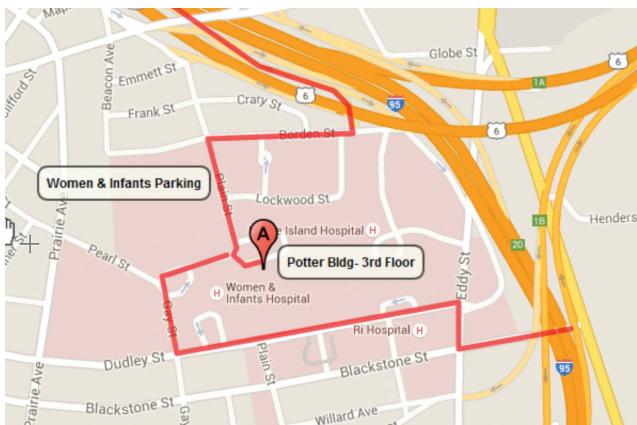


## Location & Directions

**From points south:** Take I-95 North to Exit 19. Turn left onto Blackstone St. and follow it to Eddy St. Turn right onto Eddy St. and follow it to Dudley St. Turn left onto Dudley and follow it to Gay St. Turn right onto Gay St. and the Women & Infants parking lot will be in front of you. You can park at the Women & Infants parking lot.

**From points north:** Take I-95 South to Exit 19 and stay to the right through the exit until you reach the stop sign at Borden St. Turn right onto Borden St. and follow it to Plain St. Turn left on Plain St. and follow it to the end. Turn right at the end and the Women & Infants parking lot will be in front of you. You can park at the Women & Infants parking lot.



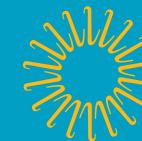
## Aging Families & Caregiver Program



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## Rhode Island Hospital

*Lifespan. Delivering health with care.<sup>TM</sup>*

Thomas Sheeran, PhD

*Director*

Rhode Island Hospital

Potter Building, 3rd Floor

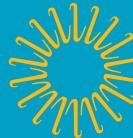
593 Eddy Street

Providence, RI 02903

401-444-3534

[RhodeIslandHospital.org](http://RhodeIslandHospital.org)

The Principal Teaching Hospital of  
The Warren Alpert Medical School of Brown University.



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## About the Aging Families & Caregiver Program

The Aging Families & Caregiver Program is a partnership between the family therapy, neuropsychology and geriatric psychiatry programs at Rhode Island and The Miriam hospitals, and uses the McMaster Model of Family Functioning. It supports seniors and their families who are struggling with many of the challenges that come with aging, such as Alzheimer's disease and related dementia, medical illness, changes in functional abilities and housing, and loss and grief.

As a systems-based program, we not only help families adjust to these difficult challenges but help them identify and utilize a wide range of medical and community resources available to Rhode Island seniors and their families.

### Family Therapy Clinical Staff

Richard Archambault, MS, EdD  
Gabor I. Keitner, MD  
Abigail K. Mansfield, PhD  
Thomas Sheeran, PhD  
Tanya Tran, PhD

### Geriatric Psychiatry Clinical Staff

Jeffrey Burock, MD  
Robert Kohn, MD  
Deborah Robitaille, LICSW  
Laura Stanton, MD

### Neuropsychology Clinical Staff

Jennifer Davis, PhD  
Geoffrey Tremont, PhD, ABPP-CN

# Rhode Island Hospital Aging Families & Caregiver Program

## Challenges of Aging Families

Often, older families or their friends and relatives become concerned about changes that can occur with aging or age-related conditions. These can include:

- Declining memory
- Difficulty completing everyday tasks (e.g., paying bills, home care)
- Driving problems
- Depression
- Anxiety and fear
- Personality changes, such as irritability and anger
- Distress about medical illnesses
- Family problems

### Contact:

**Thomas Sheeran, PhD**

*Director*

Rhode Island Hospital  
Potter Building, 3rd Floor  
593 Eddy Street  
Providence, RI 02903  
401-444-3534



## Services Available

The Aging Families & Caregiver Program offers a range of services, including:

### Evaluation

- Systematic evaluation of family functioning
- Caregiver stress management
- Psychological assessment
- Neuropsychological assessment

### Family and Individual Therapy

- Problem-focused family therapy
- Caregiver stress management

### Information and Referral

- Neuropsychology and memory testing
- Neurology
- Geriatric care management
- Alzheimer's and dementia-related resources
- Geriatric psychiatry
- Advance directive, power of attorney and legal resources
- Community support (senior centers, adult day services, RI Division of Elderly Affairs)