or drugs? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever gotten into TROUBLE while you were using alcohol or drug | <input type="checkbox"/> | <input type="checkbox"/> |

CRAFFT Scoring:

Part A: If no substance use is reported, praise patient for choosing not to use alcohol or drugs. Any report of substance use requires additional assessment and counseling (brief intervention) from social work.

Part B: Each “yes” response in Part B scores 1 point. If “yes” the CAR question, a brief intervention is necessary.

A total score of 2 or higher is a positive screen, indicating the patient is at high risk for drug/alcohol-use problems. Additional assessment and counseling (ie brief intervention) from social work are necessary.

Outpatient Referral Resources

Referral for Treatment Resources:

Resources may include—

- Counseling and other psychosocial rehabilitation services
- Medications
- Involvement with self-help (AA, NA, Al-Anon)
- Complementary wellness (diet, exercise, meditation)
- Combinations of the above

For Adults in Epic Discharge Instructions: Reference/Attachment

Addiction and Substance Abuse Treatment Resources

For Adolescents in Epic Discharge Instructions: Reference/Attachment

Drug/Alcohol Abuse Referrals for Adolescents

Other useful Epic Discharge Instructions:

If screen positive for risky alcohol but not needing referral, can add in EPIC Discharge Instructions:
Reference/Attachment

Alcohol, Frequently Asked Questions

If screens positive for opioid use, can consider co prescribing Naloxone and providing EPIC
Discharge Instructions: Reference/Attachment

Naloxone IM Admin Instructions

Naloxone Intranasal Admin Instructions

Brief Intervention Mnemonics

Core MI:

1. OARS- (Open-ended questions, Affirmations, Reflections, Summaries)

Open- ended questions:

- Enables the patient to convey more information
- Encourages engagement

Affirmations:

- Compliments or statements of appreciation and understanding
 - Praise positive behaviors
 - Support the person as they describe difficult situations

Reflections:

- Involves listening and understanding the meaning of what the patient says
- Accurate empathy is a predictor of behavior change

Summaries:

- Periodically summarize what has occurred in the counseling session.
- Summary usages:
 - Begin a session
 - End a session
 - Transition

2. FRAMES - (Feedback, Responsibility, Advice, Menus, Emphatic, Self-efficacy)

Feedback:

- Ask permission to give information.
- Discuss screening findings.
- Link substance use behaviors to any known consequences.

Responsibility:

- Once you have given the feedback, let the patient decide where to go with it.

Advice:

- Ask the patient if they are open to hearing your recommendations
- Offer advice from your professional perspective
- Elicit the patient's response

Menu of Alternative Change Options:

- You can consider these ideas:
 - Manage your drinking (cut down to low risk limits)
 - Never drink and drive (Reduce Harm)
 - Eliminate your drinking (Quit)
 - Seek help (Referral to treatment)

Empathy:

- A consistent component of effective BI's is a warm, reflective, empathic and understanding approach by the person delivery intervention.
- Use of a warm, empathetic style is a significant factor in the patient's response to the intervention and leads to reduced substance use at follow up

Self- Efficacy:

- Use techniques designed to motivate and support change
- Focuses on solutions not problems

This online resource is available for training in motivational interviewing:

→ <http://www.drugabuse.gov/blending-initiative/cme-ce-simulation>