



Lifespan
Delivering health with care™

Center for Women's Gastroenterology

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Your procedure will take place at:

- Rhode Island Hospital, 593 Eddy Street, Providence, RI – Main Bldg. 9th Floor, 9B Endoscopy Unit
- MOC Building, 2 Dudley Street, 3rd Floor, Providence, RI
- Rhode Island Hospital Surgery Center at Wayland Square, 17 Seekonk St, Providence, RI
- The Miriam Hospital, 164 Summit Avenue, Providence, RI - 1st Floor, Endoscopy Unit
- Blackstone Surgical Center, 1526 Atwood Avenue, #300, Johnston, RI

Instructions for Sigmoidoscopy with sedation

Dear _____,

On the day of your procedure please bring photo ID and a list of ALL your medications and dosages.

Due to unexpected emergencies, **your procedure time cannot be guaranteed**. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit.

Date: _____ Appointment Time: _____ Arrival Time: _____

With: Dr. _____

Important: A responsible adult must be available to come into the endoscopy suite to sign you out of the unit. You will not be able to drive on the day of your procedure. You must have someone drive you home. You may take a taxi or bus, but only if you are accompanied by a responsible adult.

Purchase from the Pharmacy Two (2) Fleet enemas

Important: No gum or candy. Nothing by mouth after 12:00 midnight on day before procedure.

Morning of Sigmoidoscopy

Take two (2) Fleet enemas as instructed below:

- * The first enema is to be taken two (2) hours before arrival.
- * The second enema is to be taken one (1) hour before arrival.

Medications may be taken with sips of water in the morning of procedure day.

Diabetic patients: Please check blood sugar level before your procedure.

Please call the office if you have any questions.