

MRI Anesthesia instructions for adult MRI patients

On the day of the MRI, the anesthesiologist will review your medical history and administer the appropriate anesthetic. Typically, an infusion of short-acting intravenous anesthetic is begun. This infusion will maintain deep sedation or general anesthesia for the duration of the MRI. The anesthesiologist will monitor you throughout the procedure and physically stay with you until reasonable discharge criteria are met (generally 15-30 minutes after the scan).

Here are some **important instructions**:

- Call the Pre-Anesthesia Center at 401-444-5030 to discuss the possible need for a pre-procedure appointment.
- Fasting guidelines:
 - Eat no solids, milk products, or pulpy juices after midnight.
 - A small amount of clear fluids (apple juice, ginger ale, water) is permitted up to 2 hours prior to the scan.
 - Continue prescribed medications with a sip of water on the morning of the MRI.
- Please bring a list of all medications and supplements that you regularly take.
- You must have someone available to drive you home. You cannot drive, walk home or take a cab or bus after having anesthesia.
- Reschedule the study if you have a chest cold with fever and/or a loose cough. A simple nasal dry cough may be OK. With any questions, please call **(401) 444-5172** and ask to speak with an anesthesiologist.
- For additional questions or to review unusual medical problems, please call **(401) 444-5172** and ask to speak to an anesthesiologist.

Thank you for your attention. We look forward to caring for you.

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