Date ___________________________

Dear ____________________________.

Welcome to Women's Behavioral Medicine at the Women's Medicine Collaborative.

<table>
<thead>
<tr>
<th>Your appointment is on _____________ at __________ am/pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>with ___________________________ of Women's Behavioral Medicine on the 3rd floor.</td>
</tr>
</tbody>
</table>

Please bring the completed new patient packet (enclosed), along with your insurance cards, photo ID, current medication list and co-payment.

Please do not mail your packet back to us.

Please arrive 20 minutes prior to your appointment time for registration. If you need to cancel or reschedule your appointment, we request that you do so at least 24 hours in advance. Please call us at (401) 793-7020 if you have any questions. Please Note: If you arrive more than 15 minutes late, it is possible you may not be seen.

We are an outpatient program specializing in the treatment of women who are struggling with mood and anxiety disorders. While in treatment here, we may recommend that you participate in a combination of individual psychotherapy and/or medication management for your symptoms. If medications are needed and recommended, the prescribing doctor will review the medication options with you. If you have further questions or you are experiencing side effects, contact your clinician at (401) 793-7020. Please be aware that if your clinician feels you need further assessment, you may be referred to another facility for crisis evaluation, such as an emergency room. Similarly, if a family member has a question or concern, they can contact your clinician during or after business hours if the concern is emergent by calling (401) 793-7020.

We are glad you are here. Because we want you to feel better, your ongoing care is important to us. In order to facilitate this, it is vital that you keep all of your appointments. Multiple missed or canceled appointments may result in discharge of your care. We welcome any questions or comments that you or your family may have regarding your treatment.

Directions are on the reverse side of this letter. Park in the South parking lot. Parking is free.

For more information about the Women's Medicine Collaborative, visit our website at WomensMedicine.org.

We look forward to seeing you.

Sincerely,

Women's Behavioral Medicine

"Helping women reach their greatest health potential in body, mind, and spirit."
Women's Medicine Collaborative
Lifespan. Delivering health with care.
*The Miriam Hospital d.b.a. Women's Medicine Collaborative

About Your Billing

To our patients:

This letter is to give you notice that the Women's Medicine Collaborative is an out-patient department of The Miriam Hospital. It is not a private doctor's office.

Because we are part of the hospital system, you may be responsible for two charges - a facility fee and a fee for physician or other licensed professional services.

You are responsible for all copayment, coinsurance, or deductible payments according to your insurance plan.

We cannot predict the total out-of-pocket expense you will have for your visit. You are strongly encouraged to contact your insurance company prior to your office visit or procedure to understand your responsibility for any copayment, coinsurance, and/or deductible. Your copayment is due at the time of the visit.

Please also ask your insurance company if a referral or prior authorization is necessary.

If you have any questions, please contact our office at (401) 793-5700.

Sincerely,
The Miriam Hospital
doing business as Women's Medicine Collaborative

Definitions

Facility fee: A facility fee is a legally mandated charge for services given in a hospital-based out-patient department. This is also called "provider-based billing", which is a service charge for the patient's use of the hospital's facility, equipment, and support services.

Copayment (Copay): A fixed amount ($20, for example) you pay for a health care service. Copayments can vary for different services within the same insurance plan, like medications, lab tests, and visits to specialists.

Deductible:
The amount you pay for health care services before your insurance plan starts to pay. With a $2,000 deductible, for example, you pay the first $2,000 of health care services yourself. After you pay your deductible in full, you usually pay only a copay or coinsurance for covered health care services. Your insurance company pays the rest.

Coinsurance: The percentage of the cost of a health care service that you must pay (20%, for example) after you've paid your deductible. For example, if you've paid your deductible in full, and the cost of the service is $100, you must pay 20% of $100, or $20. The insurance company pays the rest.
Women's Medicine Collaborative
A program of The Miriam Hospital
Lifespan. Delivering health with care

Directions

From EAST of PROVIDENCE

- From Route 195, merge onto Route 95 North toward Providence
- Follow Route 95 North to Providence
- Take the Branch Avenue exit (Exit 24)
- Turn left onto Branch Avenue
- Follow Branch Avenue to the first traffic light
- At the traffic light, turn left onto West River Street
- 146 West River Street is on the right (brick mill building)

Park in the South parking lot.

If you accidentally get on Route 146 North (instead of following Route 95 North) and take the Branch Avenue exit off of Route 146 North, you must turn right off of the exit.

From WEST of PROVIDENCE

- Follow Route 146 South to Providence
- Take the Admiral Street exit
- Turn left onto Admiral Street
- Turn right onto Charles Street / RI-246
- Turn left onto West River Street
- 146 West River Street is on the left (brick mill building)

Park in the South parking lot.

From NORTH of PROVIDENCE

- Follow Route 95 South toward Providence (crossing into Rhode Island)
- Take the Branch Avenue exit (Exit 24)
- Turn right onto Branch Avenue
- Follow Branch Avenue to the first traffic light
- At the traffic light, turn left onto West River Street
- Turn right to stay on West River Street
- 146 West River Street is on the right (brick mill building)

Park in the South parking lot.

From SOUTH of PROVIDENCE

- Follow Route 95 North to Providence
- Take the Branch Avenue exit (Exit 24)
- Turn left onto Branch Avenue
- Follow Branch Avenue to the first traffic light
- At the traffic light, turn left onto West River Street
- 146 West River Street is on the right (brick mill building)

Park in the South parking lot.

If you accidentally get on Route 146 North (instead of following Route 95 North) and take the Branch Avenue exit off of Route 146 North, you must turn right off of the exit.

BUS ROUTES

Best service to take is Route# 51, 52 or 72 to Charles Street and West River Street. Route 51 runs every half hour. Route 52 and 72 both run every 45 minutes or so. Get off at bus stop in front of the Providence Post Office (across the street from the “Subway” sandwich shop). Walk to the corner of Charles Street and West River Street, take a right onto West River Street and walk straight down to our building. It is a brick mill building on the left. Enter into the South parking lot entrance.

Contact RIPTA at (401) 781-9400 or online at www.RIPTA.com for schedules and additional information.

02/2017
# Registration Form

## Patient Information (Please Print)

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Middle</th>
<th>Email</th>
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<tbody>
<tr>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Birth Date</th>
<th>Social Security #</th>
<th>Home Phone</th>
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</thead>
<tbody>
<tr>
<td></td>
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<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
<th>Mobile Phone</th>
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<thead>
<tr>
<th>Preferred Language</th>
<th>Interpreter Required?</th>
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</thead>
<tbody>
<tr>
<td>Spoken:</td>
<td></td>
</tr>
<tr>
<td>Written:</td>
<td></td>
</tr>
<tr>
<td>☐ YES</td>
<td>☐ NO</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Marital Status</th>
<th>Preferred Pharmacy: Name:</th>
<th>Phone #:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single</td>
<td>Married</td>
<td>Divorced</td>
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</tbody>
</table>

| Religion: | |
|-----------| |

| Sex: | |
|-------| |
| ☐ Female | ☐ Male |

| Preferred Pharmacy: Address: | |
|-----------------------------| |

<table>
<thead>
<tr>
<th>Are you Employed?</th>
<th>Employer</th>
<th>Occupation</th>
<th>Employer Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ YES, Full Time</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ YES, Part Time</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ YES, Self-employed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ NO, Not Employed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ NO, Disabled</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ NO, Retired</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ Student, Full Time</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ Student, Part Time</td>
<td></td>
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</tr>
</tbody>
</table>

Which provider you are here to see today?  How did you hear about us?

Primary Care Provider (PCP) / Practice Name

<table>
<thead>
<tr>
<th>PCP Address</th>
<th>PCP Phone</th>
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## Insurance Information - Please Give Your Insurance Card to the Receptionist

<table>
<thead>
<tr>
<th>Person responsible for bill</th>
<th>Birth Date</th>
<th>Address (if different)</th>
<th>Home Phone</th>
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</table>

<table>
<thead>
<tr>
<th>Is this patient covered by insurance?</th>
<th>Primary Insurance Plan Name</th>
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</thead>
<tbody>
<tr>
<td>☐ Yes</td>
<td>☐ No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Group #</th>
<th>Policy #</th>
<th>Co-Pay Amount</th>
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</table>

<table>
<thead>
<tr>
<th>Subscriber’s Name</th>
<th>Subscriber’s Birth Date</th>
<th>Patient’s relationship to subscriber</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>☐ Self</td>
</tr>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Subscriber’s Employment Status</th>
<th>Subscriber’s Employer</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Full Time</td>
<td>☐ Unemployed</td>
</tr>
<tr>
<td>☐ Part Time</td>
<td></td>
</tr>
</tbody>
</table>

Name of secondary insurance (if applicable)

<table>
<thead>
<tr>
<th>Subscriber’s Name</th>
<th>Group #</th>
<th>Policy #</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Patient’s relationship to subscriber</th>
<th>Subscriber’s Employment Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Self</td>
<td>☐ Spouse</td>
</tr>
<tr>
<td></td>
<td>☐ Full Time</td>
</tr>
</tbody>
</table>

## In Case of Emergency

<table>
<thead>
<tr>
<th>Name of local friend or relative to contact</th>
<th>Relationship to patient</th>
<th>Home Phone</th>
<th>Mobile Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

The above information is true to the best of my knowledge. I authorize my insurance benefits be paid directly to the physician. I understand that I am financially responsible for any balance. I also authorize The Miriam Hospital (Women’s Medicine Collaborative) or insurance company to release any information required to process my claims.

Patient/Guardian signature

Date

**Patient Portal:** Would you like access to the Women’s Medicine Collaborative Patient Portal?  ☐ Yes  ☐ No

**Advanced Directives:** Do you have a Living Will? (A written document instructing your attending physician to withhold or withdraw life-sustaining procedures in the event of a terminal condition)  ☐ Yes  ☐ No  Do you have a Durable Power of Attorney for Healthcare? (A written declaration by the patient designating another person to be the patient’s agent)  ☐ Yes  ☐ No  I would like the Living Will and Durable Power of Attorney for Healthcare booklet.  ☐ Yes  ☐ No

02/2017
**ETHNICITY – PLEASE SELECT**

We want to make sure that all our patients get the best care possible. Please tell us your country of origin and racial/ethnic background so that we can review the treatment that all patients receive and make sure that everyone gets the highest quality of care. Your answers are confidential and will have no effect on the care you receive.

- □ Hispanic or Latino
- □ Non-Hispanic/Latino
- □ Unknown
- □ Prefer not to answer

**RACE – PLEASE SELECT**

- □ Unknown
- □ Prefer not to answer
- □ American Indian or Alaska Native
- □ Asian (includes Chinese, Cambodian, Hmong, Indian, Filipino, Laotian, Other Asian)
- □ Black or African American (includes Black, African American, African, Ethiopian, Ghanaian; Haitian, Cape Verdean, West Indian, Nigerian, Other African)
- □ Native Hawaiian or other Pacific Islander (includes Native Hawaiian, Pacific Islander, Guamanian)
- □ White or Caucasian
- □ Other: __________________________

**PHONE PRIVACY**

In our efforts to protect your privacy, please let us know how you would like us to reach you regarding future appointments or information regarding your healthcare.

<table>
<thead>
<tr>
<th>Use</th>
<th>HOME telephone #</th>
<th>MOBILE telephone #</th>
<th>WORK telephone #</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(______)</td>
<td>(______)</td>
<td>(______)</td>
</tr>
</tbody>
</table>

Best number to reach you: □ Home □ Mobile □ Work

May we leave a general message about appointments?  
HOME: □ Yes □ No  
MOBILE: □ Yes □ No  
WORK: □ Yes □ No

May we leave a detailed message?  
HOME: □ Yes □ No  
MOBILE: □ Yes □ No  
WORK: □ Yes □ No

Rev. 02/2017
WOMEN’S BEHAVIORAL MEDICINE PATIENT QUESTIONNAIRE

PSYCHIATRIC/MEDICAL HISTORY

Name _______________________________ Date of Birth _______________________________

DATE: _______________________________

Name _______________________________ DOB _______________________________ Age __________

Please answer each of the following questions. Thank you.

Please describe the reason(s) why you are seeking treatment:

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

Please list any previous outpatient psychiatric/alcohol/substance abuse treatment:

<table>
<thead>
<tr>
<th>Date</th>
<th>Therapist/MD</th>
<th>Reason</th>
<th>Did it help?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

☐ None

Please list any previous psychiatric/alcohol/substance abuse hospitalizations:

<table>
<thead>
<tr>
<th>Date</th>
<th>Therapist/MD</th>
<th>Reason</th>
<th>Did it help?</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

☐ None

Please list any psychiatric medications you are taking NOW.

<table>
<thead>
<tr>
<th>Drug</th>
<th>Dose</th>
<th>Frequency</th>
<th>Reason/Did it help?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

☐ None

Please list any psychiatric medications you have taken in the PAST.

<table>
<thead>
<tr>
<th>Drug</th>
<th>Dose</th>
<th>Frequency</th>
<th>Reason/Did it help?</th>
</tr>
</thead>
<tbody>
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</table>

☐ None

Please complete the information requested below about your medical history.

Primary Physician’s Name: _______________________________ Phone Number: _______________________________

Date of last physical exam: _______________________________ Any problems? ☐ No ☐ Yes, Describe: _______________________________

Date of most recent routine blood tests: _______________________________ Date of most recent thyroid screen blood test:

Obstetrician/Gynecologist’s Name: _______________________________ Phone Number: _______________________________

Date of last pelvic exam: _______________________________ Any problems? ☐ No ☐ Yes, Describe: _______________________________

Date of most recent mammogram: _______________________________
### REVIEW OF SYSTEMS

What is your height?  
What is your weight?  

**General:**
- [ ] fever  
- [ ] sweats  
- [ ] appetite change  
- [ ] problems sleeping  

**Eyes:**
- [ ] eye pain  
- [ ] glaucoma  
- [ ] double vision  
- [ ] blurred vision  

**Ears/Nose/Mouth/Throat:**
- [ ] hearing loss  
- [ ] nosebleeds  
- [ ] sinus trouble  
- [ ] sore throat  

**Breasts:**
- [ ] pain  
- [ ] lumps  
- [ ] nipple discharge  

**Respiratory:**
- [ ] shortness of breath  
- [ ] wheezing  
- [ ] cough  
- [ ] coughing up blood  

**Cardiovascular:**
- [ ] chest pain  
- [ ] palpitations  
- [ ] heart murmur  
- [ ] swelling in legs  

**Gastrointestinal:**
- [ ] abdominal pain  
- [ ] constipation  
- [ ] diarrhea  
- [ ] bloating/gas  
- [ ] rectal bleeding  
- [ ] heartburn  

**Genitourinary:**
- [ ] frequent urination  
- [ ] painful urination  
- [ ] blood in urine  
- [ ] incontinence  
- [ ] irregular bleeding  
- [ ] vaginal dryness  
- [ ] vaginal discharge  
- [ ] painful intercourse  

**Musculoskeletal:**
- [ ] joint pain/stiffness  
- [ ] muscle aches  
- [ ] back pain  
- [ ] leg cramps with walking  

**Skin:**
- [ ] varicose veins  
- [ ] moles changing  
- [ ] rash  

**Neurological:**
- [ ] numbness/tingling  
- [ ] tremor  
- [ ] dizziness  
- [ ] memory changes  
- [ ] headaches  

**Hematologic/Lymphatic:**
- [ ] easy bruising  
- [ ] blood clot  
- [ ] anemia  
- [ ] swollen lymph glands  

**Endocrine:**
- [ ] increased thirst  
- [ ] feeling cold/hot  
- [ ] hot flashes  
- [ ] weight change: gain/loss ________ lbs  

### MEDICAL HISTORY (Please check all that apply)

- [ ] High Blood Pressure  
- [ ] Diabetes (including gestational)  
- [ ] Stroke  
- [ ] High cholesterol  
- [ ] Heart Attack  
- [ ] Asthma  
- [ ] Pneumonia  
- [ ] Emphysema  
- [ ] Tuberculosis  
- [ ] Kidney Disease  
- [ ] Thyroid Disease  
- [ ] Ulcers  
- [ ] Liver Disease  
- [ ] Migraine  
- [ ] Arthritis  
- [ ] Osteoporosis  
- [ ] Fractures  
- [ ] Bleeding Tendency  
- [ ] Anemia  
- [ ] Blood Clot  
- [ ] Seizure  
- [ ] Frequent UTI  
- [ ] Sexually Transmitted Disease  
- [ ] HIV/AIDS  
- [ ] Ovarian cysts  
- [ ] Fibroids  
- [ ] Cancer: Type  
- [ ] Other  

Do you typically have pain?  
- [ ] No  
- [ ] Yes  

If yes, Where?  How often?  Treatment?  

How much pain are you in on average over the last week? (please circle)

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td></td>
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</table>

Pain

Worst

Possible Pain
Pharmacy name, address and phone number: ____________________________

Do you have any allergies or sensitivities to medication or environmental factors?  □ None

<table>
<thead>
<tr>
<th>Substance</th>
<th>Allergic Reaction or Sensitivity</th>
<th>Mild/Moderate/Severe</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

Have you ever been evaluated by a neurologist?  □ No □ Yes Date: __________

Have you ever had an EEG (brain wave)?  □ No □ Yes Date: __________

Have you ever had an MRI of the head?  □ No □ Yes Date: __________

Have you ever had a CT Scan of the head?  □ No □ Yes Date: __________

Please list current medical problems and specialists you currently receive treatment from.  □ None

<table>
<thead>
<tr>
<th>Problem</th>
<th>Physician Name/Specialty</th>
<th>Phone Number</th>
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</thead>
<tbody>
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</tbody>
</table>

Have you had previous hospitalizations for medical or surgical problems?  □ None

<table>
<thead>
<tr>
<th>Date</th>
<th>Problem</th>
<th>Hospital</th>
<th>Physician</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

Please list any non-psychiatric medications you are currently taking.  □ None

<table>
<thead>
<tr>
<th>Drug</th>
<th>Dose</th>
<th>Frequency</th>
<th>Prescriber/Date Started</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

**OB/GYN HISTORY**

Are you pregnant now?  □ No □ Yes

Are you currently breastfeeding, or if pregnant, do you plan to breastfeed?  □ No □ Yes

<table>
<thead>
<tr>
<th>Have you ever been pregnant?</th>
<th>□ No □ Yes</th>
<th># of Pregnancies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have ever had a miscarriage?</td>
<td>□ No □ Yes</td>
<td>When?</td>
</tr>
<tr>
<td>Have ever terminated a pregnancy?</td>
<td>□ No □ Yes</td>
<td>When?</td>
</tr>
<tr>
<td>Do you have regular menstrual periods?</td>
<td>□ No □ Yes</td>
<td>Last Menstrual Period:</td>
</tr>
</tbody>
</table>

Do you have any pain or problems associated with your period?  □ No □ Yes

Do you have any emotional symptoms before your period that resolve after it starts?  □ No □ Yes

Do you have any signs or symptoms of menopause?  □ No □ Yes - Please circle:

- Hot flashes
- Night sweats
- Vaginal dryness
- Irregular periods
- Broken sleep
# LIFESTYLE/PERSONAL HABITS

**Educational History:**
Level Achieved (e.g. high school, GED, graduate school)  
Degree Earned/Major/Area of Interest

**Occupational History:**
Job Titles  
Dates

**Military service?**  
☐ No  ☐ Yes, __________

**Religion**  
Current Spiritual Orientation

**Who do you live with at home?**

**Do you exercise regularly?**  
☐ No  ☐ Yes

**Do you follow a special diet?**  
☐ No  ☐ Yes (please describe)  
Please list hobbies/interests:

**Do you drink alcohol?**  
☐ No  ☐ Yes – Amount/Frequency

**Do you smoke cigarettes?**  
☐ No  ☐ Yes – Amount/Frequency  
If no, did you ever smoke?  
☐ No  ☐ Yes – Ages ______ - ______

**Do you use electronic cigarettes?**  
☐ No  ☐ Yes – Amount/Frequency

**Do you use smokeless tobacco?**  
☐ No  ☐ Yes – Amount/Frequency

**Do you use any recreational drugs?**  
☐ No  ☐ Yes – if yes: Type:  
Amount:  
Frequency:  

**Do you feel safe at home at present?**  
☐ No  ☐ Yes

**Is anyone physically hurting or threatening you?**  
☐ No  ☐ Yes

**Is anyone hitting, kicking, or choking you?**  
☐ No  ☐ Yes

**Is anyone forcing you to do something sexually?**  
☐ No  ☐ Yes

**Do you have guns in your home?**  
☐ No  ☐ Yes

---

# FAMILY PSYCHIATRIC HISTORY

Has anyone in your family ever had a psychiatric, alcohol or other substance abuse problem?  
☐ None

Family Member (e.g., Parent, sibling, aunt, grandmother, etc.)  
Problem

Reviewed by  
Date  
11/28/2017
CAGE-AID QUESTIONNAIRE

When thinking about drug use, include illegal drug use and the use of prescription drug use other than prescribed.

<table>
<thead>
<tr>
<th>In the past 12 months</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Have you ever felt that you ought to cut down on your drinking or drug use?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 Have people annoyed you by criticizing your drinking or drug use?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 Have you ever felt bad or guilty about your drinking or drug use?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4 Have you ever had a drink or used drugs first thing in the morning to steady your</td>
<td></td>
<td></td>
</tr>
<tr>
<td>nerves or to get rid of a hangover?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

GENERALIZED ANXIETY DISORDER 7-ITEM (GAD-7) SCALE

<table>
<thead>
<tr>
<th>Over the last 2 weeks, how often have you been bothered by the following problems?</th>
<th>Not at all</th>
<th>Several days</th>
<th>Over half the days</th>
<th>Nearly every day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Feeling nervous, anxious, or on edge</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>2 Not being able to stop or control worrying</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>3 Worrying too much about different things</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>4 Trouble relaxing</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>5 Being so restless that it’s hard to sit still</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>6 Becoming easily annoyed or irritable</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>7 Feeling afraid as if something awful might happen</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

*Add the score for each column*

*Total Score (add your column scores) =*

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?

| Not difficult at all | Somewhat difficult | Very difficult | Extremely difficult |

Please circle the answer that best describes how you have felt over the **past 7 days**.

1. I have been able to laugh and see the funny side of things.
   - 0 As much as I always could
   - 1 Not quite so much now
   - 2 Not so much now
   - 3 Not at all

2. I have looked forward with enjoyment to things.
   - 0 As much as I ever did
   - 1 Somewhat less than I used to
   - 2 A lot less than I used to
   - 3 Hardly at all

3. I have blamed myself unnecessarily when things went wrong.
   - 0 No, not at all
   - 1 Hardly ever
   - 2 Yes, sometimes
   - 3 Yes, very often

4. I have been anxious or worried for no good reason.
   - 3 Yes, often
   - 2 Yes, sometimes
   - 1 No, not much
   - 0 No, not at all

5. I have felt scared or panicky for no good reason.
   - 3 Yes, often
   - 2 Yes, sometimes
   - 1 No, not much
   - 0 No, not at all

6. Things have been too much for me.
   - 3 Yes, most of the time I haven’t been able to cope at all
   - 2 Yes, sometimes I haven’t been coping as well as usual
   - 1 No, most of the time I have coped well
   - 0 No, I have been coping as well as ever

7. I have been so unhappy that I have had difficulty sleeping.
   - 3 Yes, most of the time
   - 2 Yes, sometimes
   - 1 Not very often
   - 0 No, not at all

8. I have felt sad or miserable.
   - 3 Yes, most of the time
   - 2 Yes, quite often
   - 1 Not very often
   - 0 No, not at all

9. I have been so unhappy that I have been crying.
   - 3 Yes, most of the time
   - 2 Yes, quite often
   - 1 Not very often
   - 0 No, never

10. The thought of harming myself has occurred to me.
    - 3 Yes, quite often
    - 2 Sometimes
    - 1 Hardly ever
    - 0 Never

Dear Patient:

Since you may be receiving care from more than one source, it is important to make sure that the different plans of care do not duplicate one another or conflict with one another. Generally your primary care physician would expect to know about the treatment provided by each person treating you, including your psychiatrist and/or therapist. We recommend that you give us permission to communicate with your primary care, ob/gyn, therapist or other provider, but we will not do so without your permission. The reverse of this page shows the kind of information we would be sending. Please complete the information below.

I allow Women’s Behavioral Medicine to communicate with my: (please check below and provide provider name)

☐ Primary care provider (Name) __________________________
☐ Ob/Gyn (Name) __________________________
☐ Therapist (Name) __________________________
☐ Other provider (Name) __________________________

☐ I do not have a primary care provider, Ob/Gyn, therapist, or other provider
☐ I do not want you to communicate with my health care provider except in an emergency
☐ I give you permission to send the letter on the reverse of this page to my health care provider(s) listed above and I also authorize him/her to communicate with you.

I understand that my records are protected under RI General Law and cannot be disclosed without my written consent except as otherwise specifically provided by law. Further, I understand that if my records involve drug or alcohol abuse, they are also protected under Federal Regulation 42 CFR Part 2.

I herein expressly and voluntarily consent to disclosure of the specified information including alcohol and drug abuse diagnosis and treatment and HIV (AIDS) testing.

I further release The Miriam Hospital dba Women’s Medicine Collaborative and its employees from any liability arising from the release of this information, provided said release of information is done substantially in accordance with applicable law.

This authorization will expire in one year. I may revoke my consent at any time except insofar action has been taken in reliance on it. A photocopy or facsimile of this release will be considered as good as the original.

_________________________  __________________________  __________________________
Patient                          Date                          Time

_________________________  __________________________  __________________________
Parent or Legal Guardian        Date                          Time

Rev 12/2/2014
Dear Dr. ________________________________

Re: Name ____________________________ DOB ____________________________

This is to let you know that I evaluated your patient for ☐ psychiatric medication management ☐ psychotherapy, and am providing you with you some basic clinical information. This visit is a ☐ consult only. ☐ I will be providing ongoing treatment.

________________________________________________________________________

First Evaluated: __________________________

Current Diagnosis: __________________________

________________________________________________________________________

Comments and Cautions: __________________________

________________________________________________________________________

________________________________________________________________________

Sincerely,

________________________________________

Women's Behavioral Medicine
Women's Medicine Collaborative

Rev 12/2/2014
INFORMATION FOR PATIENTS

PROCEDURE FOR MEDICATION REFILLS

When you are prescribed medication by a physician from Women's Behavioral Medicine at the Women's Medicine Collaborative, you are generally prescribed enough medication to last until your next scheduled appointment. If you need a refill of your medication prior to your next appointment, please follow the procedure below to avoid an interruption in medication:

Check your prescription bottle or check directly with your pharmacy to see if additional refills are already authorized.

If additional refills are not authorized, call your pharmacy and ask them to request refills from your doctor electronically or by fax to (401) 793-7407. You may also call Women's Behavioral Medicine at (401) 793-7020 with the following information.

- Your name, date of birth and telephone number
- Name(s) and dosages(s) of the medication(s) needed
- Directions for taking the medication (number of times you take the medication per day)
- Number of doses of medication remaining
- Name and phone number of your pharmacy

Please remember that refills are only called in for current patients actively in treatment with a physician from Women's Behavioral Medicine. Generally, enough medication is called into the pharmacy to last until your next scheduled appointment.