



**Lifespan**  
*Delivering health with care®*

**Center for Women's Gastroenterology**  
**Providence, RI**  
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**Lifespan Physician's Group, Inc.**  
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**Your procedure will take place at:**

- Rhode Island Hospital, 593 Eddy Street, Providence, RI - Main Building, 9<sup>th</sup> Floor
- Medical Office Center (MOC) Building, 2 Dudley Street, 3<sup>rd</sup> Floor, Providence, RI
- Wayland Surgical Center, 17 Seekonk Street, Providence, RI
- The Miriam Hospital, 164 Summit Avenue, Providence, RI
- Blackstone Surgical Center, 1526 Atwood Avenue, Suite #300, Johnston, RI

**Instructions for Sigmoidoscopy without sedation**

Dear \_\_\_\_\_,

**On the day of your procedure please bring photo ID and a list of ALL your medications and dosages.**

Due to unexpected emergencies, **your procedure time cannot be guaranteed**. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit.

Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

With: Dr. \_\_\_\_\_

**Note:** You may drive yourself to and from your procedure.

**Purchase from the Pharmacy:** Two (2) Fleet enemas

**Important:** No gum or candy. Nothing by mouth after 12:00 midnight on day before procedure.

**Morning of Sigmoidoscopy:**

Take two (2) Fleet enemas as instructed below:

- \* The first enema is to be taken two (2) hours before arrival.
- \* The second enema is to be taken one (1) hour before arrival.

**Medications:** may be taken with sips of water in the morning of procedure day.

**Diabetic patients:** Please check blood sugar level before your procedure.

**Please call the office if you have any questions.**