Instructions for Sigmoidoscopy with sedation

Dear ____________________________________.

On the day of your procedure please bring photo ID and a list of ALL your medications and dosages.

Due to unexpected emergencies, your procedure time cannot be guaranteed. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit.

Date: ___________________________ Appointment Time: ___________________________ Arrival Time: ___________________________

With: Dr. __________________________________

**Important**: A responsible adult must be available to come into the endoscopy suite to sign you out of the unit. You will not be able to drive on the day of your procedure. You must have someone drive you home. You may take a taxi or bus, but only if you are accompanied by a responsible adult.

**Purchase from the Pharmacy**  Two (2) Fleet enemas

**Important**: No gum or candy. Nothing by mouth after 12:00 midnight on day before procedure.

**Morning of Sigmoidoscopy**

Take two (2) Fleet enemas as instructed below:

* The first enema is to be taken two (2) hours before arrival.
* The second enema is to be taken one (1) hour before arrival.

**Medications** may be taken with sips of water in the morning of procedure day.

**Diabetic patients**: Please check blood sugar level before your procedure.

Please call the office if you have any questions.