Emergency Resource Guide

Your Community Guide to Access

The resources and documents within this guide are composed of various organizations and resources by State, community and faith based agencies dedicated to the Rhode Island community. This is not endorsed by Lifespan Health systems. Compiled by Julie A. Rawlings, Minority Outreach Specialist, Lifespan Community Health Institute.
EMERGENCY RESOURCES

National Grid

Electric Shut-off

1-800-465-1212 if you have been shut-off and need electric turned on immediately. **Your electricity will only be turned on three times in case of emergency.** After that you need a doctor’s note stating if there is a health need as to why your electric needs to stay on. You need to register with National Grid and/or the Rhode Department of Health for the forms needed to state there is medical situation.(medical equipment, newborn etc…)

Please click here National Grid Medical Form

1-800-3223 customer service (pay bill, set up plan)

Consumer Advocate Name & Number:
For assistance in a shut-off please contact:
Roxanne M Sousa
Senior Advocate
National Grid Consumer Advocacy & Low Income RI
401-784-7158 Business
315-460-8453 Fax
roxanne.sousa@nationalgrid.com
ConsumerAdvocateNE@nationalgrid.com

Or the Health department Emergency preparedness to fill out this form:
RIDOH Special Needs

George Wiley Center
Fights to stop utility shut-offs. If you receive a termination notice or are currently shut off, call us (401-728-5555) to find practical support, how to exercise your rights as a utility customer, and ways to prevent shut-off. Website [http://www.georgewileycenter.org](http://www.georgewileycenter.org)
Gas

Gas leak and gas emergencies
1-800-640-1595
We’re here 24 hours a day, every day of the year.

Customer support:
1-800-322-3223

Hearing/speech-impaired customers:
1-800-870-1664 ext.711

Oil and other Heating Assistance Programs

- **JOE-4-OIL**
  The Citizens Energy Oil Heat Program works to provide struggling families with financial assistance.
  **Contact Information:** Call 1-877-JOE-4-OIL (1-877-563-4645)

- **Good Neighbor Energy Fund**
  The Good Neighbor Energy Fund is a cooperative effort between Rhode Island's gas, electric and oil companies and the United Way of Rhode Island. The effort helps people in financial crisis to pay their energy bills after they have failed to qualify or have been turned away from other federal and state energy assistance programs. Please call for assistance or visit website at

- **Keep the Heat On**
  The Archdiocese of Providence sponsors the "Keep the Heat On" Challenge, which helps heat the homes of those who have exhausted all other public and private resources and with no place left to turn for assistance with their heating bills.
  **Contact Information:** Call 401-421-7833 x. 207
  [http://www.heatri.com/contact/](http://www.heatri.com/contact/)

- **Roman Catholic Diocese of Providence**
  Office of Catholic Charities & Social Ministry
  Keep the Heat On
  One Cathedral Square
  Providence, RI 02903
401/421-7833
KTHO@dioceseofprovidence.org

You may also contact a satellite office for heating assistance:

- **PROVIDENCE & NEWPORT COUNTY**
  Cities: Barrington, Bristol, Cranston, East Providence, Foster, Johnston, North Providence, Providence, Scituate, Warren, Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton:
  401/421-7833
  Monday – Friday; 8:30AM – 4:30PM

- **WASHINGTON COUNTY**
  Cities: Charlestown, Exeter, Hopkinton, Narragansett, North Kingstown, Richmond, South Kingstown, Westerly
  401/783-3149
  Tuesday & Wednesday, 9AM – 3PM
  Thursday 9AM-2PM

- **KENT COUNTY**
  Cities: Coventry, East Greenwich, Warwick, West Greenwich, West Warwick
  401-823-6211
  Monday & Wednesday 9AM-4PM Saturday, 9:00AM – 12:00PM Food distribution (all are welcome)

- **WOONSOCKET**
  Cities: Woonsocket, Burrillville, Glocester, North Smithfield, Smithfield
  401/762-2849
  Mondays & Wednesdays 9AM-4PM

- **PROJECT HOPE, PAWTUCKET**
  Cities: Central Falls, Pawtucket, Lincoln, Cumberland
  401/728-0515
  Monday – Friday, 8:30AM -4:30PM
  *All application interviews by appointment only. Please contact the office by phone to schedule an appointment.*
State of Rhode Island Energy Resources

Community Action Programs near you that offer heating assistance

LIHEAP
LIHEAP (Low Income Home Energy Assistance Program) is a vital resource for many in Rhode Island, offering monetary assistance for heating expenses in the winter. For information on how to sign up for a LIHEAP grant, call or visit your local CAP (Community Action Program) agency, or visit the LIHEAP web page for contact information for your local CAP near you.

Other Shopping Options
Even if you are not eligible for assistance programs, you may be able to reduce your heating costs or spread them out over the year.

- Oil Co-op
  Oil co-ops like People's Power and Light often save their members money on their oil.
- Budget Payment Plan
  - https://www1.nationalgridus.com/BudgetPlan
  - Pascoag Utility District.

Legal Resources and Assistance

Download Legal Resources Guide
Rhode Island Center for Justice
Roger Williams University School of Law: Legal Clinics
   Homeless Legal Clinic
   Open Doors
Rhode Island Office of Mental Health and much more...
HOUSING ASSISTANCE
Updated February 29, 2016
For updates please visit:
www.rhodeislandhousing.org

Rhode Island Housing Rental Guide

RI Rental Resource Guide English
RI Rental Resource Guide Spanish

Rhode Island Coalition for the Homeless

RI Shelter Guide 2015
For updates please visit:
www.rihomeless.org

RESOURCE GUIDES

Tri-Town Community Action Agency Resource Book

Economic Progress Institute Family Assistance

Resources for Seniors

Food and other Basic Necessity Resources
Updated January 2016
For updates please visit
www.rifoodbank.org
**Barrington**
Tapin
281 County Road
Barrington, RI 02806
Phone (401)247-1444
Service: Pantry
Hours / Comments: M-F 9am-12pm. East Bay area only. Located below library.

**Bristol**
East Bay Food Pantry
150 Franklin Street
Phone (401) 396-9490
Wed. 10am-5pm & produce only Friday 10am-3pm (Wood Street Entrance). Handicap Accessible

**Burrillville**
SVDP Our Lady of Good Help
1063 Victory Highway
Burrillville, RI 02839
Phone Number: (401)762-1834
Service: Pantry
Hours / Comments: 2nd & 4th Tue of month; 10-11am seniors & 6-7 everyone else in service area.

**Carolina**
New Hope Pantry
80 Richmond Townhouse Road
Carolina, RI 02812
Phone Number: (401)539-4673
Services Chariho area
Hours/Comments: Open Mondays 9:30am-11:00am & Fridays 6:30pm-8:00pm. Handicap Accessible

**Central Falls**
St. George Episcopal Pantry
12 Clinton Street
Central Falls, RI 02863
Phone Number: (401)722-9449
Service: Pantry
Hours / Comments: Open on Fridays from 9:00am-12:00pm.

Central Falls Food Pantry at Progreso Latino
626 Broad Street
Central Falls, RI 02863
Phone Number: (401)728-5920
Service: Pantry
Hours / Comments: M, W, F 1:30-4:30. Please call to make an appointment. Central Falls residents; Handicapped Accessible.

**Charlestown**
RI Center Assisting Those in Need
805 Alton Carolina Road
Charlestown, RI 02813
Phone Number: (401)364-9412
Service: Pantry
Hours/Comments: Open Wednesdays 9:30-11:30am & 6:30pm-7:30pm, Thursdays 9:30am-11:30am and Fridays 2:00pm-3:00pm. Open for emergencies during office hours. Office hours are Mondays-Fridays 9:30am-3:30pm. Handicap Accessible

**Chepachet**
Chepachet Union Church
1138 Putnam Pike
Chepachet, RI 02814
Phone Number: (401)568-2518
Service: Pantry
Hours/Comments: Open from 10:00am-12:00pm on every 1\textsuperscript{st} and 3\textsuperscript{rd} Saturday of each month. Handicap Accessible. Door is on the right side of the building

**Coventry**
Coventry Friends of Human Services
191 MacArthur Boulevard
Coventry, RI 02816
Phone Number: (401)822-9199
Service: Pantry
Hours/Comments: Open on Tuesdays from 1:00pm-4:00pm, Wednesdays from 9:00am-12:00pm, and Thursdays from 12:00pm-4:00pm. Coventry only. Please call for appointment; Handicap Accessible

Cranston
Edgewood Pawtuxet Food Closet: Transfiguration Church
1665 Broad Street
Cranston, RI 02905
Phone Number: (401)461-3146
Service: Pantry
Hours / Comments: Open Tuesdays, Fridays 9:00am-10:45 am, Wednesdays 5:00pm-6:15 pm (serve Edgewood-Pawtuxet only); clients can come 2x/mo; Handicapped Accessible.

Comprehensive Community Action Program
311 Doric Avenue
Cranston, RI 02910
Phone Number: (401)467-9610
Service: Pantry
Hours / Comments: Open Mondays-Fridays from 10:00am-1:00pm and Wednesdays from 4:00pm-6:00pm; Handicapped Accessible.

Haitian Baptist Church of Rhode Island
12 Lincoln Avenue
Cranston, RI 02920
Phone Number: (401)944-1440
Service: Pantry
Hours / Comments: Fridays 10-12pm entrance in back (Grant Ave.)

SVDP Emergency Food Center
181 Princess Avenue
Cranston, RI 02920
Phone Number: (401)946-5291
Service: Pantry
Hours / Comments: M W & Sat. 9-12; serves 02920; Handicapped Accessible.
**Cumberland**  
Lighthouse Community Outreach  
30 Meeting Street  
Cumberland, RI 02864  
Phone Number: (401)725-0335  
Service: Pantry  
Hours / Comments: Mon. 5:00-7:00 pm (located in Cadillac Mills); if a holiday, open on Tues. instead; Serving Cumberland, Lincoln, North Smithfield; Handicapped Accessible.

Northern Rhode Island Food Pantry  
10 Nate Whipple Highway  
Cumberland, RI 02864  
Phone Number: (401)347-5714  
Service: Pantry  
Hours/Comments: Open on the 3rd Saturday of the month from 10:00am-12:00pm. Pantry is located in the 2nd small white house on the right, before the bus terminal

**East Greenwich**  
East Greenwich Interfaith Food Cupboard  
99 Peirce Street  
East Greenwich, RI 02818  
Phone Number: (401)884-4116  
Service: Pantry  
Hours/Comments: Open on Mondays, Wednesdays, and Fridays from 10:30am-12:00pm (at St. Luke’s Church). Handicap Accessible

**East Providence**  
East Bay Community Action Program Pantry  
100 Bullocks Point Avenue  
East Providence, RI 02915  
Phone Number: (401)437-1000  
Service: Pantry  
Hours / Comments: Mon. & Fri. 10-2, Tues. & Thurs. 12- 4:00, Wed. 10-2:00 & 4-6:00 pm; Handicapped Accessible.

**Foster**  
St. Paul the Apostle Church
116A Danielson Pike  
Foster, RI 02825  
Phone Number: (401)647-3664  
Service: Pantry  
Hours/Comments: Open every other Saturday from 10:00am-11:30am. (Typically on the 2nd and 4th Saturday of the month) Please call for the exact schedule; Pantry is on the right of the church; enter through the double doors in front. Handicap Accessible

**Greenville**  
SVDP St. Philip Food Pantry  
620 Putnam Pike  
Greenville, RI 02828  
Phone Number: (401)949-2949  
Service: Pantry  
Hours/Comments: Open on Wednesdays from 1:00pm-3:00pm and every Saturday from 9:00-10:30am. Serves all of Smithfield and nearby Johnston, Harmony, No. Scituate,& No. Providence. Handicap Accessible

**Harrisville**  
St. Patrick Food Closet  
45 Main Street  
Harrisville, RI 02830  
Phone Number: (401)568-5600  
Service: Pantry  
Hours/Comments: For Burrillville residents. Open every other Monday from 5:30pm-7:00pm. Please call first. (Note: open Tuesdays if Monday is a holiday)

**Johnston**  
St. Robert Food Closet  
1804 Atwood Avenue  
Johnston, RI 02919  
Phone Number: (401)231-4987  
Service: Pantry  
Hours/Comments: Open on Thursdays from 9:30am-12:00pm. Johnston residents only

**Lincoln**
Lime Rock Baptist Church  
1075 Great Road  
Lincoln, RI 02865  
Phone Number: (401)334-2999  
Service: Pantry  
Hours/Comments: Open every other Saturday from 9:00am-11:00 (starting 9/27/14) and for Lincoln residents ONLY every other Tuesday from 6:00pm-7:00pm (starting on 9/30/14); Handicap Accessible

**Little Compton**  
Little Compton Assistance Association  
115 East Main Road  
Little Compton, RI 02837  
Phone Number: (401)699-7112  
Service: Pantry  
Hours/Comments: Open on Fridays and Saturdays from 9:00am-11:00am for Little Compton and Tiverton residents. It is located in the rear of the Wellness Center. Handicap Accessible.

**Mapleville**  
Burrillville SDA Shepherd’s Food Pantry  
854 Victory Highway, P.O. Box 186  
Mapleville, RI 02839  
Phone Number: (401)568-5255  
Service: Pantry  
Hours/Comments: Open on the last Tuesday of every month from 5:30pm-6:30pm

**Narragansett**  
St. Peter by the Sea  
72 Central Street  
Narragansett, RI 02882  
Phone Number: (401)783-4623  
Service: Pantry  
Hours/Comments: Open on Fridays from 4:00pm-6:00pm. Handicap Accessible

**Newport**
Boys and Girls Club of Newport Florence Gray Pantry
1 York Street
Newport, RI 02840
Phone Number: (401)619-1949
Service: Pantry
Hours/Comments: Open on Tuesdays from 8:30am-4:30pm; Handicap Accessible

Community Baptist Church- Community Grocer
40 Dr. Marcus Wheatland Boulevard
Newport, RI 02840
Phone Number: (401)847-1707
Service: Pantry
Hours/Comments: Open on Saturdays from 12:30-2:30pm

Community Baptist Church Meal Site
40 Dr. Marcus Wheatland Boulevard
Newport, RI 02840
Phone Number:(401)847-1707
Service: Meal Site
Hours/Comments: Open on Saturdays from 4:30-5:30pm; Handicap Accessible

East Bay Community Action Newport
19 Broadway
Newport, RI 02840
Phone Number: (401)847-7821
Service: Pantry
Hours/Comments: Open on Mondays from 11:00am-4:00pm, Tuesdays 9:00am-2:00pm, Wednesdays 12:00pm-4:00pm and Thursdays 1:00pm-7:00pm. Handicapped Accessible

Martin Luther King Center Meal Site
20 Dr. Marcus Wheatland Boulevard
Newport, RI 02840
Phone Number: (401)846-4828
Service: Meal Site
Hours/Comments: Breakfast is Mondays-Fridays from 7:30am-8:30am. Closed for weather when Newport schools close; Handicapped Accessible

Martin Luther King Center Pantry
20 Dr. Marcus Wheatland Boulevard
Newport, RI 02840
Phone Number: (401)846-4828
Service: Pantry
Hours/Comments: Open on Mondays and Fridays from 10:00am-2:00pm and Wednesdays from 10:00am-2:00pm & 4:00pm-6:30p. Handicap Accessible

Salvation Army Newport Corps Food Pantry
51 Memorial Boulevard
Newport, RI 02840
Phone Number: (401)846-3234
Service: Pantry
Hours/Comments: Open on Mondays, Wednesdays and Fridays 9:00am-2:00pm. Bread is available only on Mondays-Thursdays 11:00am-2:00pm. Closed on Saturdays; Handicapped Accessible

Salvation Army Newport Corps Meal Site
51 Memorial Boulevard
Newport, RI 02840
Phone Number: (401)846-3234
Service: Meal Site
Hours/Comments: Open on Fridays from 4:00pm-6:00pm and Sundays 4:00pm-5:00pm. Handicap Accessible

St. Joseph Church Food Pantry
5 Mann Avenue
Newport, RI 02840
Phone Number: (401)847-0065
Service: Pantry
Hours/Comments: Open on Tuesdays-Fridays from 10:00am-12:00pm

**North Kingstown**
Family Service of RI Food Pantry
415 Tower Hill Road
North Kingstown, RI 02852
Phone Number: (401)667-7502
Service: Pantry
Hours/Comments: Open on Mondays-Fridays from 9:00am-5:00pm.
Handicapped Accessible

North Kingstown Food Pantry
445 School Street
North Kingstown, RI 02852
Phone Number: (401) 885-3663
Service: Pantry
Hours/Comments: Open on Mondays-Fridays from 10:00am-2:00pm,
(Please call first to make an appointment) Thursdays from 4:00pm-6:00pm
and the last Saturday morning of the month (as needed or by appointment)
North Kingstown residents only; Handicapped Accessible.

**North Providence**
Embassy of Christ Church Food Pantry
649 Woonasquatucket Avenue
North Providence, RI 02911
Phone Number: (401)580-4215
Service: Pantry
Hours/Comments: Open on Tuesdays from 6:00-8:00pm and every 3rd
Saturday from 9:00am-12:00pm. Park and enter on Woonasquatucket Ave.
side of the church; Handicapped Accessible

Tri-County Community Action Agency Economic Opportunity Committee
11 Emanuel Street
North Providence, RI 02911
Phone Number: (401)519-1916
Service: Pantry
Hours/Comments: Open on Mondays-Fridays from 9:00am-3:00pm; Serves
No. Providence, Johnston, Smithfield, No. Smithfield, Burrillville,
Gloucester, Handicapped Accessible (Formerly Tri-Town & South County
Community Action Agencies)

Allendale Baptist Church
545 Woonasquatucket Avenue  
No. Providence RI 02911  
Phone Number: (401)231-7669  
Service: Pantry  
Hours/Comments: Open on the 3rd Saturday of the month from 9:00am-11:30am and the 2nd Wednesday of every month from 5:00pm-6:30pm (non-perishables only on Wednesdays); Handicapped Accessible. Enter through side of the building)

**North Scituate**  
Scituate Food Pantry  
1315 Chopmist Hill Road  
North Scituate, RI 02857  
Phone Number: (401)647-2768  
Service: Pantry  
Hours/Comments: Open on Fridays from 9:00am-12:00pm. Please call first to accommodate, appointments can be arranged; Handicapped Accessible

Trinity Episcopal Church  
251 Danielson Pike  
No. Scituate, RI 02857  
Phone Number: (401)647-2322  
Service: Pantry  
Hours/Comments: For Scituate, Foster and Gloucester residents only. Open each Thursday from 9:00am-11:00am. Clients can come once a month; Also available as needed for emergencies- call first; Handicapped Accessible

**Pawtucket**  
Blackstone Valley Community Action Program  
210 West Avenue  
Pawtucket, RI 02860  
Phone Number: (401)723-4520  
Service: Pantry  
Hours/Comments: Open on Mondays-Fridays from 9:00am-3:30pm. Handicapped Accessible

Casa De Oracion Getsemani
38 Park Street
Pawtucket, RI 02860
Phone Number: (401) 725-5010
Service: Pantry
Hours/Comments: Open on Saturdays from 9:00am-11:00am. On the border of Central Falls and Pawtucket; Pantry entrance is on Fountain Street

Church of the Good Shepherd
490 Broadway
Pawtucket, RI 02860
Phone Number: (401) 723-0408
Service: Pantry
Hours/Comments: Open on Saturdays 1:00pm-2:00pm; Handicapped Accessible

Covenant Congregational Church
143 Glenwood Avenue
Pawtucket, RI 02860
Phone Number: (401) 724-8546
Service: Pantry
Hours/Comments: Open on Wednesdays from 6:00pm-7:00pm

First Baptist Church of Pawtucket
91 Cottage Street
Pawtucket, RI 02860
Phone Number: (401) 725-7225
Service: Pantry
Hours/Comments: Open on Thursdays 9:00am-12:00pm. Closed on the 1st Thursday of the month. Please call in advance for an appointment. Guests can come once a month

Holy Family Parrish
195 Walcott Street
Pawtucket, RI 02860
Phone Number: (401) 724-9190
Service: Pantry
Hours/Comments: Open on the 2nd and 4th Tuesday of the month. Open from 9:00am-11:00am. Clients can come twice a month. Entrance is through the parking lot door; Handicapped Accessible
Living Hope Assembly of God
100 Broadway
Pawtucket, RI 02860
Phone Number: (401) 723-2039
Service: Pantry
Hours/Comments: Open on the 2nd and 4th Saturday of every month from 10:00am-11:00am. Handicapped Accessible

Salvation Army Pawtucket Corps’ Food Pantry
102 High Street
Pawtucket, RI 02860
Phone Number: (401) 723-9533
Service: Pantry
Hours/Comments: Open on Thursdays from 9:00am-12:00pm. Guests can come in two times a month. Handicapped Accessible

St. John the Baptist Food Pantry
69 Quincy Avenue
Pawtucket, RI 02860
Phone Number: (401) 722-9054
Service: Pantry
Hours/Comments: Open on the last two weeks of the month on Mondays 9:30am-11:00am & 6:00pm-7:00pm and Wednesdays 9:30-11:00am. Pantry entrance is in the rear of the church (near corner of Bullock and Capitol St.

St. Matthew Trinity Lutheran Food Pantry
690 Newport Avenue
Pawtucket, RI 02860
Phone Number: (401) 723-5632
Service: Pantry
Hours/Comments: Open on Thursdays and Fridays from 9:00am-12:00pm and the 2nd and 4th Sunday from 11:00am-12:00pm. Serves Pawtucket and Central Falls residents. Handicapped Accessible

SVDP St. John Paul II Food Pantry St. John Paul II Parish
697 Central Avenue
Pawtucket, RI 02861
Phone Number: (401) 335-3894
Service: Pantry
Hours/Comments: Open on Tuesdays from 10:00am-11:00am for 02861 residents only. Use entrance of the left side of the church

Blackstone Valley Emergency Food Center
75 Benefit Street
Pawtucket, RI 02861
Phone Number: (401) 724-7170
Service: Pantry
Hours/Comments: Open on Mondays, Wednesdays, and Fridays from 9:00am-11:30am and Thursdays from 4:00pm-6:30pm (working families/individuals only) closed on the 1st week of each month. Available for Pawtucket, Central Falls, Lincoln and Cumberland residents; handicapped accessible

**Peace Dale**
Johnnycake of Peace Dale Food Pantry
1183B Kingstown Road
Peace Dale, RI 02879
Phone Number: (401) 284-0303
Service: Pantry
Hours/Comments: Open on Tuesdays from 1:00pm-4:30pm, Wednesdays and Thursdays from 9:30am-4:30pm, Fridays 9:30am-12:00pm & Saturdays 9:30am-2:30pm. Closed on Mondays. Clients may come in once a month. Handicapped Accessible.

**Providence**
John Hope Settlement House Pantry
7 Thomas Whitten Way
Providence, RI 02903
Phone Number: (401)421-6993
Service: Pantry
Hours / Comments: Wed 9 AM - 10:30 AM (except on Holidays); Handicapped Accessible.

Our Lady of the Rosary Pantry
17 Traverse Street
Providence, RI 02903
Phone Number: (401)453-0174
Service: Pantry
Hours / Comments: Last Wed. 6:30-8:00pm & last Sat. 9-11:00am (Sat. is the USDA distribution for registered clients); not open holidays; pantry is to right of church.

PICA Meal Site
134 Mathewson Street
Providence, RI 02903
Phone Number: (401)331-8900
Service: Meal Site
Hours / Comments: Friday 4:45-6:00; open to all

St. Edward Food & Wellness Center
1001 Branch Avenue
Providence, RI 02904
Phone Number: (401)621-3827
Service: Pantry
Hours / Comments: Wed 10-2 and 5-7 (serves North End of Providence & 02904 & 02908 zips in North Providence)

SVDP St. Raymond Church
1240 North Main Street
Providence, RI 02904
Phone Number: (401)351-4224
Service: Pantry
Hours / Comments: Sat 9:00am-11:00am; Handicapped Accessible.

Ephese SDA Church
857 Eddy Street
Providence, RI 02905
Phone Number: (401)941-0998
Service: Pantry
Hours / Comments: Wed. 10-12 pm and emergency

Project Outreach
1520 Broad Street
Providence, RI 02905
Phone Number: (401)941-2212
Service: Pantry
Hours / Comments: Wed. from 8:30am-11:30am 02905 only. Thurs. 8:30-11:30a.m 02907 & emergencies (Open Table of Christ UMC).

Central Congregational Church
Camp Street Ministries Food Pantry, 190 1/2 Camp Street
Providence, RI 02906
Phone Number: (401)421-5474
Service: Pantry
Hours / Comments: Breadline Plus; Tuesdays-Fridays 11:00am-1:00pm. Serves to anyone from any area. Full food pantry on Saturdays from 10:00am-12:30pm for 02906 residents. Handicapped Accessible.

Community Food Share First Unitarian Church
1 Benevolent Street
Providence, RI 02906
Phone Number: (401)457-7149
Service: Pantry
Hours / Comments: 3rd Monday 2:30-5:30 (corner of Benefit and Benevolent); Handicapped Accessible.

Epiphany Soup Kitchen at St. Stephen's Church
114 George Street
Providence, RI 02906
Phone Number: (401)421-6702
Service: Meal Site
Hours / Comments: Sat. 3:30-4:30 pm; Handicapped Accessible.

Amos House Meal Site
460 Pine Street
Providence, RI 02907
Phone Number: (401)272-0220
Service: Meal Site
Hours / Comments: M-F 7-8am & 11am-12:30pm, Sat 11am-12:30pm (closed 1st Saturday of the month); Handicapped Accessible.

Assumption of the BVM Church
791 Potters Avenue
Providence, RI 02907
Phone Number: (401)941-1248
Service: Pantry
Hours / Comments: 1st & 3rd Wed & Thurs 10:30-11:45am & and for emergencies.

Community Action Partnership of Providence Elmwood Pantry
85 Atlantic Avenue
Providence, RI 02907
Phone Number: (401)654-4971
Service: Pantry
Hours / Comments: Tuesdays 1:30pm-3:00pm & Wed 10 AM - 2 PM for seniors in the 02907 area; Handicapped Accessible.

Interfaith Food Ministry
95 Hathaway Ctr #61
Providence, RI 02907
Phone Number: (401)461-1773
Service: Pantry
Hours / Comments: Sat. 10-12 pm (S. Elmwood only)

JSA - Louis and Goldie Chester Full Plate Kosher Pantry
100 Niantic Avenue
Providence, RI 02907
Phone Number: (401)621-5374
Service: Pantry
Hours / Comments: Tues. & Fri. 10am - 2pm (located @ Age Well RI). Pantry is for clients who require kosher diets; Handicapped Accessible.

McAuley House
622 Elmwood Avenue
Providence, RI 02907
Phone Number: (401)941-9013  
Service: Meal Site  
Hours / Comments: M-F 8am-9:30am (Breakfast) and 11:15am-1pm (Lunch); Handicapped Accessible.

Federal Hill House Pantry  
35 Swiss Street  
Providence, RI 02909  
Phone Number: (401) 421-4722  
Service: Pantry  
Hours/Comments: Open Mondays-Fridays 10:00am-12:00pm & 1:30pm-4:00pm. Clients may come 2x a month. Enter through the back of the building, lower level, middle door. Handicapped Accessible

Maranatha Food Pantry of Church of God  
1040 Atwells Avenue  
Providence, RI 02909  
Phone Number: (401) 521-4860  
Service: Pantry  
Hours/Comments: Open every Friday 10:00am-12:00pm for 02909 and 02908 residents. Handicapped Accessible using front ramp; ask staff for assistance

Maranatha Meal of Church of God  
1040 Atwells Avenue  
Providence, RI 02909  
Phone Number: (401) 521-4860  
Service: Meal Site  
Hours/Comments: Sunday lunch 1:30pm-2:30pm and Friday Brunch for 02908 & 02909 food pantry guests 10:00am-11:00am; Handicapped Accessible

Olneyville Food Center  
261 Manton Avenue  
Providence, RI 02909  
Phone Number: (401) 714-0057  
Service: Pantry
Hours/Comments: Mondays and Wednesdays 10:00am-4:00pm; Tuesdays and Thursdays 10:00am-2:00pm. On Fridays, Seniors only 10:00am-2:00pm. Serves 02909 & 02908 residents only. Handicapped Accessible. Guests may visit the pantry 2x a month

Silver Lake Community Center
529 Plainfield Street
Providence, RI 02909
Phone Number: (401) 944-8300
Service: Pantry
Hours/Comments: Open on Mondays, Tuesdays, Thursdays and Fridays from 9:00am-5:00pm (closed 1:00pm-2:00pm); Wednesdays 11:00am-1:00pm. Silver Lake area only; Handicapped Accessible

St. Thomas Church
65 Fruit Hill Avenue
Providence, RI 02909
Phone Number: (401) 272-7118
Service: Pantry
Hours/Comments: Open on Tuesdays 9:30am-11:30am; enter on the left side of the rectory

Providence Assembly of God Meal Site
353 Elmwood Avenue
Providence, RI 02907
Phone Number: (401)461-7210
Service: Meal Site
Hours / Comments: Wed 7:00 pm - 8:30pm

Providence Assembly of God Pantry
353 Elmwood Avenue
Providence, RI 02907
Phone Number: (401)461-7210
Service: Pantry
Hours / Comments: 2nd & 4th Fridays, 11-1:00.

Providence Spanish SDA Church
131 Elmwood Avenue*
Providence, RI 02907
Phone Number: (401)588-0983
Service: Pantry
Hours / Comments: Second week of March thru Dec. open 2nd and 4th Wed of the month 5:30-7 pm; Handicapped Accessible.

Salvation Army Providence Corps' Food Pantry
386 Broad Street
Providence, RI 02907
Phone Number: (401)831-1119
Service: Pantry
Hours / Comments: Mondays and Tuesdays 9:30am-12pm & Thursdays 12:00pm-3:00pm; Handicapped Accessible.

Salvation Army Providence Corps' Meal Site
386 Broad Street
Providence, RI 02907
Phone Number: (401)831-1119
Service: Meal Site
Hours / Comments: Sundays 4:30-5:30 PM; Handicapped Accessible.

South Providence Neighborhood Ministries
747 Broad Street
Providence, RI 02907
Phone Number: (401)461-7509
Service: Pantry
Hours / Comments: Mon 10-12, Tue 11-1 & 4-6, Wed & Thurs 11-1, Fri 10-12:30. Bread/produce is available on Tuesdays and Fridays. (Calvary Baptist Church); Handicapped Accessible.

St. Charles Borromeo Meal Site
178 Dexter Street
Providence, RI 02907
Phone Number: (401)273-1108
Service: Meal Site
Hours / Comments: Thursdays 4:30- 5:30pm; Handicapped Accessible.
St. Charles Borromeo Pantry
178 Dexter Street
Providence, RI 02907
Phone Number: (401)273-1108
Service: Pantry
Hours / Comments: Tues.10-12pm; Fri 9:30 - 11:30am (Sept. - Dec., Tues. only, no Fridays.); Handicapped Accessible.

West End Community Center Pantry
109 Bucklin Street
Providence, RI 02907
Phone Number: (401)781-4242
Service: Pantry
Hours / Comments: Mon, Tue, Wed, Fri 9am-12pm; Tue & Wed 2pm-4:30pm. Closed 1st week of the month. West End Residents only; Handicapped Accessible.

Church of God Shalom
145 Chad Brown Street
Providence, RI 02908
Phone Number: (401) 421-5112
Service: Pantry
Hours / Comments: Sat 11AM-12:30PM; Handicapped Accessible.

Gateway Healthcare Capital City Community Center
Rudolph Tavares Community Center, 263 Chad Brown Street
Providence, RI 02908
Phone Number: (401)455-3890
Service: Pantry
Hours / Comments: Monday and Wednesday from 9:00 am - 2:00 pm. Clients can come 1x/month. Produce Only Days: Wed at 9:30 am; clients can get produce weekly. Use Rear Door off parking lot; Handicapped Accessible.

Gospel Tabernacle Outreach Meal Site
145 Oakland Avenue
Providence, RI 02908
Phone Number: (401)454-0988
Service: Meal Site
Hours / Comments: 2nd and 4th Mondays of the Month from 5:00pm-6:00pm

Gospel Tabernacle Outreach Pantry
145 Oakland Avenue
Providence, RI 02908
Phone Number: (401)454-0988
Service: Pantry
Hours / Comments: 2nd & 4th Monday of the month from 6:00-7:00pm

Love Divine Pantry
Cherubim & Seraphim Church, 28 Candace Street
Providence, RI 02908
Phone Number: (401)454-4700
Service: Pantry
Hours / Comments: Every third Saturday 12-2 PM; Handicapped Accessible.

PICA Food Cupboard
15 Hayes Street
Providence, RI 02908
Phone Number: (401)454-7422
Service: Pantry
Hours / Comments: Mon 12-4 PM; Tue-Fri 9 AM-1 PM; serves all of Providence

St. Patrick Church Mary House Meal Kitchen
244 Smith Street
Providence, RI 02908
Phone Number: (401)274-6286
Service: Meal Site
Hours / Comments: Mondays 3:30-5:15 PM; Handicapped Accessible

St. Peter & St. Andrew Food Pantry
70 Pemberton Street
Providence, RI 02908
Phone Number: (401)272-9649
Service: Pantry
Hours / Comments: Hours are every 2nd and 4th Saturday of each month from 1-2pm beginning on October 10, 2015. Handicapped Accessible.

Church of the Master Meal Site
15 Valley Street
Providence, RI 02909
Phone Number: (401)861-5568
Service: Meal Site
Hours / Comments: Saturdays: doors open at 7 AM and meal served from 9-10 AM (closed mid-June through mid-Sept.); Handicapped Accessible (ramp in back of bldg.)

SVDP St. Anthony's Church
549 Plainfield Street
Providence, RI 02909
Phone Number: (401)943-2300
Service: Pantry
Hours / Comments: T W F 10-11, Serve each family once monthly

**Riverside**

Good Neighbors Meal Site
55 Turner Avenue
Riverside, RI 02915
Phone Number: (401) 433-0045
Service: Meal Site
Hours/Comments: Available Mondays-Fridays 8:00am-9:30am & 11:30am-12:00pm sharp for lunch; parking/entrance is on Dorr Avenue in back of the building

Good Neighbors Pantry
55 Turner Avenue
Riverside, RI 02915
Phone Number: (401) 433-0045
Service: Pantry
Hours/Comments: Open Wednesdays 8:00am-11:00am & 12:00pm-1:00pm; parking/entrance is on Dorr Avenue in the back of the building

**Rumford**
Bread of Life Food Pantry
100 Newman Avenue
Rumford, RI 02916
Phone Number: (401) 434-4742
Service: Pantry
Hours/Comments: Located at the Newman Congregational Church. Open on the 2nd and 4th Tuesday of the Month from 5:00pm-7:00pm. Clients may come once a month; Handicapped Accessible

South Kingstown
New Life Assembly of God
251 Post Road
South Kingstown, RI 02879
Phone Number: (401) 575-3521
Service: Pantry
Hours/Comments: Open on the 2nd Wednesday of the month from 12:00pm-1:00pm & the 4th Wednesday of the month from 5:30-6:30pm; call first, pantry is behind church, Handicapped Accessible

Tiverton
East Bay Community Action Program Tiverton Pantry
1048 Stafford Road
Tiverton, RI 02878
Phone Number: (401) 625-5134
Service: Pantry
Hours/Comments: Open on Tuesdays 9:00am-2:00pm and Wednesdays 9:00am-6:30pm; also available by appointment. Handicapped Accessible

Warren
St. Mary of the Bay
645 Main Street
Warren, RI 02885
Phone Number: (401) 245-7000
Service: Pantry
Hours/Comments: Open on Tuesdays from 3:00-6:00pm & Wednesdays from 9:00-1:00pm; serves the East Bay and all other areas; entrance is on the left side of the building. Handicapped Accessible
**Warwick**
Warbay CAP Market Place  
211 Buttonwoods Avenue  
Warwick, RI 02886  
Phone Number: (401)732-4660  
Service: Pantry  
Hours / Comments: M-F 9:00-4:30 PM, West Warwick, Warwick and E. Greenwich; Handicapped Accessible.

Cornerstone Church Food Pantry  
1990 Elmwood Avenue  
Warwick, RI 02888  
Phone Number: (401)781-6121  
Service: Pantry  
Hours / Comments: 1st & 3rd Saturday 9-11:00 am and 2nd Monday 6-8:00 pm per month; Handicapped Accessible.

St. Rita Church Pantry  
722 Oakland Beach Avenue  
Warwick, RI 02889  
Phone Number: (401)738-1800  
Service: Pantry  
Hours / Comments: M and W 10-12; Oakland Beach area ONLY; Emergencies as needed; Handicapped Accessible.

**West Greenwich**
Faith Fellowship Food Pantry  
260 Victory Highway  
West Greenwich, RI 02817  
Phone Number: (401) 397-3383  
Service: Pantry  
Hours/Comments: Open on the 2nd Tuesday from 5:30pm-7:00pm (for West Greenwich residents only) & 3rd Wednesday from 5:30-7:00pm, and 3rd Saturday from 9:00am-11:00am

**West Warwick**
West Warwick Senior Center Meal Site
145 Washington Street
West Warwick, RI 02893
Phone Number: (401)822-4450
Service: Meal Site
Hours / Comments: M-F 12-1pm, Seniors & Disabled only; Handicapped Accessible.

West Warwick Senior Center Pantry
145 Washington Street
West Warwick, RI 02893
Phone Number: (401)822-4450
Service: Pantry
Hours / Comments: M-F 8:30-4:00pm; Handicapped Accessible.

SVDP St. Anthony Soup Kitchen
10 Sunset Avenue
West Warwick, RI 02893
Phone Number: (401)821-8342
Service: Meal Site
Hours / Comments: Monday 10:00am -1:00pm; Handicapped Accessible.

SVDP St. John & James Soup Kitchen
17 St. John Street
West Warwick, RI 02893
Phone Number: (401)821-7661
Service: Meal Site
Hours / Comments: Thurs. 11:30-1:00 lunch; Handicapped Accessible.

SVDP West Bay Meal Site
145 Washington Street
West Warwick, RI 02893
Phone Number: (401) 822-4450
Service: Meal Site
Hours / Comments: Sat. 11am - 12pm; Handicapped Accessible.

West Warwick Assistance Agency
1293 Main Street
West Warwick, RI 02893
Phone Number: (401) 828-0310
Service: Pantry
Hours / Comments: M W F 10am - 2pm; Handicapped Accessible.

**Westerly**

SVDP Immaculate Conception
111 High Street
Westerly, RI 02894
Phone Number: (401) 596-2130
Service: Pantry
Hours/Comments: Open on Mondays, Wednesdays and Thursdays from 10:00am-12:00pm; clients can come in 1 time a month; Handicapped Accessible

WARM Shelter Meal Site Program
54 Spruce Street
Westerly, RI 02891
Phone Number: (401) 596-9276
Service: Meal Site
Hours/Comments: Every day; lunch 12:00pm-1:00pm and dinner 5:30-6:30pm; Handicapped Accessible

Jonnycake of Westerly Food Pantry
23 Industrial Drive
Westerly, RI 02891
Phone Number: (401) 377-8069
Service: Pantry
Hours/Comments: Open Mondays 12:00pm-3:00pm, Tuesdays-Saturdays 9:00am-12:00pm & Thursdays 3:00pm-6:00pm; Handicapped Accessible

**Woonsocket**

All Saints Church Feed My Sheep Meal Site
323 Rathbun Street
Woonsocket, RI 02895
Phone Number: (401)762-1100
Service: Meal Site
Hours / Comments: Tue 4:30-5:30 PM, Closed the first two wks of the month - Handicapped Accessible.

All Saints Church Pantry
323 Rathbun Street
Woonsocket, RI 02895
Phone Number: (401)762-1100
Service: Pantry
Hours / Comments: 2nd, 3rd and 4th Weds of the month 10:00-11:45am. Clients may come in once a month. Pantry is in basement of church; Handicapped Accessible. CSFP Box distribution is on the 1st Friday of the month from 9:30-11:00am

Connecting for Children and Families, Inc.
37 Center Street
Woonsocket, RI 02895
Phone Number: (401)766-3384
Service: Pantry
Hours / Comments: Tuesday, 9-12:00 & emergencies as needed. (Hope Street Family Center).

Our Lady, Queen of Martyrs Church
1409 Park Avenue
Woonsocket, RI 02895
Phone Number: (401)762-5117
Service: Pantry
Hours / Comments: Tue and Thu 1:30-2:30, w/referral from Community Care Alliance, backdoor of rectory; Handicapped Accessible.

St. Agatha’s Church
34 Joffre Avenue
Woonsocket, RI 02895
Phone Number: (401)767-2950
Service: Pantry
Hours/Comments: Open on the 1st and 3rd Friday of the month from 10:00am-11:30am. Call first (Helping Hands Program); Handicapped Accessible
St. James Episcopal Church  
24 Hamlet Avenue  
Woonsocket, RI 02895  
Phone Number: (401)762-2222  
Service: Pantry  
Hours / Comments: M & W 3-4:00 pm w/referral from Community Care Alliance or other agencies in surrounding RI and MA. (Pantry located in rear)

St. Joseph Cupboard  
1200 Mendon Road  
Woonsocket, RI 02895  
Phone Number: (401)766-0626  
Service: Pantry  
Hours / Comments: Fridays 5:30- 6:00 pm - call Community Care Alliance first; Handicapped Accessible.

SVDP Bryan's Pantry  
190 North Main Street  
Woonsocket, RI 02895  
Phone Number: (401)766-3088  
Service: Pantry  
Hours / Comments: Tickets are distributed on Thursdays 10 am-11:00 am @ St. Charles Church (side entrance on Daniels Street); Handicapped Accessible.

 Seekonk, Massachusetts  
Seekonk Portuguese SDA Church  
781 Newman Avenue  
Seekonk, Massachusetts 02771  
Phone Number: (508) 761-9181  
Service: Pantry  
Hours/Comments: Open on every 3rd Wednesday of the month from 6:30- 7:30pm

 South Attleboro, Massachusetts  
South Attleboro Assembly of God  
1052 Newport Avenue
South Attleboro, Massachusetts 02703
Phone Number: (508) 761-7334
Service: Pantry
Hours/Comments: Open on the 4th Saturday of the month from 9:30am-10:00am; Handicapped Accessible

SVDP St. Theresa Food Pantry
18 Baltic Street
South Attleboro, Massachusetts, 02703
Phone Number: (508) 761-5579
Service: Pantry
Hours/Comments: Open on Wednesdays from 9:30-10:30am for South Attleboro residents only; Handicapped Accessible

Please click for full list of RI Food Bank Emergency Food Providers