

Medication Instruction Guidelines

BP / Cardiac	Instructions
Beta blockers- all combo meds	Take AM of Surgery
Ca Channel Blockers, Nitrates	Take AM of Surgery
Combo Meds (Except for 2 diuretics)	Take AM of Surgery
Rhythm Management Meds (anti arrhythmics)	Take AM of Surgery
Cholesterol Lowering agents	Take AM of Surgery
Erectile Dysfunction Meds for Pulmonary HTN	Take AM of Surgery
Pulmonary Hypertension meds	Take AM of Surgery
Aspirin products	Consult prescriber and/or surgeon
Plavix, Lovenox, Coumadin, Heparin	Refer to prescribing physician
Effient, Ticagrlor, Ticlopidine	Refer to prescribing physician
Pradaxa, Eloquis, Xarelto	Refer to prescribing physician
ACE Inhibitors (-prils)	DO NOT TAKE the AM of surgery
ARBs (Atacand, Benicar, Diovan, Losartan, Valsartan)	DO NOT TAKE the AM of surgery
Diuretics	Do NOT TAKE the AM of surgery
Combo meds with 2 diuretics, ARBs, or ACE inhibitors	Do NOT TAKE the AM of surgery
Respiratory	Instructions
Asthma Medication (bronchodilators)	Take AM of Surgery
COPD Medication	Take AM of Surgery
Pulmonary Hypertension Medication	Take AM of Surgery
Ophthalmic	Instructions
Eye Medications	Take AM of Surgery
Eye medications for eye surgery	Consult surgeon

Skin	Instructions
Topical Medications (creams)	HOLD the AM of surgery
Orthopedic	Instructions
Osteoporosis Medications (including Vitamin D and Calcium)	Hold the AM of surgery
Gout Medications	Hold the AM of surgery
General Wellness	Instructions
Iron Supplements	Take AM of Surgery (Unless causes upset stomach)
Multivitamin, prenatal vitamins	DO NOT TAKE Am of Surgery
Vitamin D, Calcium	DO NOT TAKE Am of Surgery
High Dose Vitamins	Hold for 7 days prior to surgery
Herbal Supplements	Hold for 7 days prior to surgery
Fish Oil	Hold for 7 days prior to surgery
Pain	Instructions
Tylenol	Take AM of Surgery
Fentanyl Patches (or similar medication)	LEAVE ON (will be removed if needed by MD)
Gabapentin	Take AM of Surgery
Opiate containing	Take AM of Surgery - Leave On
Suboxone / Similar meds/Naltrexone, Contrave, Bupenorphone	<u>Develop plan with prescriber ASAP- Notify Surgeon that pt is on Suboxone / Similar medications. For Low risk cases may be able to continue.</u>
NSAIDs (Service Line Specific)	Service Line Specific: Refer to prescribing physician (HOLD 10 days if Neurosurgery, GU, or Cardiac Surgery. Contact surgeon if still taking and it surgery is w/in 5 days)
Antabuse	Stop 1 week before surgery- patient should notify the prescriber of scheduled surgery
Antimicrobial	Instructions
Antibiotics	Hold the AM of surgery unless otherwise instructed
Renal	Instructions
Phosphate binders, renal vitamins, Iron	DO NOT TAKE the AM of surgery

Endocrine	Instructions
Thyroid medication	Take AM of Surgery
Steroids	Take AM of Surgery
Oral Contraceptives	Take AM of Surgery
Hormonal Medications	Take AM of Surgery
Insulin Pump- Continue basal rate ONLY	Take AM of Surgery
Methotrexate-	Take AM of Surgery unless risk for renal impairment
Tamoxifen- Continue	Take AM of Surgery
Sensipar	Take Am of Surgery
Lantus and other non-peaking insulins	Take Usual Dose the day before, do not take AM of surgery
Insulin	If time allows, consult prescribing MD
SGLT2 (jardiance, innokana, farziga, xigduoxr)	DO NOT TAKE the AM of surgery
Metformin	DO NOT TAKE for 48 hours before surgery
Glyburide	DO NOT TAKE the AM of surgery
Regular Insulin	DO NOT TAKE the AM of surgery
70/30 Insulin	HOLD the AM of surgery
Insulin Pump	Hold Sliding Scale, Continue basal rate ONLY
NPH/ Lente	Take 1/3 dose the AM of surgery
Incretins	DO NOT TAKE THE AM of surgery
GI	Instructions
GERD	Take AM of Surgery
Antiemetics	Take AM of Surgery
Ulcerative Colitis Medication (Example: Lialda or Pentasa)	Continue unless otherwise noted by surgeon
PPI'S (if Bariatric surgery)	HOLD AM of Surgery
Movantik (opiod induced constipation)	Do NOT TAKE the am of surgery
Sulfasalazine, Azulfadine	Hold for 7 days prior to surgery
Lomotil/ Lactulose	DO NOT TAKE the am of surgery

Insulin Directions provided if there is not sufficient time to consult the prescribing MD.

GU	Instructions
Prostate Medications	Take AM of Surgery
Autoimmune	Instructions
Hydroxychloroquine (plaquenil) -	Continue as prescribed**
Methotrexate	Continue, Take the AM of surgery unless risk for renal impairment
Enbrel	Rec: Discontinue 2 weeks prior to surgery if renal impairment present
Remicade	Rec: Discontinue 2 weeks prior to surgery
Leflunamide, Arava	Rec: Discontinue 2 months prior to surgery if possible
Humira	Rec: Discontinue 2 weeks prior to surgery
Sulfasalazine, Azulfadine	Rec: Hold for 7 days prior to surgery
Neurological / Psychological	Instructions
Anticonvulsants	Take AM of Surgery (OK to take in applesauce 6 hours prior to arrival time if necessary)
Antidepressants	Take AM of Surgery
Anti-anxiety Medication	Take AM of Surgery
Antipsychotic Medication	Take AM of Surgery
Lithium	Take AM of Surgery
Alzheimers Medications	Take AM of Surgery
Anti- Parkinsons Medication (Incl. MAOI type B medications)	Take AM of Surgery
Chantix/ Smoking cessation/Nicotine Patch	Take AM of Surgery (OK to keep patch ON, will be removed if needed by MD)
MAOIs	DO NOT STOP ABRUPTLY- consult prescribing MD. Note MAOI use <u>clearly</u> on Pre-Admission Checklist and send message to Anesthesia Provider/ideal hold 2 wks
Triptans	Stop taking 24hours before surgery
ADHD medications	HOLD the AM of surgery

Contact prescriber and obtain input on plan.