



- Surgeon Determines Candidacy
- Pt Class: OUTPATIENT
- FIRST CASE (0715, 0730, 0830)
- Special needs: Rapid / Same Day Discharge

Scheduling of Surgery

Leigh Hubbard: 401-255-6129
Rehab Services 3-5080

- Confirm Rapid Discharge Plan
- Bladder assessment still applies
- Stretcher instead of hospital bed
- If concerns occur intra-op, discuss at debrief, change to obs/inpt.

OR Brief/ Debrief

- ID in class- Sidebar with Outpatient Candidates
- ERAS- Recommend 32 ounce diet Gatorade night before surgery.
- If Medical HX or RAPT doesn't align with Same Day, or labs suggest anemia, Secure chat to Dom Pisano

PAT/ Orientation

PACU

- PO Pain Meds ONLY
- Up to Chair once spinal dissipates
- PT Eval ordered in PACU Orders
- Light Meal ordered in PACU.
- Ancef 30 min prior to DC
- Family in PACU once Phase 2 (pt specific)
- RN consults anesthesia/ surgeon if clinical concerns arise.
- Space- Swing to Pre-op Side Mid-Day
- MD assesses after second case with the RN.

- Pre-Op Aligns Message re: DC Plan
- Confirm Plan for getting home
- Confirm Home Services set up
- Confirm plan for prescriptions
- Dom to assign Anesthesia Provider.
- No Dense Spinals
- Limited / No IV Pain Medications
- Standard pre-op pain cocktail.

Pre-OP/ Anesthesia

- Surgeon's Office to coordinate Home PT / Nursing
- Pt's fam to get meds during pt's recovery, have them at time of discharge.
- PACU RN to review DC info packet and document in chart.
- No Labs needed Post op day 1.

Discharge



Screen Shot of Booking Slip

Surgical Information

Procedure Date: Requested Time:	Location: Choose an item.	Surgeon:
Patient Class: Hospital Outpatient Surgery	Add on case? <input type="checkbox"/>	Pre-op Diagnosis Code:
Procedure: Total Knee Replacement, RIGHT	FIRST CASE	Procedure CPT Code:
Laterality: Choose an item.	Anesthesia: Other	Estimated Time of Procedure: FIRST CASE

Staff/Equipment/Supplies

PAT Visit Needed? <input type="checkbox"/>	Preferred spoken language:	Preferred written language:
Date:	Staff Special Needs: Choose an item.	Anesthesia Equipment: Choose an item.
Interpreter needed? <input type="checkbox"/>	Assistant Name:	
Table Special Needs: Choose an item.	Implants Needed: <input type="checkbox"/>	Vendor Notified: <input type="checkbox"/>
Vendor Name:	Radiology Special Needs Choose an item.	Specific Laser Needed Choose an item.

Special Considerations

<input type="checkbox"/> Patient above 350 lbs (159 kg)	<input type="checkbox"/> Latex Allergy	<input type="checkbox"/> Sleep Apnea	<input type="checkbox"/> Special Testing Required
<input type="checkbox"/> Hx Pseudocholinesterase deficiency	<input type="checkbox"/> Hx Difficult Intubation	<input type="checkbox"/> IDDM	<input type="checkbox"/> Hx Malignant Hyper-thermia
<input type="checkbox"/> Pacemaker/Defibrillator			
Post-op Destination Choose an item.	Special Needs: SAME DAY DISCHARGE CANDIDATE	Isolation Precautions: Choose an item.	Physician/LIP must place isolation order in Epic to place patient on precautions

Rapid Discharge Patient Candidacy- Must have ALL

- ✓ BMI <35
- ✓ No Major Cardiac or Respiratory history
- ✓ No Bleeding Disorder
- ✓ No Smoking
- ✓ No DVT History
- ✓ No Insulin Dependent Diabetes/ Diabetes well controlled
- ✓ No Prostate/ Bladder Pathology
- ✓ Lives with Supportive family who can be physically available DOS and Day After surgery 24/7
- ✓ Home with reasonable number of stairs
- ✓ ? Requirement for spinal (no lower spinal fusion with instrumentation)
- ✓ Patient Must agree.

Pre-Op (at 2 weeks) MD Visit



- Review Post Op Plan, Family Support, Household arrangements
- What car are they going home in? Who will help them?
- How many stairs, is partner available for that?
- Consider Script for 1 pre-hab visit to review ambulation and stairs with assistive device.
- Place referral for VNA- LATEST, AM of POST Op Day 1. RN ideally afternoon Post Op Day Zero.
- Instruct patient to take Tylenol 975 TID the day prior to surgery.

Day Before Surgery Phone Call



- From Total Joint RN
 - Confirm Family Support
 - Confirm Home with Services plan with Patient
 - Reinforce Tylenol ATC day before surgery.
 - Reinforce Drink 32 oz diet Gatorade at 10 –MN
 - Answer any additional questions

Rapid Discharge Total Joint PACU Orderset



- Dominic
 - No IV pain Meds
 - Diet order
 - PT order
 - Ancef, second dose
 - Discharge Teaching
 - Discharge Order

After Discharge Contact



- Surgeon- Call to patient that evening.
- PACU- call to patient the following day (current protocol for outpatient surgery)
- Patients leave with Surgeon contact and also Total Joint Center contact information, as is currently done.